

July 2026

A newsletter of activities, travel and tours, events, and valuable information for Peninsula Seniors



PENINSULA SENIORS Connections

make life fun!

Cheers to Our Volunteers!

At Peninsula Seniors, we often say our volunteers are at the heart of everything we do. From welcoming members and guests at our front desk to providing invaluable behind-the-scenes office support, our volunteers help create a warm, friendly atmosphere that makes our organization so unique and special.

Our volunteers lend their talents to our signature events as hostesses and servers, helping ensure they run smoothly. They educate and entertain by leading classes such as Italian, Music Appreciation, Trivia, and more.

They use their artistic talents to build our seasonal tree in the lobby for each holiday. Our volunteers rarely say “no” to anything we ask.

Volunteering is more than just a gift to Peninsula Seniors. It also offers many rewards to those who serve. Volunteers stay active, use their talents, build friendships, and maintain a social life. Many tell us that the connections they’ve made and the sense of purpose they’ve gained have enriched their lives in unexpected ways.

To the volunteers who give their

time, energy, and care, we extend our deepest appreciation. To those considering getting more involved, please talk to us about joining our wonderful team. There is room for every talent and every schedule. Together, we can continue to make Peninsula Seniors a place where everyone belongs at any age.

Pictured above: Volunteers who manned Peninsula Seniors’ booth at the June 13–14 Street Fair in Peninsula Center are, from the left, Greg Sparkman, a member of the Board of Directors, and Vicky and Robert Landis.

PENINSULA SENIORS MISSION AND VISION

Our mission is to provide a wide range of activities and services to seniors of all ages living on the Palos Verdes Peninsula and surrounding areas. Peninsula Seniors fosters a sense of community and belonging and encourages continuing engagements that promote physical and mental well-being while combating loneliness and isolation.

Our vision is to sustainably expand opportunities for Peninsula Seniors to enhance its ability to improve the overall quality of life and sense of purpose for local seniors while promoting independence and social connection to a growing member base.

BOARD OF DIRECTORS

Officers

President: Becky Clark

Vice President: Julia Parton

Secretary: Tom Hyatt

Treasurer: John MacAllister

Members

Emily Colville

Laurie Glover

Greg Sparkman

Paul "Rocky" Weber,

MD, PhD

HONORARY LIFE MEMBERS

Anil* & Madhvi

Aggarwal

John* & Dorothy*

Bohannon

Mike* & Virginia Cicoria

Russ Harrington*

Gene Hollander*

Elaine Jerome

Marylyn & Chuck Klaus

Allen* & Dottie* Lay

Richard & Melanie

Lundquist

Edith Mayerson*

Linda Ralls*

Ralph* & Loraine*

Scriba

Ann Shaw

Elly* & Robert* Visser

+ = deceased member

EXECUTIVE DIRECTOR

Margie Beierschmitt

OFFICE STAFF AND VOLUNTEERS

Programs/Contributing Connections Author:

Renée Reymond

Travel: Jo Anne Weber

Webmaster: Tim Farmer

Hot Deals: Susan Reymond

OFFICE HOURS:

M–F, 10–4

BASIC MEMBERSHIP DUES:

Individual: \$100 Couple: \$150

CONNECTIONS NEWSLETTER

Editor: Christine Barnicki

Published monthly by Peninsula Seniors, a 501(c)

(3) Tax-Exempt, Non-Profit Corporation. Tax ID:

95-3723540

Monthly circulation: 1,400

602 Deep Valley Drive, Suite 310

Rolling Hills Estates CA 90274

P: (310) 377-3003

W: pvseniors.org E: seniors@pvseniors.org

STAY CONNECTED

 facebook.com/pvseniors

 [X.com/PenSeniors](https://x.com/PenSeniors) (formerly Twitter)

 instagram.com/peninsulaseniors/

DISCLAIMER

The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



Minute With Margie

Volunteers

Because we have such a small staff, we rely heavily on our volunteers—and what an extraordinary group you are! Our volunteers are truly the heart of Peninsula Seniors, supporting every activity, event, club, class, and special program we offer.

