

A newsletter  
of activities,  
travel and  
tours, events,  
and valuable  
information  
for Peninsula  
Seniors



# PENINSULA SENIORS Connections

*make life fun!*

## We Invite You to Join the Circle of Diamond Lifetime Members

**Becoming a Diamond Lifetime Member of Peninsula Seniors** offers lasting rewards, and we hope you'll consider supporting us at this level. With an upgraded Diamond Lifetime membership of \$5,000, you'll be providing a lasting gift to help sustain our mission of promoting engagement among members and enhancing the physical and mental well-being of seniors in our community for years to come.

Each lifetime gift is valued and provides the resources to support our programs and

social activities throughout the year. Whether it's a taco party, ice cream social, volunteer

**This is a way to say  
"this place matters."**

appreciation reception, holiday party, Bohannon Lecture Series, language conversation classes, or exciting travel opportunities, you can help expand these programs for future seniors.

**The special benefits of this one-time donation** include recognition in "Connections," free access to onsite activities

and events, a special reception at a private home, and four hours use of the Scriba Family Center.

This is a way to give back, to say "this place matters," and to do a little extra to help Peninsula Seniors remain a strong, vital part of the community. Please consider joining the circle of Diamond Lifetime Members today! Call Executive Director Margie Beierschmitt for more information at (310) 377-3003.

*Pictured above: The ice cream social event crew included, from the left, Susan Kaats, Jason Montague from Caring Angels, Andrew Lane, and Tita and Nick Schermerhorn.*

## PENINSULA SENIORS MISSION AND VISION

**Our mission** is to provide a wide range of activities and services to seniors of all ages living on the Palos Verdes Peninsula and surrounding areas. Peninsula Seniors fosters a sense of community and belonging and encourages continuing engagements that promote physical and mental well-being while combating loneliness and isolation.

**Our vision** is to sustainably expand opportunities for Peninsula Seniors to enhance its ability to improve the overall quality of life and sense of purpose for local seniors while promoting independence and social connection to a growing member base.

## BOARD OF DIRECTORS

### Officers

President: Becky Clark

Vice President: Julia Parton

Secretary: Tom Hyatt

Treasurer: Anil Aggarwal

### Members

Laurie Glover

Greg Sparkman

Andrew Werts

## HONORARY LIFE MEMBERS

Anil & Madhvi Aggarwal

John\* & Dorothy\* Bohannon

Mike\* & Virginia Cicoria

Russ Harrington\*

Gene Hollander\*

Elaine Jerome

Marylyn & Chuck Klaus

Allen\* & Dottie\* Lay

Richard & Melanie Lundquist

Edith Mayerson\*

Ralph\* & Loraine\* Scriba

Ann Shaw

Elly\* & Robert\* Visser

\* = deceased member

## EXECUTIVE DIRECTOR

Margie Beierschmitt

## OFFICE STAFF AND VOLUNTEERS

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Travel: Jo Anne Weber

Webmaster: Tim Farmer

Hot Deals: Susan Reymond

## CONNECTIONS NEWSLETTER

Editor: Christine Barnicki

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## STAY CONNECTED

 [facebook.com/pvseniors](https://facebook.com/pvseniors)

 [X.com/PenSeniors](https://X.com/PenSeniors) (formerly Twitter)

 [instagram.com/peninsulaseniors/](https://instagram.com/peninsulaseniors/)

## DISCLAIMER

The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



# Minute With Margie

**Whew! Where'd the summer go?** I hope everyone is enjoying time with family and friends, as we are here at the beautiful Scriba Family Center. We offer a full lineup of programs, with approximately 100 opportunities each month to help you get out of the house, socialize, and avoid isolation and loneliness, promoting improved mental and physical health.

Effective September 1, on your renewal date, your annual basic membership dues will be \$100 for an individual and \$150 for a couple. As usual, I hope you will consider upgrading your membership level. We need and appreciate your support, and together we can continue to make life fun!

**We had another fantastic Olde-Fashioned Ice Cream Social!** A big thank-you to our party planner extraordinaire, Renee Reymond, and the many volunteers who made it all possible. We appreciate your hard work in making this our best year ever!

Thanks to Sheila Lawton for the adorable handmade centerpieces and to the terrific barbershop quartet for fun, live music. From the setup team in the morning to the cleanup crew in the afternoon, from the check-in desk to the greeters and ice cream servers, and everyone supporting the ice cream-loving crowd: thank you for your amazing teamwork. A good time was enjoyed by all! Job well done. Thank you, team!

