

July 2025

A newsletter  
of activities,  
travel and  
tours, events,  
and valuable  
information  
for Peninsula  
Seniors



# PENINSULA SENIORS Connections

*make life fun!*

## A SMALL BIT(E) OF ICE CREAM HISTORY

When returning to the United States after serving as a diplomat in France following the Revolutionary War, Thomas Jefferson brought back many French recipes, including one for ice cream that became known as French Vanilla. Although records show a similar frozen dessert was already served at President George Washington's Mt. Vernon estate, Jefferson's was the first *recorded* American recipe for ice cream. Accounts from his dining guests indicate it was a frequent dessert at Monticello.

## Join the Fun at Our Annual Olde-Fashioned Ice Cream Social

**Want to be social?** Invite your friends, family, and neighbors, to Peninsula Seniors' 4th Annual Olde-Fashioned Ice Cream Social. Annually, it's one of our big social events and not to be missed.

This year, we're scooping up the ice cream ourselves and adding sauces, sprinkles, and a cherry on top. And this treat is only \$5!

So, grab your straw hat and shades and meet up with fellow members and guests at the Scriba Family Center, where you'll cool down in the July heat with a delicious treat and enjoy the harmonies of a barbershop quartet.

You might even *make life fun* for someone you know by buying them a cool scoop of ice cream, too.

**Sunday, July 20, 2-4pm  
Scriba Family Center**

**\$5/scoop, cash only**

**For reservations  
call today:  
(310) 377-3003**

## PENINSULA SENIORS MISSION AND VISION

**Our mission** is to provide a wide range of activities and services to seniors of all ages living on the Palos Verdes Peninsula and surrounding areas. Peninsula Seniors fosters a sense of community and belonging and encourages continuing engagements that promote physical and mental well-being while combating loneliness and isolation.

**Our vision** is to sustainably expand opportunities for Peninsula Seniors to enhance its ability to improve the overall quality of life and sense of purpose for local seniors while promoting independence and social connection to a growing member base.

## BOARD OF DIRECTORS

### Officers

President: Becky Clark

Vice President: Julia Parton

Secretary: Tom Hyatt

Treasurer: Anil Aggarwal

### Members

Laurie Glover

Greg Sparkman

Andrew Werts

## HONORARY LIFE MEMBERS

Anil & Madhvi Aggarwal

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Mike\* & Virginia Cicoria

Russ Harrington\*

Gene Hollander\*

Elaine Jerome

Marylyn & Chuck Klaus

Allen\* & Dottie\* Lay

Richard & Melanie Lundquist

Edith Mayerson\*

Ralph\* & Loraine\* Scriba

Ann Shaw

Elly\* & Robert\* Visser

\* = deceased member

## EXECUTIVE DIRECTOR

Margie Beierschmitt

## OFFICE STAFF AND VOLUNTEERS

Programs/Contributing Connections Author:

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Hot Deals: Susan Raymond

## CONNECTIONS NEWSLETTER

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## STAY CONNECTED

 [facebook.com/pvseniors](https://facebook.com/pvseniors)

 [X.com/PenSeniors](https://X.com/PenSeniors) (formerly Twitter)

 [instagram.com/peninsulaseniors/](https://instagram.com/peninsulaseniors/)

## DISCLAIMER

The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



# Minute With Margie

## Summertime Fun

**Day Tripping!** I recently joined about 50 other Peninsula Seniors on our day trip to see the Dead Sea Scrolls at the Reagan Library in Simi Valley. What a terrific day we had! Not only were the expansive grounds beautiful, but the exhibit was also extremely interesting. I'm so glad I could go, and I encourage everyone to sign up for our activities as soon as you know you're interested because they fill up quickly. A big shoutout to Jo Anne Weber, our lead travel volunteer, who selects and arranges our trips. Thank you, Jo Anne!

**Our Olde-Fashioned Ice Cream Social** returns on Sunday, July 20, from 2 to 4 pm. The beautiful Scriba Family Center will be decorated, and we'll have fabulous entertainment. This year, we'll be serving up ice cream sundaes, not cones, still for only \$5. So please plan on joining us with your family, friends, and neighbors. Special thanks go to our sponsors: Merrill Gardens Senior Living, Caring Angels Home Care, and Malaga Bank. We couldn't do it without them! Don't forget to RSVP to (310) 377-3003 to let us know you'll be there!