Each volunteer brings unique gifts, talents, and experiences. You share your vision, passion, commitment, energy, and expertise in countless ways — working individually and in teams, serving on committees, helping with planning, and making things happen behind the scenes and out front.

Your willingness to share your time and talents enables Peninsula Seniors to offer nearly 100 opportunities each month to connect, learn, explore, and thrive.

I am deeply grateful to all of you who give so generously of your time, wisdom, and talents. In doing so, you enrich our organization, our members, and our community, honoring the dignity of service and the value of volunteering. After all, we are simply people helping people.

Thank you for being the heartbeat of Peninsula Seniors. You are the reason our mission comes to life, and you make our magic happen every day.

With Gratitude,

Margie Beierschmitt, Executive Director

"We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop."

~ Mother Theresa

Membership News

for Peninsula Seniors



Scan the QR code to discover six compelling reasons to join or renew your Peninsula Seniors' membership.

Current Membership: 1,197

New and Returning Members

WE WELCOME THESE NEW MEMBERS who joined us in May.

Rosalie Baligian
Nancy Brennan
Judy Bruce
Antonio Contreras
Karina Corona
Cheryl Enox
Sara Ferdman
Ghislaine Gargaro
Anthony Guetti &
Noah Guetti
Kaaren Hoffman

Kimberly Jones
Rob Katherman
Mathew Klein
Annie Liu
Harold Lund
Margie Lunt
Meredith Martin
Laura Priest
Pamela Provence
James Reed
Jo Scudamore

Pat Smith
Anne-France
Stevenson
Cheri Tanimura &
Leonard Ikeda
Patti Taylor
Hope Vannorsdall
& John Lee
Kathy Wetts
Robin Whitehead

THANK YOU to those who renewed their membership in May.

Gloria Agustin
Rhoda Amundson
John & Moli Bebout
David Behr
Klaus & Erika Biber
Lesley Boullianne
David Camp
Elizabeth Carroll
Min-Wen &
Vivian Chiang
Yoeni Chin
Joanne Del Dotto
Aya Dinning
Julie Disney
Bob & Kathryn Ettinger
Karl Evans
Susie Fenton
Shelley Fine
Marilyn Finklestein
Penny Fooks
Lynn & Sheri Gill

Laurie Glover
Audrey Goldman
Susan Grimshaw
Sue Haushalter
Gary & Jan Hearn
Paulette Hiebert
Rick & Eve Higgins
Karen Howarth
Beverly Iwasaka
Sandra Jacobsen
June Kagdis
Jim & Sheryl Kohlhoff
Theresa Kraemer
Kathy Lee
Rosalia Lee
Joyce Liu
Marilyn Long
Florence Loo
Jackie Madoni
Maria Martinez
Patricia McCarthy

Susie McKinney
William Moore
Kent & Janet Nozaki
Nobuko Okada
Ellen Ong
Faye Perdue
Richard & Allison Phillips
Huibrie Pieters
Barb Quinlan
Linda Rodrick
Eric Samuelson
Steve Thacker
Nancy Veits
Elena Vicente-Luttio
Shenandoah &
Agnes Wang
Virginia West
Peggy Woiwod
Winston & Inge Wright
Parviz Yalzadeh
Karen Yokoyama

Membership Honor Roll

PLATINUM (\$600/yr)
Keiko Griswold

GOLD (\$400/yr)
David & Sylvia Kan

SILVER (\$250/yr)
Ann Buxton
John Williams

Above & Beyond

Thanks to those who made gifts to Peninsula Seniors' operations in May.

\$2,500–\$4,999
Palos Verdes Peninsula Rotary
Foundation, Inc

\$100–\$249
Anonymous (x3)
Elizabeth Carroll
Min-Wen & Vivian Chiang
Beverly Iwasaka
Nobuko Okada
Parviz Yalzadeh

Legacy Endowment

Thanks to those who made gifts to Peninsula Seniors' Legacy Endowment in May.

\$2,500–\$4,999
Del McCulloch

HOT DEALS

for Peninsula Seniors



Call (310) 377-3003 to request your Peninsula Seniors' membership card. For offer details, pick up a flyer at the Scriba Family Center, visit pvseniors.org/hot-deals/, scan the adjacent QR code that will take you to our Hot Deals web page, or call the merchants.