Thank you to event sponsors Malaga Bank, Caring Angels Home Care, and Merrill Gardens Senior Living for working with us to create another spectacular Signature Event. Special thanks to our friend and neighbor Bruce Short at Berkshire Hathaway Home Services, whose team is so helpful to us when we need it.

With Gratitude,

Margie Beierschmitt, Executive Director

Who knew that ice cream would warm our hearts and lift our community?

# Membership News

## *for Peninsula Seniors*

**Current Membership: 1,106**

## New and Returning Members

**WE WELCOME THESE NEW MEMBERS** who joined us in June.

Jo-Ann Aguiar	Edward & Maureen	Charlie & Lynnette
Fran Brown	Murphy	Shipp
Patricia Geffner	Donna Niedermeyer	Paul Stone
Shigeo Kadowaki	Nancy Ozolins	Susan Swanson
Teresa Lee	Barbara Pasterino	Deborah Taylor
John & Carol	Michael Patton &	Cheryl Terry
MacAllister	Lily Liang	Chi Chi Tsai &
Susie McKinney	Jim & Deborah Paul	Helen Lee
Yoko Mendelson	Kurt Pickus	Jeannette Webber
	Bala & Diana Sarma	

**THANK YOU** to those who renewed their membership in June.

Yvonne Adams	Ann Garten	Grace Malolepszy
Sandra Allbee	Beverly Gervais	Jim & Melody McKenna
Bonniegay Bacon	Margie Hait	Irene Mills
Kathleen Barndt	Helmuth & Frances	William Moore
Myra Bearman	Harder	Randi Newbill
Debra Bein	Sue Haushalter	Gerlinde Ryan
Frances Boothe	Pat Headon	Marilyn Schwartz
Elizabeth Carroll	Christina Hom	Peter & Jacquie
Linda Cavette	Ann Hugh	Starodub
Ibtissam Chang	Cindy Keitel	Craig Stephens
Marcia Christensen	Leonard & Mary Kenney	Steve Thacker
Annette Cincotta	Audrey Kraake Suer	Helene Vaughn
Leslie Criswell	Theresa Kraemer	Abby Waddell
Aya Dinning	Elyse Kukonu	Cal & Jo-Anne Waller
Susie Fenton	Larry & Sheila Lawton	Amy Wasserzieher
Kathleen Fitzgerald	Marilyn Long	Harriet Woo
Marlyn Franklin	Hilary Lord	Parviz Yalzadeh
Jacob & Gwen Friend	Barbara Luftman	

## Above & Beyond

**Thanks to those who made gifts of \$100 or more to Peninsula Seniors' operations in June.**

Anonymous (x4)	Alvin & Kathryn	David & Nancy Mateyka
Elizabeth Carroll	Edgerton	Bob & Linda Ralls
City of Rolling Hills	Pat Headon	Helene Vaughn
Becky Clark		

## Diamond Lifetime Members

**One-time gift of \$5,000**

Anonymous (x2)	Joe & Marian
Amy Ba	Locascio
Pam Barrett Hill	Audrey Lowman
Sandy Behrens	Anne-Merelie
Ralph Black	Murrell
Virginia Cicoria	Marion Ruth
Becky Clark	Alberta
Clifford & Janice	Samuelson
D'Autremont	Ann Shaw
Karl & Sandy	Pinfun Tsai
Jackson	Jo Anne Weber
Chuck & Marylyn	
Klaus	

## Membership Honor Roll

**PLATINUM (\$600/yr)**

John & Carol MacAllister  
Bob & Linda Ralls

**GOLD (\$400/yr)**

David & Nancy Mateyka

**SILVER (\$250/yr)**

Margie Beierschmitt  
Dale Bradfield  
Marilyn Litvak  
Burckhard Mohr  
Laura Warren

## Honorary Lifetime Members

**Gift of \$100,000+ or exemplary service.**

(Listed on page 2)



# HOT DEALS

## for Peninsula Seniors



### Show your personalized Peninsula Seniors membership card to receive a Hot Deal.

For offer details, pick up a flyer at the Scriba Family Center, visit [pvseniors.org/hot-deals/](http://pvseniors.org/hot-deals/), scan the adjacent QR code that will take you to our Hot Deals web page, or call the merchants. (As of 7/22/25. Offers subject to change without notice. More Hot Deals coming soon!)