And a note about your membership dues: Effective September 1, on your renewal date, your annual basic membership dues will be \$100 for an individual and \$150 for a couple.

My favorite benefit of membership is our HOT DEALS program. Take a look at the savings available for members on page 4. Please let me know your favorite and why.

With Gratitude,



Margie Beierschmitt  
Executive Director

# Membership News

## *for Peninsula Seniors*

**Current Membership: 1,094**

## New and Returning Members

**WE WELCOME THESE NEW MEMBERS** who joined us in May.

Lina Ashar	Edward Liu	Gary & Amy Snelson
Pamela Canaday	Linda Liu	Karen Somers
Chun Choi	Frank Matsuyama	Stephanie Sumule-
Fonda Demore	Patricia McCarthy	Chang & Christine
Justin Ezzi	Sarah O'Connor	Chang
Marilyn Finklestein	Faye Perdue	Graciela Voce
Tana Frazier	Jean Claude Persais	Karen Yokoyama
David & Sylvia Kan	Ed Rodriguez &	Olga Ballesteros
Arnold & Rosalia Lee	Aurora Rysanek	Zampighi
Dorothy Lee	Rafael Salinas	

**THANK YOU** to those who renewed their membership in May.

Rhoda Amundson	Joanne Gladfelter	Kenneth McKivett
David Behr	Pamela Glavas	Emily Mitsanas
Klaus & Erika Biber	Laurie Glover	Nobuko Okada
Lesley Boullianne	Polly Goodman	Ellen Ong
Ann Buxton	Gary & Jan Hearn	Michael & Gerri Oshry
David Camp	Louise Hicks	Ann Pieper
Christine Campisi	Rick & Eve Higgins	Huibrie Pieters
Jenny Chen	Maureen Hill	William & Catharine
Inga Cherman-Lurie	Neville & Karen Howarth	Roberts
Min-Wen &	Beverly Iwasaka	Linda Rodrick
Vivian Chiang	Sandra Jacobsen	Nadine Roisman
Harlan & Thelma Chin	June Kagdis	Eric Samuelson
Allan & Robin Colman	Linda Larson	Stella Schiewe
Drew Davis	Gail Lauchner	Marylou Tom
Julie Disney	Julie Lee	Elena Vicente-Luttio
Ghamar Doorandish	Kathy Lee	Shenandoah &
Bob & Kathryn Ettinger	Yvonne Levillant	Agnes Wang
Shelley Fine	Joyce Liu	Bruce & Dolly Weiner
Franklin Fong	Jackie Madoni	Bobbie White
Robert & Agnes Fong	Fin Martin	Inge Wright
Cathy Gillman	Maria Martinez	Andy & Amy Wu
Diana Ginsburg	Bernadette Maynard	

## Membership Honor Roll

**PLATINUM** (\$600/yr)

Keiko Griswold

**SILVER** (\$250/yr)

Kimiko Miwa

Benjamin & Shelley Pogorelsky

Roger & Carol Schamp

James & Diane Staes

John Williams

## Above & Beyond

Thanks to those who made gifts of \$100 or more to Peninsula Seniors' operations in May.

Anonymous (x2)

Julie Disney

John L. Exline

Beverly Iwasaka

Nobuko Okada

Helene Reid

Stella Schiewe

Arlo & Marci Sorensen



# HOT DEALS

## for Peninsula Seniors



### Show your personalized Peninsula Seniors membership card to receive a Hot Deal.

For offer details, pick up a flyer at the Scriba Family Center, visit [pvseniors.org/hot-deals/](http://pvseniors.org/hot-deals/), scan the adjacent QR code that will take you to our Hot Deals web page, or call the merchants. (As of 6/17/25. Offers subject to change without notice. More Hot Deals coming soon!)

#### Alltech of Lomita, Inc.

(310) 539-2260 10% off notebook and computer repair.

#### Caring Angels Home Care

609 Deep Valley Dr., RHE (310) 801-7370  
First 4-hour shift free; 15% off services.

**Chado Tea Room** (424) 757-5222  
1303 El Prado Ave., Torrance 15% off.

#### CMS Design Portraiture

(310) 373-5450 Free sitting (\$150 value).  
10% off orders.