(As of 6/15/2026. Offers subject to change without notice. More Hot Deals coming soon!)

Alltech of Lomita, Inc.

(310) 539-2260 10% off notebook and computer repair.

Caring Angels Home Care

609 Deep Valley Dr., RHE (310) 801-7370
First 4-hour shift free; 15% off services.

Chado Tea Room (424) 757-5222

1303 El Prado Ave., Torrance 15% off.

CMS Design Portraiture

(310) 373-5450. Free sitting (\$150 value).
10% off orders.

Courtesy Cleaners (310) 541-7081

10% off dry cleaning over \$10.

Crème de la Crêpe (310) 541-0001

10% discount.

Digital Smiles Dentistry

(213) 786-5823. 550 Deep Valley Dr. #347, RHE. Free basic cleaning, exam, and x-rays for new patients. 10% off on any treatment.

Dragonfly Thai (310) 265-8424

10% off all purchases.

DropOut Cyclery (424) 488-2099

10% off first bicycle purchase. 15% off repairs, parts, labor.

Duran Reed Realtors®

(310) 519-7670 ClaraDuranReed.com
Zero \$ escrow fee for buyers or sellers.

El Pollo Inka (310) 377-3477

15% discount off any item. Free b'day meal w/purchase of another. Dine-in only.

Elegance Automotive Restoration

(626) 420-4442. Discount on detailing cars, SUVs, trucks.

Floral 101 in Lomita. (424) 251-2330

15% off arrangements; free delivery within 6-miles of shop on purchases of \$70+.

Fred Astaire Dance Studios

(310) 316-5800 15% off Beginners Pkg.

Fuego Cravings (310) 377-0672

20% off any dine-in or carry-out order.

Game Chest (310) 377-1193

15% off. Not valid w/other discounts.

gingi.com 15% off select items w/code

PVSENIORS on gingi.com and events.

Giorgio's (310) 541-2600. One tiramisu

dessert per table at lunchtime.

Golden Cove Pharmacy

(310) 750-6082. 10%–15% off.

*Restrictions may apply.

Golden Scoop Gelato (424) 327-2888.

10% off gelato (except quarts) on Tues.

The Grand Emporium

(310) 514-8429 25% off any purchase.

Hillside Auto Repair (310) 373-7676

10% off parts and labor on service up to \$250. Free car wash with service.

Kabab Curry of India

(310) 539-0171 Free drink or 20% off lunch buffet. \$5 corkage waived.

Kelly's Korner (310) 541-2234 Free

cookie or chips with sandwich purchase.

Kim's BBQ (310) 750-6161

10% off Mon–Thurs.

Joey Komada, Licensed

Acupuncturist & Herbalist

(310) 617-6354 15% off first treatment; 10% off others.

Level Up Bowl + Bistro NEW!

(310) 377-7700. 550 Deep Valley Drive, Ste 127, RHE. 20% off food and beverage, excluding alcohol. 15% off bowling (includes shoes and balls) and other games.

Lunada Market & Deli

(424) 206-2880 10% off on Tuesdays.

Massage Smith LLC (562) 528-0558

20% off products and services.

Melissa's Jewelry & Repair

(424) 263-5874. 1958 PCH, Lomita. 15% off repairs & purchases Weds. and Thurs.

Nantucket Crossing (310) 377-7201

10% off selected items on Tuesdays.

Oil Stop (310) 373-6399 Drive-through

oil change: \$15 off. Coupon code PS602.

Outdoor Dog Photography

(310) 818-1764 10% discount on the Mini-Package, a \$265 value.

Peace Training With Michael

Peace, Medical Exercise Specialist
3525 Lomita Blvd., #101 Torrance. (310) 294-4679. First session complimentary. 25% discount on any 4-pack of sessions (30–45 minutes).

Peninsula Physical Therapy

(310) 544-6264 \$75/hr for physical assessment. \$100/mo wellness pgm.

Power Rooter & Plumbing Inc.

prpcustomerservice@gmail.com
(310) 618-9107 15% off labor.

PV Coin Exchange (310) 750-6951

Turn coins into cash/ No transaction fee.