#### Alltech of Lomita, Inc.

(310) 539-2260 10% off notebook and computer repair.

#### Caring Angels Home Care

609 Deep Valley Dr., RHE (310) 801-7370  
First 4-hour shift free; 15% off services.

#### Chado Tea Room (424) 757-5222

1303 El Prado Ave., Torrance 15% off.

#### CMS Design Portraiture

(310) 373-5450 Free sitting (\$150 value).  
10% off orders.

#### Courtesy Cleaners (310) 541-7081

10% off dry cleaning over \$10.

#### Crème de la Crêpe (310) 541-0001

One dessert crepe with purchase of entrée.

#### Daisy Buchanan's Pizza Bar

Promenade #141A. (310) 750-6225  
\$10 Pizza, \$5 Beer, \$10 Wine.

#### Dragonfly Thai (310) 265-8424

10% off all purchases.

#### DropOut Cyclery (424) 488-2099

10% off first bicycle purchase. 15% off repairs, parts, labor.

#### Duran Reed Realtors®

**UPDATED OFFER !** (310) 519-7670

[ClaraDuranReed.com](http://ClaraDuranReed.com)

Zero \$ escrow fee for buyers or sellers.

#### El Pollo Inka (310) 377-3477

15% discount off any item. Free b'day meal w/ purchase of another. Dine-in only.

#### Elegance Automotive

Restoration (626) 420-4442

Discount on detailing cars, SUVs, trucks.

#### Floral 101 (424) 251-2330

**NEW ADDRESS !** 2170 Lomita Blvd., Lomita 15% off floral arrangements; free delivery within six mile radius of the shop on purchases of \$70 or more.

#### Fred Astaire Dance Studios

(310) 316-5800 15% off Beginners Pkg.

#### Fuego Cravings (310) 377-0672

20% off any dine-in or carry-out order.

#### Game Chest (310) 377-1193

15% off. Not valid w/other discounts.

#### gingi.com 15% off select items w/code

PVSENIORS on [gingi.com](http://gingi.com) and events.

#### Giorgio's (310) 541-2600. One tiramisu

dessert per table at lunchtime.

#### Golden Cove Pharmacy

(310) 750-6082 10%–15% off.

\*Restrictions may apply

#### The Grand Emporium

(310) 514-8429 25% off any purchase.

#### Hillside Auto Repair (310) 373-7676

10% off parts and labor on service up to \$250. Free car wash with service.

#### Kabab Curry of India

(310) 539-0171 Free drink or 20% off lunch buffet. \$5 corkage waived.

#### Kelly's Korner (310) 541-2234 Free

cookie or chips with sandwich purchase.

#### Kim's BBQ (310) 750-6161

**NEW PHONE!** 10% off Mon–Thurs.

#### Joey Komada, Licensed

Acupuncturist & Herbalist

(310) 617-6354 15% off first treatment; 10% off others.

#### Lunada Market & Deli

(424) 206-2880 10% off on Tuesdays.

#### Massage Smith LLC (562) 528-0558

20% off products and services.

#### Mayer's Bakery (310) 377-7846

15% off purchases over \$10.

#### Nantucket Crossing (310) 377-7201

10% off selected items on Tuesdays.

#### Oil Stop (310) 373-6399 Drive-through

oil change: \$15 off. Coupon code PS602.

#### Oui Beach (310) 540-1200

Beach-chic gifts and home decor. 15% off.

#### Outdoor Dog Photography

(310) 818-1764 10% discount on the Mini-Package, a \$265 value.

#### Peninsula Physical Therapy

(310) 544-6264 \$75/hr for physical assessment. \$100/mo wellness pgm.

#### Power Rooter & Plumbing Inc.

[prpcustomerservice@gmail.com](mailto:prpcustomerservice@gmail.com)

(310) 618-9107 15% off labor.

#### PV Coin Exchange (310) 750-6951

Turn your coins into cash/ No transaction fee.

#### SAGA Made in Italy (562) 336-0216

15% discount on SAGA Made in Italy; 10% discount on others.

#### Salon Vivace (310) 370-7007

20% off consultation, cut, shampoo, and style with select stylists.