**Contessa Home Care** (323) 247-6065  
Discounts on packages. 12 hrs/day min.

**Courtesy Cleaners** (310) 541-7081  
10% off dry cleaning over \$10.

**Crème de la Crêpe** (310) 541-0001  
One dessert crepe with purchase of entrée.

#### Daisy Buchanan's Pizza Bar

Promenade #141A. (310) 750-6225  
\$10 Pizza, \$5 Beer, \$10 Wine.

**Dragonfly Thai** (310) 265-8424  
10% off all purchases.

**DropOut Cyclery** (424) 488-2099  
10% off first bicycle purchase. 15% off repairs, parts, labor.

#### Duran Reed Realtors®

(310) 519-7670 [ClaraDuranReed.com](http://ClaraDuranReed.com)  
Zero escrow fee for buyers or sellers in L.A. County.

#### El Pollo Inka

(310) 377-3477  
15% discount off any item. Free b'day meal w/ purchase of another. Dine-in only.

#### Elegance Automotive

**Restoration** (626) 420-4442  
Discount on detailing cars, SUVs, trucks.

#### Floral 101

(424) 251-2330  
15% off floral arrangements; delivery.

#### Fred Astaire Dance Studios

(310) 316-5800 15% off Beginners Pkg.

#### Fuego Cravings

(310) 377-0672  
20% off any dine-in or carry-out order.

#### Game Chest

(310) 377-1193  
15% off. Not valid w/other discounts.

**gingi.com** 15% off select items w/code  
PVSENIORS on [gingi.com](http://gingi.com) and events.

**Giorgio's** (310) 541-2600. One tiramisu  
dessert per table at lunchtime.

#### Golden Cove Pharmacy

(310) 750-6082 10%–15% off.

\*Restrictions may apply

#### The Grand Emporium

(310) 514-8429 25% off any purchase.

#### Hillside Auto Repair

(310) 373-7676  
10% off parts and labor on service up to \$250. Free car wash with service.

#### Kabab Curry of India

(310) 539-0171 Free drink or 20% off  
lunch buffet. \$5 corkage waived.

#### Kelly's Korner

(310) 541-2234 Free  
cookie or chips with sandwich purchase.

#### Kim's BBQ

(310) 701-4138  
10% off Monday through Thursday.

#### Joey Komada, Licensed Acupuncturist & Herbalist

(310) 617-6354 15% off first treatment;  
10% off others.

#### The Little Oliva

(310) 833-1313  
10% off Mon, Wed, and Thurs.

#### Lunada Market & Deli

(424) 206-2880 10% off on Tuesdays.

#### Massage Smith LLC

(562) 528-0558  
20% off products and services.

#### Mayer's Bakery

(310) 377-7846  
15% off purchases over \$10.

#### Nantucket Crossing

(310) 377-7201  
10% off selected items on Tuesdays.

**Oil Stop** (310) 373-6399 Drive-through  
oil change: \$15 off. Coupon code PS602.

#### Oui Beach

(310) 540-1200  
Beach-chic gifts and home decor. 15% off.

#### Outdoor Dog Photography

(310) 818-1764 10% discount on the  
Mini-Package, a \$265 value.

#### Peninsula Physical Therapy

(310) 544-6264 \$75/hr for physical  
assessment. \$100/mo wellness pgm.

#### Power Rooter & Plumbing Inc.

[prpcustomerservice@gmail.com](mailto:prpcustomerservice@gmail.com)  
(310) 618-9107 15% off labor.

#### PV Coin Exchange

(310) 750-6951  
Turn your coins into cash/ No transaction  
fee.

#### SAGA Made in Italy

(562) 336-0216  
15% discount on SAGA Made in Italy; 10%  
discount on others.

#### Salon Vivace

(310) 370-7007  
20% off consultation, cut, shampoo, and  
style with select stylists.

## HOT DEALS HOT TIP:

Keep your membership card  
and Hot Deals list in your car.

**Sepi Lackpour, Ph.D., L.Ac.**  
**Acupuncture & Herbal Holistic  
Care** (310) 265-9588 15% off first  
treatment; 10% off subsequent treatments.

**South Bay Hearing** (310) 375-6161  
Clean and check hearing aids: FREE. \$250  
off new pair of AGX 5, 7, or 9 devices.