Rosas La Cabana Mexican

Restaurant 24403 Hawthorne Blvd., Torrance. (310) 375-9133. 15% off.

**HOT DEALS
HOT TIP:**

Keep your membership card and Hot Deals list in your car.

SAGA Made in Italy (562) 336-0216
15% discount on SAGA Made in Italy; 10% discount on others.

Salon Vivace (310) 370-7007
20% off consultation, cut, shampoo, and style with select stylists.

Sepi Lackpour, Ph.D., L.Ac.
Acupuncture & Herbal Holistic Care (310) 265-9588 15% off first treatment; 10% off subsequent treatments.

South Bay Hearing (310) 375-6161
Clean and check hearing aids: FREE. \$250 off new pair of AGX 5, 7, or 9 devices.

Still Got It Fitness (310) 294-1104
25% off first month any membership; 10% off all subsequent months.

Terranea Resort, Catalina Kitchen
(844) 242-0967 Offer #1: Buy one, get one free. Offer #2: Complimentary entrée on your birthday. Excludes alcohol; includes free valet parking. Valid M–Th., excl. holidays. Offer subject to change.

The Little Oliva (310) 833-1313
10% off Mon, Wed, and Thurs.

The Sports Complex
(310) 377-3226. Golf Simulator: 50% off the first visit; 25% off thereafter.

Truelement Massage
(424) 235-8785. 20% off every visit.

Truxton's (310) 373-8790
15% off 3–5 pm; 10% off other times.

Vee Wesson Design Visions
(310) 213-4055 Free 2 hr initial home design consult. 5% off one room design.

Village Shoe Repair (310) 541-9410
898 Silver Spur, RHE 10% off repairs.

What's Cookin' Cookware & Gifts (310) 704-6667 15% off.

Woof Gang Bakery & Grooming
(310) 873-3120 1886½ S. PCH., RB. \$20 off 1st dog groom; 15% product discounts.



Ann Strong was recognized by L.A. County for her distinguished volunteer service and for generously sharing her time, wisdom, and experience to benefit and enrich our community. Ann is pictured with her husband, Lee. The pair is noted for their weekly music appreciation series and other occasional presentations.

Thank You, Connections Advertisers!





Hollywood Bowl

Day Coach Trips and Multi-Day Tours

make life fun!

HOLLYWOOD BOWL (\$) **WAITLIST ONLY**

*** Hollywood Bowl trips leave from and return to the Torrance Transit Center.

TCHAIKOVSKY AND FIREWORKS Fri, July 31

Members \$64 Non-Members \$84
Troupe Vertigo brings acrobats, trapeze artists, and juggling to Tchaikovsky's "Swan Lake" and his "1812 Overture," accompanied by the USC Marching Band and amazing fireworks.

GUSTAVO DUDAMEL/ BEETHOVEN'S 9TH Thurs, August 20

Members \$64 Non-Members \$84
The evening begins with the world premiere of an orchestral piece by Michael Giacchino, composer of Disney's "Coco" and "Ratatouille." Dudamel's presentation of "Beethoven's 9th Symphony" depicts his belief in the life-changing power of music.

JOHN WILLIAMS: MAESTRO OF THE MOVIES Sun, Sept. 6

Members \$74 / Non-Members \$94
Selections from Williams' iconic scores "Star Wars," "Indiana Jones," "Jurassic Park," and more, accompanied by scenes from his best-loved films.

MULTI-DAY TOURS (\$)

NEW ORLEANS AND WESTERN CARIBBEAN CRUISE

Thurs, Dec 3–Sun, Dec 13

Inside cabin \$3,699
Outside window cabin \$3,999
Outside Balcony cabin \$4,299
\$300/pp deposit
Full payment by July 15

In New Orleans, spend three nights at the Wyndham in the French Quarter, and enjoy a city tour and an airboat tour of the bayous.

Cruise includes seven nights on the Norwegian Breakaway to visit the tropical destinations of Cozumel, the Roatan Bay Islands, and Harvest Caye Belize. Also, free drink package, cabin gratuities, meals, and specialty dining.