#### Sepi Lackpour, Ph.D., L.Ac.

Acupuncture & Herbal Holistic

Care (310) 265-9588 15% off first treatment; 10% off subsequent treatments.

## HOT DEALS HOT TIP:

Keep your membership card  
and Hot Deals list in your car.

**South Bay Hearing** (310) 375-6161  
Clean and check hearing aids: FREE. \$250  
off new pair of AGX 5, 7, or 9 devices.

**Still Got It Fitness** (310) 293-1104  
25% off first month any membership; 10%  
off all subsequent months.

**Terranea Resort, Catalina Kitchen**  
(844) 242-0967 Offer #1: Buy one, get  
one free (excludes alcohol), free valet  
parking. Offer #2: Complimentary entrée  
on your birthday, (excludes alcohol), free  
valet parking. Offers valid Mon–Thurs, excl.  
holidays, and are subject to change.

**The Little Oliva** (310) 833-1313  
10% off Mon, Wed, and Thurs.

**The Sports Complex NEW!**  
(310) 377-3226. 550 Deep Valley Dr., #111,  
RHE. Golf Simulator: 50% off the first  
visit; 25% off thereafter.

**Truelement Massage**  
(424) 235-8785. 20% off every visit.

**Truxton's** (310) 373-8790  
15% off 3–5 pm; 10% off other times.

**Vee Wesson Design Visions**  
(310) 213-4055 Free 2 hr initial home  
design consult. 5% off one room design.

**Village Shoe Repair** (310) 541-9410  
898 Silver Spur, RHE 10% off repairs.

**What's Cookin' Cookware  
& Gifts** (310) 704-6667 15% off.

**Woof Gang Bakery & Grooming  
NEW!** (310) 873-3120 1886½ S. Pacific  
Coast Hwy., Redondo Beach. \$20 off 1st  
dog grooming (full or mini); 15% discount  
on products.

## SKYPARK PREFERRED FAMILY CARE

*The Concierge Primary Care and Geriatric Care Center of the South Bay*

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**Thank You,  
“Connections” Advertisers!**





# Day Coach Trips and Multi-Day Tours

*make life fun!*

**FOR TRIP DETAILS,** call (310) 377-3003. Leave your name, phone, and the trip that interests you.

**CANCELLATION POLICY.** If you cancel, we offer your space to those on our waiting list. When your space is sold, your cost will be refunded less a \$15 processing fee. Otherwise, no refund can be made.

## **HOLLYWOOD BOWL CONCERTS UNDER THE STARS (\$)**

5 pm: Roundtrip bus departs from Torrance Transit Center

### **DUDAMEL CONDUCTS ELLINGTON AND RAVEL**

**Tues, August 5**

French Impressionism meets Harlem Jazz in the Hollywood Hills. Members \$64, Non-Members \$79

### **BEETHOVEN UNDER THE STARS**

**Tues, August 26**

Egmont's fanfare of heroic brass introduces Ravel's revolutionary "Eroica" symphony. Members \$64, Non-members \$79

### **JOSH GROBAN WITH THE LA PHILHARMONIC**

**Saturday, September 6**  
Songs from Josh Groban's amazing career: "The Impossible Dream," "All I Ask of You," and more. Members \$84, Non-members \$99

## **MULTI-DAY TRIPS (\$)**

### **MUIR WOODS, MONTEREY, AND SAN LUIS OBISPO**

**Tues Sept 23–Thurs Sept 25**  
\$1,149/pp double, \$1,599 single  
\$200/pp Deposit. Final payment due by Aug. 1

Visit Sausalito, San Francisco (Fisherman's Wharf), Pebble Beach, Monterey (Cannery Row),

and Solvang. Two nights in Santa Clara and one night in San Luis Obispo.

### **NEW ENGLAND FALL FOLIAGE AND PUMPKIN FESTIVAL**

**Wed, October 8–**

**Tues, October 14**


\$4,299/pp double, \$5,499 single  
Includes airfare. \$200pp deposit  
Tour Boston, Montpelier, Vermont, and Coastal Portland, Maine. Visit Ben and Jerry's Factory, a cider mill, and the Barr Hill Distillery. View the stunning array of colors in the New England fall foliage.