**Still Got It Fitness** (310) 293-1104  
25% off first month any membership; 10%  
off all subsequent months.

**Terranea Resort, Catalina Kitchen**  
(844) 242-0967 Offer #1: Buy one, get  
one free (excludes alcohol), free valet  
parking. Offer #2: Complimentary entrée  
on your birthday, (excludes alcohol), free  
valet parking. Offers valid Mon–Thurs, excl.  
holidays, and are subject to change.

**The Sports Complex NEW!**  
(310) 377-3226. 550 Deep Valley Dr., #111,  
RHE. Golf Simulator: 50% off the first  
visit; 25% off thereafter.

**Truelement Massage**  
(424) 235-8785. 20% off every visit.

**Truxton's** (310) 373-8790  
15% off 3–5 pm; 10% off other times.

**Vee Wesson Design Visions**  
(310) 213-4055 Free 2 hr initial home  
design consult. 5% off one room design.

**Village Shoe Repair** (310) 541-9410  
898 Silver Spur, RHE 10% off repairs.

**What's Cookin' Cookware  
& Gifts** (310) 704-6667 15% off.

**Woof Gang Bakery & Grooming  
NEW!** (310) 873-3120 1886½ S. Pacific  
Coast Hwy., Redondo Beach. \$20 off 1st  
dog grooming (full or mini); 15% discount  
on products.

**cogir** | **SOUTH BAY**  
SENIOR LIVING

GET A FREE MEAL WITH  
YOUR TOUR!



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Torrance, CA 90503

**(424) 360-2644**

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POINTE** | by **cogir**

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YOUR TOUR!



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Memory Care

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## Thank You, “Connections” Advertisers!



**PENINSULA  
POINTE**  
by **cogir**

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**SOUTH BAY**  
SENIOR LIVING





*Rockettes Christmas Show!*

# Day Coach Trips and Multi-Day Tours

*make life fun!*

## HOLLYWOOD BOWL CONCERTS UNDER THE STARS (\$)

5 pm: Roundtrip bus departs from Torrance Transit Center

### DUDAMEL CONDUCTS ELLINGTON AND RAVEL

**Tuesday, August 5**

French Impressionism meets Harlem Jazz in the Hollywood Hills. Members \$64, Non-Members \$79

### BEETHOVEN UNDER THE STARS

**Tuesday, August 26**

Egmont's fanfare of heroic brass introduces Ravel's revolutionary "Eroica" symphony. Members \$64, Non-members \$79

### JOSH GROBAN WITH THE LA PHILHARMONIC

**Saturday, September 6**

Songs from Josh Groban's amazing career: "The Impossible Dream," "All I Ask of You," and more. Members \$84, Non-members \$99

## MULTI-DAY TRIPS (\$)

### MUIR WOODS, MONTEREY, AND SAN LUIS OBISPO

**Tuesday Sept 23–**

**Thursday Sept 25**

\$1,149/pp double, \$1,599 single  
\$200/pp Deposit. Final payment due by Aug. 1

Visit Sausalito, San Francisco (Fisherman's Wharf), Pebble Beach, Monterey (Cannery Row), and Solvang. Two nights in Santa Clara and one night in San Luis Obispo.

### NEW ENGLAND FALL FOLIAGE AND PUMPKIN FESTIVAL

**Wednesday, October 8–**

**Tuesday, October 14**

\$4,299/pp double, \$5,499 single  
Includes airfare. \$200pp deposit  
Tour Boston, Montpelier, Vermont, and Coastal Portland, Maine. Visit Ben and Jerry's Factory, a cider mill and the Barr Hill Distillery. View the stunning array of colors in the New England fall foliage.

### ROCKETTES CHRISTMAS SHOW IN NEW YORK CITY

**Monday, December 8–**

**Friday, December 12**

\$3,599/pp double, \$4,599 single  
\$200pp deposit

Final payment due September 9  
Four nights at Riu Plaza Times Square. Tour New York City. Visit the Times Square Christmas Market, adorned for the holiday season. See the legendary Rockettes Christmas Spectacular at Radio City Music Hall.

### LAS VEGAS ANYONE?

Interested in a two-night stay in Las Vegas with a Cirque Du Soleil show? If yes, call Peninsula Seniors at (310) 377-3003 and leave your name and phone. We'll get back to you with details.