NEW YORK CHRISTMAS Mon, Dec 7–Fri, Dec 11

\$3,999 pp double, \$4,899 single
\$200 pp deposit
Includes round-trip airfare

Four nights at a Times Square hotel. See the Rockettes Christmas Show. Visit the Metropolitan Museum of Art, Rockefeller Center, and stroll along Times Square with its lavish holiday decorations.

HEARST CASTLE AT CHRISTMAS

Sun, Dec 13–Tues Dec 15





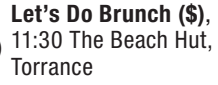
\$799 pp double, \$999 single
\$200 pp deposit

Immerse yourself in the holidays with the enchanting Holiday Twilight Tour at Hearst Castle and the German-themed Cambria Christmas Market. Visit Santa Barbara and Solvang. Two nights at the Embassy Suites in San Luis Obispo.

FOR TRIP DETAILS, call (310) 377-3003. Leave your name, phone, and the trip that interests you.

CANCELLATION POLICY. If you cancel, we offer your space to those on our waiting list. When your space is sold, your cost will be refunded less a \$15 processing fee. Otherwise, no refund can be made.

Peninsula Seniors Calendar For July 2026

MON	TUE	WED	THUR	FRI
ABBREVIATIONS \$=Cost to attend activity PVL=Pen Center Library HP=Hesse Park PVLPD=Pen Center Library top parking deck LUB+B=Level Up Bowl + Bistro, Promenade #127 SFC=Scriba Family Center Unless otherwise noted, activities and events are in the Scriba Family Center (SFC)		1 PV Walkers, 8:45, PVLPD Bohannon Lecture: "Rolling Hills Estates Update" 10:15 coffee, 10:30 lecture Happy 250th Birthday America cake-cutting celebration, 11:30  Mahjong , 1, HP	2 Ping-Pong, 9–11 Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Craft & Chat , 1–3:30 Intermediate Modern Line Dance , 3:30	3 OFFICE CLOSED FRI. & 4TH OF JULY WEEKEND 4 Happy 250th Birthday, America!  
6 Mahjong, 10–12 Meet & Greet , 10–12 Conversational French , 12:30–1:30 Rummikub , 1–3 Conversational Spanish , 2–3 90+ Club , 3–4 Bowling (\$) , 3–5, LUB+B Intermediate Modern Line Dance , 3:30	7 Ping-Pong, 9–11 Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Conversational Italian , 1:15–2:45 Conversational Japanese , 1:15–2:45 Writers' Group , 1:30 Ukulele , 3–4	8 PV Walkers, 8:45, PVLPD Bohannon Lecture: "Lundquist Institute Biomedical Innovation" 10:15 coffee, 10:30 lecture Mahjong , 1, HP Music Appreciation , 3–4	9 Ping-Pong, 9–11 Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Craft & Chat , 1–3:30 Intermediate Modern Line Dance , 3:30	10 Ping-Pong, 9–12 American Mahjong , 10–noon Movie: "Song Sung Blue," 12:30 Trivia , 1–2:30 Social Bridge , 1–3:30
13 Mahjong, 10–12 Meet & Greet , 10–12 Conversational French , 12:30–1:30 Rummikub , 1–3 Conversational Spanish , 2–3 90+ Club , 3–4 Bowling (\$) , 3–5, LUB+B Intermediate Modern Line Dance , 3:30	14 Ping-Pong, 9–11 Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Conversational Italian , 1:15–2:45 Conversational Japanese , 1:15–2:45 Writers' Group , 1:30 UKULELE SUMMER SING-ALONG PARTY , 3–4	15 PV Walkers, 8:45, PVLPD Bohannon Lecture: "America's Heroes, Famous and Flawed" 10:15 coffee, 10:30 lecture Mahjong , 1, HP NO MUSIC APPRECIATION TODAY	16 Ping-Pong, 9–11 Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Craft & Chat , 1–3:30 Intermediate Modern Line Dance , 3:30	17 Ping-Pong, 9–12 American Mahjong , 10–12 Let's Do Lunch (\$) : 11:30 El Pollo Inka, RHE BINGO! (\$) 1–2:30 (12:45 check-in) Social Bridge , 1–3:30 19 ICE CREAM SOCIAL  (Sun) 2–4
20 Mahjong, 10–12 Meet & Greet , 10–12 Conversational French , 12:30–1:30 Rummikub , 1–3 Conversational Spanish , 2–3 90+ Club , 3–4 Bowling (\$) , 3–5, LUB+B Intermediate Modern Line Dance , 3:30	21 Ping-Pong, 9–11 Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Conversational Italian , 1:15–2:45 Conversational Japanese , 1:15–2:45 Writers' Group , 1:30 Ukulele , 3–4	22 PV Walkers, 8:45, PVLPD Bohannon Lecture: "The Pop Art Movement" 10:15 coffee, 10:30 lecture Mahjong , 1, HP Music Appreciation , 3–4	23 Ping-Pong, 9–11 Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Craft & Chat , 1–3:30 Intermediate Modern Line Dance , 3:30	24 Ping-Pong, 9–12 American Mahjong , 10–noon Social Bridge , 1–3:30 New Member Orientation , 2–3 26 Let's Do Brunch (\$) ,  (Sun) 11:30 The Beach Hut, Torrance
27 Mahjong, 10–12 Meet & Greet , 10–12 Conversational French , 12:30–1:30 Rummikub , 1–3 Conversational Spanish , 2–3 90+ Club , 3–4 Bowling (\$) , 3–5, LUB+B Intermediate Modern Line Dance , 3:30	28 Ping-Pong, 9–11 Tues. Book Club , 10:30, PVL Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Conversational Italian , 1:15–2:45 Conversational Japanese , 1:15–2:45 Writers' Group , 1:30 Ukulele , 3–4	29 PV Walkers, 8:45, PVLPD Bohannon Lecture: "AI in Healthcare" 10:15 coffee, 10:30 lecture Mahjong , 1, HP Music Appreciation , 3–4	30 Ping-Pong, 9–11 Fitness Fun (\$) , 11 Fitness Fun (\$) , 12 Craft & Chat , 1–3:30 Intermediate Modern Line Dance , 3:30	31 Ping-Pong, 9–12 American Mahjong , 10–noon Social Bridge , 1–3:30