### **ROCKETTES CHRISTMAS SHOW IN NEW YORK CITY**

**Mon, December 8–**

**Fri, December 12**

\$3,599/pp double, \$4,599 single  
\$200pp deposit  
Final payment due September 9  
Four nights at Riu Plaza Times Square. Tour New York City. Visit the Times Square Christmas Market, adorned for the holiday season. See the legendary Rockettes Christmas Spectacular at Radio City Music Hall.



# Peninsula Seniors

## Calendar For August 2025

MON	TUE	WED	THUR	FRI
<b>Activities and events are in the Scriba Family Center (SFC) unless otherwise noted.</b>		<b>ABBREVIATIONS</b> \$=Cost to attend an activity HP=Hesse Park PVL=Pen Center Library PVLDP=Pen Center Library top parking deck SFC=Scriba Family Center		<b>1</b> Ping-Pong, 9–12 American Mahjong, 10–noon BINGO! 1–2:30 Bridge, 1–3:30
<b>4</b> Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:15 Rummikub, 1–3 Conversational Spanish, 2 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>5</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Conversational Italian, 12:15 Conversational Japanese, 1:30–3 Writers' Group, 1:30–3	<b>6</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "MindSharp4Memory: Quick Fixes for Everyday Memory Frustrations" 10:15 coffee, 10:30 lecture PenVets, 11:45 Mahjong, 1, HP Widowers' Chat Group, 3–4 Music Appreciation, 3–4	<b>7</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>8</b> Ping-Pong, 9–12 American Mahjong, 10–noon Movie: "The Intern," 12:30 Bridge, 1–3:30
<b>11</b> Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:15 Rummikub, 1–3 Conversational Spanish, 2 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>12</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Conversational Italian, 12:15 Conversational Japanese, 1:30–3 Writers' Group, 1:30–3 Ukulele Strum & Sing, 3–4	<b>13</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "The Renaissance Period, Part Two" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4 Widowers' Chat Group, 3–4	<b>14</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Thursday Book Club 11:30–1:15, PVL Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>15</b> Ping-Pong, 9–12 American Mahjong, 10–noon Let's Do Lunch, 11:30 Olive Garden, Torrance Bridge, 1–3:30 Trivia, 1–2:30
<b>18</b> Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:15 Rummikub, 1–3 Conversational Spanish, 2 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>19</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Conversational Italian, 12:15 Conversational Japanese, 1:30–3 Writers' Group, 1:30–3	<b>20</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "The South Bay Film Society" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Widowers' Chat Group, 3–4 Music Appreciation, 3–4	<b>21</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>22</b> Ping-Pong, 9–12 American Mahjong, 10–noon Bridge, 1–3:30
<b>25</b> Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:15 Rummikub, 1–3 Conversational Spanish, 2 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>26</b> Ping-Pong, 9–11 Tuesday Book Club 10:30 PVL Fitness Fun w/Beverly (\$) 11 Conversational Italian, 12:15 Conversational Japanese, 1:30–3 Writers' Group, 1:30–3 Ukulele Strum & Sing, 3–4	<b>27</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "Have This Great Idea but Don't Know What to Do With It?" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Widowers' Chat Group, 3–4 Music Appreciation, 3–4	<b>28</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>29</b> Ping-Pong, 9–12 American Mahjong, 10–noon Bridge, 1–3:30



*Peninsula Seniors*  
**Leave a  
Lasting Legacy**

# Activities for Peninsula Seniors

(\$) indicates an additional cost to participate

## Bequests Are For Everyone

### BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

### SAMPLE LANGUAGE

I give/bequeath the sum of (\$ \_\_\_\_\_) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

### FOR MORE INFORMATION CALL

Margie Beierschmitt  
Executive Director  
(310) 377-3003

## AVAILABLE TO THE COMMUNITY

### BOHANNON LECTURES

#### Wednesdays at Scriba Family Center

10:15 coffee / 10:30–11:30 lectures

**August 6: “MindSharp4Memory: Quick Fixes for Everyday Memory Frustrations.”** Author, producer, and performer Paul Stone presents an interactive and entertaining talk to help keep your mind sharp and brain active. He’ll give tips on remembering your passwords, names, PIN numbers, and “where the heck you put your keys.”

**August 13: “The Renaissance Period, Part Two.”** This month, members Ann and Lee Strong continue their Renaissance Art discussion, spotlighting the lives and famous artworks of Leonardo da Vinci, Michelangelo, and Titian.