**FOR TRIP DETAILS,** call (310) 377-3003. Leave your name, phone, and the trip that interests you.

**CANCELLATION POLICY CHANGE.** If you cancel, we offer your space to those on our waiting list. When your space is sold, your cost will be refunded less a \$15 processing fee. Otherwise, no refund can be made.



# Peninsula Seniors Calendar For July 2025

MON	TUE	WED	THUR	FRI
<b>Activities and events are in the Scriba Family Center (SFC) unless otherwise noted.</b>	<b>1</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Italian Conversation, 12:15 Japanese Conversation 1:30–3 Writers' Group, 1:30–3	<b>2</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "Flags, Fireworks, Founding Fathers, and Hot Dogs" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Widowers' Chat Group, 3–4 Music Appreciation, 3–4	<b>3</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30	 <b>OFFICE IS CLOSED TODAY</b>
<b>7</b> Mahjong, 10–12 Meet & Greet, 10–12 French Conversation, 12:15 Rummikub, 1–3 Spanish Conversation, 2 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>8</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Italian Conversation, 12:15 Japanese Conversation 1:30–3 Writers' Group, 1:30–3 Ukulele Strum & Sing, 3–4	<b>9</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "Lines That Shaped Our Nation" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Widowers' Chat Group, 3–4 Music Appreciation, 3–4	<b>10</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Thursday Book Club 11:30–1:15, PVL Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>11</b> Ping-Pong, 9–12 American Mahjong, 10–noon Movie: "Nonnas" at 12:30 Bridge, 1–3:30
<b>14</b> Mahjong, 10–12 Meet & Greet, 10–12 French Conversation, 12:15 Rummikub, 1–3 Spanish Conversation, 2 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>15</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Italian Conversation, 12:15 Japanese Conversation 1:30–3 Writers' Group, 1:30–3	<b>16</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "The Renaissance Period" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Widowers' Chat Group, 3–4 Music Appreciation, 3–4	<b>17</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>18</b> Ping-Pong, 9–12 American Mahjong, 10–noon Let's Do Lunch, 11:30 Lunada Kitchen, PVE Bridge, 1–3:30 Trivia, 1–2:30
<b>21</b> Mahjong, 10–12 Meet & Greet, 10–12 French Conversation, 12:15 Rummikub, 1–3 Spanish Conversation, 2 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>22</b> Ping-Pong, 9–11 Tuesday Book Club 10:30 PVL Fitness Fun w/Beverly (\$) 11 Italian Conversation, 12:15 Japanese Conversation 1:30–3 Writers' Group, 1:30–3 Ukulele Strum & Sing, 3–4	<b>23</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "Palos Verdes History" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Widowers' Chat Group, 3–4 Music Appreciation, 3–4	<b>24</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>25</b> Ping-Pong, 9–12 American Mahjong, 10–noon Bridge, 1–3:30
<b>28</b> Mahjong, 10–12 Meet & Greet, 10–12 French Conversation, 12:15 Rummikub, 1–3 Spanish Conversation, 2 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>29</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Italian Conversation, 12:15 Intermediate Modern Line Dance, 3:30 Japanese Conversation 1:30–3 Writers' Group, 1:30–3	<b>30</b> PV Walkers, 8:45, PVLDP Bohannon Lecture: "Rolling Hills Ets. Update" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Widowers' Chat Group, 3–4 Music Appreciation, 3–4	<b>31</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>ABBREVIATIONS</b> \$=Activity cost HP=Hesse Park PVL=Pen Center PV Library PVLDP=Pen Center PV Library top parking deck SFC=Scriba Family Center

*Peninsula Seniors*  
**Leave a  
Lasting Legacy**

# Activities for Peninsula Seniors

(\$) indicates an additional cost to participate

## Bequests Are For Everyone

### BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

### SAMPLE LANGUAGE

I give/bequeath the sum of (\$ \_\_\_\_\_) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

**FOR MORE INFORMATION CALL**  
Margie Beierschmitt  
Executive Director  
(310) 377-3003

## AVAILABLE TO THE COMMUNITY

### BOHANNON LECTURES

#### Wednesdays at Scriba Family Center

10:15 coffee / 10:30–11:30 lectures

**July 2: “Flags, Fireworks, Founding Fathers, and Hot Dogs.”** Writer, researcher, and local volunteer Ellen Mintz will reflect on our national heritage celebrations and the rich history they commemorate.