Peninsula Seniors
**Leave a
Lasting Legacy**

Activities for Peninsula Seniors

(\$) indicates an additional cost to participate

Bequests Are For Everyone

BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

SAMPLE LANGUAGE

I give/bequeath the sum of (\$ _____) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

FOR MORE INFORMATION CALL

Margie Beierschmitt
Executive Director
(310) 377-3003

AVAILABLE TO THE COMMUNITY

BOHANNON LECTURES

Wednesdays at Scriba Family Center

10:15 coffee / 10:30–11:30 lectures

July 1: Rolling Hills Estates Update. Frank Zerunyan, the five-term mayor of Rolling Hills Estates, will present an update on city issues and activities. He'll cut the birthday cake for our patriotic **Happy 250th Birthday America Cake Party** at 11:30am. Have a slice, enjoy music by our Strum & Sing ukulele group. Wear your red, white, and blue to celebrate.

July 8: Lundquist Institute Biomedical Innovation. Lundquist President and CEO Dr. Joe Ramos, an internationally recognized cancer expert, discusses the Institute's work to translate scientific discoveries into innovations that enhance human health and benefit our community and the world.

July 15: America's Heroes, Famous and Flawed. Storyteller Ellen Mintz, a retired librarian, will talk about the American mythology surrounding history's heroes who have led and inspired us for centuries and why we celebrate these famed individuals.

July 22: The Pop Art Movement. Members Ann and Lee Strong discuss the Pop Art movement that emerged in the U.K. and U.S. during the mid-to-late 1950s. The movement presented imagery from popular and mass culture, such as advertising, comic books, and mass-produced objects. Prominent pop artists include Andy Warhol, Claes Oldenburg, and David Hockney.

July 29: Omniflore President Leslie Criswell will discuss how AI is transforming the field of medicine for scientific advancement, practitioners, patients, and the pharmaceutical industry.

For details, call Program Coordinator Renée Reymond, at (310) 377-3003.

MEET & GREET, Mon, 10 am–noon, SFC

Have coffee, make friends, chat, exchange ideas.