**August 20: “The South Bay Film Society.”** Randy Berler, founder of the South Bay Film Society in 2012, discusses his passion for films, how they’re curated, and how the Society offers a space for people to gather, make friends, and discuss art films shown in theaters like AMC Rolling Hills.

**August 27: “Have This Great Idea but Don't Know What to Do With It?”** Local inventor and entrepreneur Derek Gable discusses the successful inventions he's worked on, how to determine if you have a money-making idea to bring to market, and how to turn it into a profitable venture.

For details, call Program Coordinator Renée Reymond, at (310) 377-3003.

### MEET & GREET, Mondays, 10 am–noon, SFC

Have coffee, make friends, chat, exchange ideas.

### PV WALKERS, Wednesdays, 8:45 am

688 Deep Valley Drive, RHE, Top parking deck at the main library

In collaboration with Providence Little Company of Mary Medical Center and the Palos Verdes Library District.





Peninsula Seniors celebrated the Fourth of July 2025 at the Hollywood Bowl. The fireworks spectacular featured Earth, Wind, and Fire showcasing jazz, R&B, soul, and pop.

### **PEN VETS LUNCH WITH PROGRAM (\$)**

Wednesday, August 6

Doors open at 11:45; lunch w/program at noon.

Please plan to attend the final PenVets luncheon, Our long-time friend and speaker Captain Rich Abele will be our presenter, with a focus on the upcoming 250th anniversary of the U.S. Navy. Go, Navy!!

*Everyone, not just vets, is welcome.* \$20 admission includes a sandwich lunch. Pay at door. RSVP to [audrey.goode@gmail.com](mailto:audrey.goode@gmail.com).

### **LET'S DO LUNCH (\$)**

Friday, August 15, 11:30 am

Olive Garden, 23442 Hawthorne Blvd, Torrance

Separate checks. Must RSVP by calling (310) 377-3003.

## **FOR MEMBERS ONLY**

**MAHJONG**, Mondays, 10 am, SFC

Wednesdays, 1 pm, Hesse Park

**RUMMIKUB**, Mondays, 1–3 pm, SFC

A tile-based game for two to four players with simple rules and free-flowing fun for everyone.

**THE 90+ CLUB**, Mondays, 3–4 pm SFC

Members 90 years old + are welcome.

**PING-PONG**

Tuesdays & Thursdays, 9–11 am, SFC

Fridays, 9–noon, SFC.

Come play with us! All skill levels are welcome.

**TUESDAY BOOK CLUB**

Tuesday, August 26, 10:30 am, PVL

New members are welcome. Call (310) 377-3003.

### **FITNESS FUN WITH BEVERLY (\$)**

Tuesdays & Thursdays, 11 am, SFC

Gently sculpt and strengthen your body. All fitness levels. Taught by Beverly Beatty, certified Advanced Health and Fitness Instructor. \$90 for 3 months

**WRITERS' GROUP**, Tuesdays, 1:30–3 pm, SFC

Our writers' group is a perfect opportunity to explore your ideas, receive encouragement, and enjoy the company of others who appreciate the power of words. Join us, whether you're a seasoned writer or just getting started. RSVP to (310) 377-3003

**UKULELE STRUM & SING**

2nd & 4th Tuesdays,

August 12 and August 26, 3–4pm

Just bring your ukulele and we'll strum and sing together. All levels welcome. For information, call (310) 377-3003.

**MUSIC APPRECIATION**

Wednesdays, 3–4 pm, SFC or Zoom

Join Ann and Lee Strong to finish our series on music's Classical Period in Western civilization.

Sessions sampling summer music follow.

**WIDOWERS' CHAT GROUP**

Wednesdays, 3 pm, SFC

Join us for uplifting chats and experiences.

**THURSDAY BOOK CLUB**

Thursday, August 14, 11:30–1:15, PVL

**CRAFT AND CHAT**

Thursdays, 1–3:30 pm, SFC

Work on your craft while socializing with friends.

*—Activities continue on the following page*

## AMERICAN MAHJONG

Fridays, 10–noon, SFC

Must have the “Official Standard Hands and Rules.”

## BINGO! (\$) Friday, August 1, 1–2:30 pm, SFC

\$2/card. Cash prizes! Must RSVP to (310) 377-3003.