**July 9: “Lines That Shaped Our Nation.”** Local author and historian Jim Shneer discusses the history of the unique shapes of our states and how the borders of many states, such as California, Oklahoma, Iowa, Texas, and more, came to be drawn.

**July 16: “The Renaissance Period.”** Members Ann and Lee Strong continue their art appreciation lectures. This month, they focus on Renaissance art in European history, which lasted roughly from 1350 to 1600, emphasizing a revival of classical art, architecture, and culture.

**July 23: “Palos Verdes History.”** Palos Verdes Library District archivist and local historian Monique Sugimoto will speak about the Local History Center and the new initiatives to preserve the history of the Peninsula.

**July 30: “Rolling Hills Estates Update.”** Rolling Hills Estates Mayor Debby Stegura will present an update on community issues, upcoming activities, and City challenges.

For details, call Renée Reymond, program coordinator, at (310) 377-3003.

### MEET & GREET, Mondays, 10 am–noon, SFC

Have coffee, make friends, chat, exchange ideas.

### PV WALKERS, Wednesdays, 8:45 am

688 Deep Valley Drive, RHE, Top parking deck at the main library

In collaboration with Providence Little Company of Mary Medical Center and the Palos Verdes Library District.

### LET’S DO LUNCH (\$), Friday, July 18, 11:30 am

Lunada Kitchen, 2201 PV Drive West, PVE

Separate checks. 10% off to everyone attending. Must RSVP by calling (310) 377-3003.





## Peninsula Senior Honored at Los Angeles Fête

Among those honored at the 60th Annual Older Americans Recognition Day at the Omni Hotel in Downtown Los Angeles was Peninsula Seniors' member and volunteer Helene Reid. Pictured here with Helene, pictured on the right, are her sister, Louise Davidson, left, and Peninsula Seniors Executive Director Margie Beierschmitt, center.

## FOR MEMBERS ONLY

**MAHJONG**, Mondays, 10 am, SFC

Wednesdays, 1 pm, Hesse Park

**RUMMIKUB**, Mondays, 1–3 pm, SFC

A tile-based game for two to four players with simple rules and free-flowing fun for everyone.

**THE 90+ CLUB**, Mondays, 3–4 pm SFC

Members 90 years old + are welcome.

**PING-PONG**

Tuesdays & Thursdays, 9–11 am, SFC

Fridays, 9–noon, SFC.

Come play with us! All skill levels are welcome.

**TUESDAY BOOK CLUB**

Tuesday, July 22, 10:30 am, PVL

New members are welcome. Call (310) 377-3003.

**FITNESS FUN WITH BEVERLY (\$)**

Tuesdays & Thursdays, 11 am, SFC

Gently sculpt and strengthen your body. All fitness levels.

Taught by Beverly Beatty, certified Advanced Health and Fitness Instructor. \$90 for 3 months

**WRITERS' GROUP**, Tuesdays, 1:30–3 pm, SFC

Our writers' group is a perfect opportunity to explore your ideas, receive encouragement, and enjoy the company of others who appreciate the power of words. Join us, whether you're a seasoned writer or just getting started. RSVP to (310) 377-3003.

—Activities continue on the following page



save the date for an olde-fashioned

*Ice Cream Social*

**Fourth Annual  
Olde Fashioned  
Ice Cream Social**

**Sunday, July 20, 2–4 pm  
Scriba Family Center**

**Socialize with friends  
and enjoy a favorite  
ice cream treat.**

**\$5/scoop at the door  
(cash only)**

**Call (310) 377-3003 to RSVP  
by Thursday, July 17.**

SPONSORED BY



## FOR MEMBERS ONLY, *continues*

### UKULELE STRUM & SING

2nd & 4th Tuesdays,

July 8 and July 22, 3–4pm

Just bring your ukulele and we'll strum and sing together. All levels welcome. For information, call (310) 377-3003.



### MUSIC APPRECIATION

Wednesdays, 3–4 pm, SFC or Zoom

Join Ann and Lee Strong this month as we finish our series on music's Classical Period in Western civilization, and then spend a couple of sessions discussing and sampling summer music.

### WIDOWERS' CHAT GROUP

Wednesdays, 3 pm, SFC

Join us for uplifting chats and experiences.