PV WALKERS, Wed, 8:45 am

688 Deep Valley Drive, RHE, Top parking deck at the main library. In collaboration with Providence Little Company of Mary Medical Center and the Palos Verdes Library District.

LET'S DO LUNCH (\$), Fri, July 17, 11:30am
El Pollo Inka, in Peninsula Shopping Center. \$25 cash.
Select menu. MUST RSVP to (310) 377-3003.

LET'S DO SUNDAY BRUNCH (\$)
Sun, July 26, 11:30, The Beach Hut, 4322 Pacific
Coast Hwy, Torrance. Cash; small bills, please.
Call (310) 377-3003 for a reservation.

FOR MEMBERS ONLY

MAHJONG

Mon, 10 am, SFC / Wed, 1 pm, Hesse Park

RUMMIKUB, Mon, 1–3 pm, SFC

A tile-based game for two to four players with simple
rules and free-flowing fun for everyone.

THE 90+ CLUB, Mon, 3–4 pm, SFC

Members 90 years old + are welcome.

BOWLING (\$)

Mon, 3–5 pm, Level Up Bowl + Bistro

Sign up at (310) 377-3003.

PING-PONG

Tu & Th, 9–11 am, SFC / Fri, 9–noon, SFC

Come play with us! All skill levels are welcome.

TUESDAY BOOK CLUB

Tues, July 28, 10:30 am, PVL

New members are welcome. Call (310) 377-3003.

FITNESS FUN (\$)

Tu & Th, 11 am, SFC / Tu & Th, Noon, SFC

Gently sculpt and strengthen your body. All fitness
levels. \$90 for 3 months.

WRITERS' GROUP, Tu, 1:30, SFC

Endless opportunities for self-expression. Join us,
and *let's write together!* RSVP to (310) 377-3003.

UKULELE STRUM & SING, Tu, SFC, 3–4 pm

Just bring your ukulele, and we'll strum and sing
together. All levels welcome. For info: (310) 377-3003.

MUSIC APPRECIATION

Wed, 3–4 pm, SFC or Zoom

This month, we'll conclude our series on American
Traditional Music and begin our final series on the
History of Rock and Roll, discussing and sampling
music from the mid-1960s. There will be **NO** Music
Appreciation lecture on July 15. —Activities continues



save the date for an Olde-Fashioned

Ice Cream Social

Mark your calendars
and plan to attend our

Fifth Annual Olde-Fashioned Ice Cream Social

Sunday, July 19
2–4 pm

Scriba Family Center

Socialize with friends,
be entertained by a barbershop
quartet, and enjoy a homemade
ice cream sundae.

\$10/sundae, cash at the door

MUST RSVP by Tuesday, July 14
to (310) 377-3003

SPONSORED BY



MERRILL
GARDENS
SENIOR LIVING



—Activities continue

CRAFT AND CHAT, Th, 1–3:30 pm, SFC

Work on your craft while socializing with friends.
New members welcome!

AMERICAN MAHJONG, Fri, 10–12, SFC

Must have the “Official Standard Hands and Rules.”

BINGO! (\$) First and 3rd Fridays, SFC

Fri, July 3, OFFICE CLOSED. NO BINGO TODAY.

Fri, July 17, 1–2:30 pm (12:45 check-in)

\$2/card. Cash prizes!

MOVIE TIME, Fri, July 10, 12:30 pm, SFC

“Song Sung Blue.” A bio musical drama starring Hugh Jackman and Kate Hudson. A struggling musician and a part-time performer form a Neil Diamond tribute act as success, marriage, and tragedy test their bond. 2025 (2hr 13min) PG-13

TRIVIA! Fri, July 10, 1–2:30 pm, SFC

Do you like interesting discussions in a fun, friendly atmosphere, while testing your general knowledge at the same time? Then join our trivia group!

SOCIAL BRIDGE, Fri, 1–3:30 pm, SFC

All skill levels are welcome.

NEW MEMBER ORIENTATION

Fri, July 24, 2–3 pm, SFC

Join Margie to learn about Peninsula Seniors, our activities, programs, and travel adventures, and get connected to stay connected! RSVP to (310) 377-3003.