## MOVIE TIME, Friday, Aug. 8, 12:30 pm, SFC

“The Intern.” A harried fashion entrepreneur (Anne Hathaway) gets a surprise boost from a 70-yr old widower (Robert DeNiro) who answers an ad for an internship at her company. 2015 (2h) PG 13 Comedy.

## TRIVIA!

Friday, Aug. 15, 1–2:30 pm, SFC

Do you like to have interesting discussions in a fun, friendly atmosphere, while testing your general knowledge at the same time? Then join our trivia group! Every third Friday at 1.

## BRIDGE, Fridays, 1–3:30 pm, SFC

All skill levels.

## CONVERSATIONAL FOREIGN LANGUAGES

Ramp up your foreign language skills!

### CONVERSATIONAL FRENCH

Mondays, 12:15–1:30 pm, SFC

Practice basic French speaking skills in a friendly, social atmosphere.

### CONVERSATIONAL SPANISH

Mondays, 2 pm, SFC

Practice speaking Spanish in a friendly, social setting.

### CONVERSATIONAL ITALIAN

Tuesdays, 12:15–1:15 pm, SFC

Buongiorno and hello! Speak Italian in a fun social setting, where we'll talk about Italian food, music, movies, sightseeing, and more.

### CONVERSATIONAL JAPANESE

Tuesdays, 1:30–3 pm, SFC

Practice basic conversation skills in a social setting, with occasional discussions about Japanese culture and traditions.



Pat & Don Tambini

## *Behind the Scenes at the Scriba Family Center!*

Don and Pat Tambini were back, live and in person, at the Scriba Family Center, where they gave an impromptu ukulele concert to the 90+ Club recently. In the old days, they were founding members of a popular ukulele group that disbanded a few years ago. It's great to see them back again, making music, strumming their ukes. The newly formed Ukulele Strum and Sing group now meets on the 2nd and 4th Tuesdays, making music and singing to old favorites.

## Curious

to learn about retirement, social security,  
and medicare with a panel discussion?

If interested, call (310) 377-3003.



LET'S DO

SUNDAY *Brunch*



Begins Sunday, Sept. 28

Details in next month's newsletter





## Our Olde-Fashioned Ice Cream Social *made life fun!*



### Seen at the delicious event.

1. Cindy Miller, left, and Margaret Benson.
2. The entertaining Pacific Coast Highwaymen Barbershop Quartet. From the left, Tim Bixter, James Anderson, Scott Suwabe, and Barry Waite.
3. Helen and Rick Mendoza, celebrating their 70th wedding anniversary.
4. Board of Directors Secretary Tom Hyatt, left, and Larry Moreau.
5. Laura Warren, left, and Karen Somers.
6. The event was well-attended, with our large spaces filled to capacity with social seniors.





# Peninsula Seniors

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## Diamond Lifetime Member Sandy Behrens Cites Peninsula Seniors' Many Benefits



*Sandy Behrens*

**Sandy Behrens is a generous supporter of Peninsula Seniors.** She's made a significant impact on our organization

through her donations to both our Capital Campaign and year-end appeals. In April 2023, she became a Diamond Lifetime Member with a one-time member gift of \$5,000.

Reflecting on her generosity, Sandy shares, "Since my husband's passing in 2018, I've been fortunate to donate to endeavors I love through the required minimum distribution of my husband's IRA. This allowed

me to become a Diamond Lifetime Member of Peninsula Seniors." Her philanthropy extends to many other local organizations that thrive thanks to her generosity.

**A California native** raised in Pasadena, Sandy pursued higher

**"Peninsula Seniors is a place where seniors can gather, socialize, and participate in a variety of fun activities."**

education at Scripps College and earned a Master's in Education from Stanford University. After teaching for a few years, she and her husband moved to Palos Verdes in 1973, where her life blossomed with parenting, tennis, charity work, and learning German.

Sandy also has a passion for singing. She studied voice with noted vocalist Annette Smith for a decade, showcasing her talent in classical vocal recitals at the Palos Verdes main library. Today, she brings her passion to the LA South Towns Chorus, a women's barbershop group.

**Sandy appreciates Peninsula Seniors'** invaluable resources, stating, "This is a place where seniors can gather, socialize, and participate in a variety of fun activities." As she continues exploring new interests with us, such as French conversation for an anticipated trip to Paris, this Diamond Lifetime Member emphasizes, "Peninsula Seniors really does *make life fun.*"