### THURSDAY BOOK CLUB

Thursday, July 10, 11:30–1:15, PVL

### CRAFT AND CHAT

Thursdays, 1–3:30 pm, SFC

Work on your craft while socializing with friends.

### AMERICAN MAHJONG

Fridays, 10–noon, SFC

Must have the "Official Standard Hands and Rules."

**MOVIE TIME,** Friday, July 11, 12:30 pm, SFC

"Nonnas." A grieving man finds the recipe for healing when he buys an Italian restaurant and hires four sassy seniors as chefs. Based on a true story. Stars Vince Vaughn and Susan Sarandon.

2025 (1h 54 min) PG.

### TRIVIA!

Friday, July 18, 1–2:30 pm, SFC

Tease your brain with fun and interesting questions.

BYOT: If you have a great question, bring it!

**BRIDGE,** Fridays, 1–3:30 pm, SFC

All skill levels.

## *Behind the Scenes*

### *at the Scriba Family Center!*

Lonna Lynn is a one-person Peninsula Seniors welcoming committee. She loves making a difference and being the first friendly, smiling face that new and prospective members see at the front desk when they enter the Scriba Family Center. Lonna is a newer member, and she jumped right into working as our receptionist, which she calls a very rewarding experience. We think Lonna has so many levels of fabulousness as our volunteer.

## CONVERSATIONAL FOREIGN LANGUAGES

Ramp up your foreign language skills. Expand your social circles. Create new and meaningful relationships with others who also want to practice their French, Spanish, Italian, or Japanese.

### CONVERSATIONAL FRENCH

Mondays, 12:15–1:30 pm, SFC

Practice basic French speaking skills in a friendly, social atmosphere.

### CONVERSATIONAL SPANISH

Mondays, 2 pm, SFC

Practice speaking Spanish in a friendly, social setting.

### CONVERSATIONAL ITALIAN

Tuesdays, 12:15–1:15 pm, SFC

Buongiorno and hello! Speak Italian in a fun social setting, where we'll talk about Italian food, music, movies, sightseeing, and more.

### CONVERSATIONAL JAPANESE

Tuesdays, 1:30–3 pm, SFC

Practice basic conversation skills in a social setting, with occasional discussions about Japanese culture and traditions.





## Participating in the Street Fair *made life fun!*



**Peninsula Seniors' booth at the Street Fair was a hit with passersby.**

1. 4. 6. Some of our many Street Fair guests;
2. members who helped with setting up our booth and displays were, from the left, Board of Directors member Greg Sparkman, volunteers Helene Reid and Sherry Faust, Peninsula Seniors staff member Renée Raymond, and volunteer Andrew Lane;
3. volunteer Margaret Benson with Board of Directors member Tom Hyatt; and
5. Peninsula Seniors volunteers Nahid Mazhin and Jo Ann Muto.





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## Peninsula Seniors' Community Outreach at the Annual Palos Verdes Street Fair

**Peninsula Seniors stepped into the spotlight** on June 14 and 15 to share our story with the community at our annual booth at the PVP Chamber Street Fair, and we made quite an impression! No longer content to be labeled a "hidden gem," we embraced the chance to showcase everything we offer. Our booth with a photo banner told our story with a splash of color and enthusiasm, illustrating the fun and more than 100 events and activities we host monthly. Our passionate volunteers shared our programs with everyone willing to listen.

"We don't want to be the best-kept secret in the community!" one volunteer exclaimed. "That's why we're here, talking to people!" To

spark curiosity, we had a drawing for a membership, attracting attendees eager to learn more. Flyers about our events were hot items, giving information about our upcoming Ice Cream

**No longer content to be labeled a "hidden gem," we embraced the chance to showcase everything we offer.**

Social, Hollywood Bowl tickets, Bohannon Lectures, tours and multi-day trips, and more.

And for the furry friends that joined us, Board Member Laurie Glover sweetened our booth with dog biscuits made for us

by the residents of the Silverado community. We also offered an array of swag, including gel-pack hearts for those minor "owies" and Peninsula Seniors notepads.

**Our volunteers** staffed the booth, taking two-hour shifts, and chatted with many fairgoers about who we are, where we are, and what we do for seniors in the community. Each conversation became an opportunity to engage prospective members and foster meaningful connections.

After our weekend at the fair, it was clear: We are thrilled to have shared our mission and activities with so many and look forward to welcoming new faces into our community.