**CONVERSATIONAL
FOREIGN LANGUAGES**

Practice speaking a foreign language in a friendly, social setting.

CONVERSATIONAL FRENCH (BASIC)

Mon, 12:30–1:30 pm, SFC

CONVERSATIONAL SPANISH

Mon, 2–3 pm, SFC

CONVERSATIONAL ITALIAN

Tu, 1:15–2:45, SFC

Talk about Italian food, music, movies, and more.

CONVERSATIONAL JAPANESE

Tu, 1:15–2:45 pm, SFC

Occasional discussions about Japanese culture.

Join us for birthday cake, Wednesday, July 1 at 11:30. Mayor Zerunyan will be cutting the cake

★★★ to celebrate America's 250th! ★★★



Peninsula Seniors

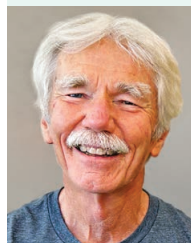
**Ukulele Strum & Sing
Summer Sing-Along**

Tuesday, July 14, at 3 p.m.
Scriba Family Center

Come join our ukulele players and sing along to classic songs you know and love.
Lyrics provided.

The poster features a light green background with illustrations of four ukuleles in blue, purple, green, and yellow. It is decorated with tropical flowers like hibiscus and palm leaves. The Peninsula Seniors logo is at the top.

**Behind the Scenes
at the Scriba Family Center!**



Steve Thacker

Say hello to member Steve Thacker, an active volunteer. You'll see Steve at the PV Walkers on Wednesday mornings and at the Bohannon Lecture series. He is a prominent member of our weekly Ukulele Strum & Sing group. Not only does Steve strum and sing, but he also provides instruction to other members of the ukulele group. We love Steve's musical talents and appreciate his volunteerism!



Our Volunteers *make us smile!*



Peninsula Seniors volunteers fill many roles.

1. Jeff and Amy Romanelli, holding down the fort at our Street Fair booth.
2. Debra Bein is the volunteer moderator for our 90+ Club.
3. Volunteers Sheila Lawton, left, and Elena Bates decorated our "250th Birthday America" tree.
4. From the left, Becky Clark, president of Peninsula Seniors' Board of Directors, Board Member Emily Colville, and her husband, Colin.
5. Volunteer Grace White leads our ukulele strummers.
6. On the left, Renée Raymond, Peninsula Seniors' program coordinator and Connections contributing author, with Margaret Benson.



**DATED MATERIAL.
PLEASE DELIVER BEFORE JULY 1**

ADDRESS LABEL MUST BE LEVEL INSIDE THIS BOX

You May be Just a Conversation Away from New Friends and Travel Companions



In Norway: Nick and Tita Schermerhorn, Tess Schell, Annamarie Ellington.

—by Tita Schermerhorn

My husband, Nick, and I never imagined that participating in Peninsula Seniors’ Italian Conversation class would lead to one of the most unforgettable adventures of our lives.

It all started over lunch one day when Nick and I talked about our new friends, Tess Schell and Annamarie Ellington, whom we met at Peninsula Seniors’ in the Tuesday afternoon Italian Conversation class. They were heading to Scandinavia, and we decided to ask if we could join them. When we did, to our delight, they said yes! None of us worried about getting along; we

embraced the adventure and trusted it would be a great experience. And it definitely was!

Our two-week tour in May was filled with laughter, discovery, and friendship. Every day brought something new, from breathtaking fjords to charming cobblestone streets. But my favorite was visiting Odense, Denmark, the birthplace of Hans Christian Andersen. Having read hundreds of his fairy tales as a child, I found stepping into his home and exploring the museums was like walking through the pages of my favorite stories.

One of the most surprising lessons we learned? In Norway, you can experience all four seasons in a single day! Sun, rain, snow, and sunshine, all in 24 hours, kept us on our toes and added to the thrill of the journey.

Thanks to Peninsula Seniors and their incredible range of classes, programs, and events, especially the Italian Conversation group, we found not only new skills but also lifelong friends, travel enthusiasts, and memories to cherish. If you’re looking for the same, Peninsula Seniors is the place to be. Your next unforgettable adventure might be just a conversation away!