

A newsletter of activities, travel and tours, events, and valuable information for Peninsula Seniors



PENINSULA SENIORS

Connections

make life fun!

Growing our Senior Community During Membership March

Our membership is the beating heart of Peninsula Seniors and the Scriba Family Center. We are united by friendship, camaraderie, care, and community.

Everything we do is designed with our senior members in mind. Your participation brings our programs and activities to life. Our recent Pre-Super Bowl Hot Dog Party came to life with laughter, conversation, sharing a meal, meeting new friends, and trying something new. It wasn't about hot dogs or football; it was about getting together, interacting, and sharing happy moments.

Wouldn't it be wonderful to share these experiences with more seniors? We invite you to help us grow more than ever this year. We can do better. The more members we have, the wider our reach and the greater our presence in the community.

Talk to your friends and neighbors about joining Peninsula Seniors. Invite them to an event, or just stop in for a cup of coffee.

If you refer a new member in March, you both receive a 13th month free on your 12-month membership.

Make this the year you upgrade your membership to a Silver, Gold, Platinum, or Diamond Lifetime level. Your generous support will help us reach more seniors, expand our programs, increase our visibility in the community, and touch more lives. *Membership isn't just a card; it's essential for seniors.*

Pictured above: From the left are Pat Brewster, Helene Reid, Sherry Faust, and Kimi Miwa, who took advantage of Peninsula Seniors Hot Deals membership benefit to celebrate Pat's 90th birthday at Terranea's California Kitchen.

PENINSULA SENIORS MISSION AND VISION

Our mission is to provide a wide range of activities and services to seniors of all ages living on the Palos Verdes Peninsula and surrounding areas. Peninsula Seniors fosters a sense of community and belonging and encourages continuing engagements that promote physical and mental well-being while combating loneliness and isolation.

Our vision is to sustainably expand opportunities for Peninsula Seniors to enhance its ability to improve the overall quality of life and sense of purpose for local seniors while promoting independence and social connection to a growing member base.

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HONORARY LIFE MEMBERS

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Ralph* & Loraine*

Scriba

Ann Shaw

Elly* & Robert* Visser

* = deceased member

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Margie Beierschmitt

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CONNECTIONS NEWSLETTER

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STAY CONNECTED

 facebook.com/pvseniors

 [X.com/PenSeniors](https://x.com/PenSeniors) (formerly Twitter)

 instagram.com/peninsulaseniors/

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The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



Minute With Margie

At Peninsula Seniors, our members are the reason we exist.

It is that time of year: MARCH forward to encourage, or even sponsor, your family, friends, and neighbors to join Peninsula Seniors! When you refer a new member who joins in March, you'll both receive one free month on your 1-year membership.

All members receive our monthly newsletter, Connections, and are invited to participate in activities at the beautiful Scriba Family Center.

Our membership goal this year is not only to increase the number of memberships but also to increase the number of upgraded memberships. This will increase our income for the year. I hope you will consider upgrading your annual membership level to support Peninsula Seniors.

Our calendar is packed with an impressive array of innovative activities for every interest. If you missed our recent Tailgate party, you missed a great time. We are always looking for new ideas, so let us know how we can help make your life more fun.

Even though our name is Peninsula Seniors, we have members from all over the South Bay and beyond, across every age range. Please take a moment to share Peninsula Seniors with a friend during Membership March!

Make life fun with a friend!

With Gratitude,

Margie Beierschmitt, Executive Director

"Community is much more than belonging to something; it's about doing something together that makes belonging matter."

— Brian Solis

Membership News

for Peninsula Seniors



Scan the QR code to discover six compelling reasons to join or renew your Peninsula Seniors' membership.

Current Membership: 1,187

New and Returning Members

WE WELCOME THESE NEW MEMBERS who joined us in January.

Audrey Asher	Anita Hayes	Janey Ou
Simi Bedi	Diane Hazeyama & Daniel Kim	Sheila Papayans
Sally Block	Juris & Laura Kauls	Shiela Patel
George and Marilyn Camisa	Jan Kelly	Ralph & Kelly Pickett
Michelle Chang & Andy Strodtbeck	Richard & Carolyn Koda	Linda Pierce
Dibe Cherfane	Judy Krehbiel & Jeff Henry	Patricia Rice
Helene Chirinian	Joseph & Mimi Lau	Isolde Roessler
Jill Cloud	Jane Leone	Beverly Scott
Randy & Kathie Gaston	Colleen McDermott	Robert Stearns
Jeff Guenther	Daniel McMahon	Gail Steckler
Maria Elena Haase	Edward Miyashiro	Patti Sterk
		Richard Wang
		Trish Winchester

THANK YOU to those who renewed their membership in January.

Lynn Boyd	Karen Marcus & Art Friedman	Roger & Judy Shoemaker
Jan Brandmeyer	Randa Marin	Nancie Silver
Winton Combs	Kay Meng	Louis Smolensky & Gertrude Carter-Smolensky
Heather Davis	David & Susan Miller	Herbert Stark
Jesus & Mary Gamboa	Valerie Mobbs	Carole Stevenson
Doris Granata	Hannchen Niizuma	Patricia Stewart
George & Jane Iwanaga	Jim Olds	Anil Trivedi
Howard and Mary Kay	Julia Parton	Susan Von Nordenflycht
Doug Kendle	Anne Pepys	Gene Wagner & Judy King Wagner
Cassie Kwoh	Nick & Tita Schermerhorn	
Hilda Landaeta	Suzanne Scott	
Robert & Vicky Landis		
Caryl Lange		

Membership Honor Roll

GOLD (\$400/yr)
Anonymous

SILVER (\$250/yr)

Mary Alley
George & Marilyn Camisa
John & Yuki Kuno
Harry & Ginny Schmeichel

Above & Beyond

Thanks to those who made gifts to Peninsula Seniors' operations in January.

\$1,000–\$1,499

Keiko Griswold

\$250–\$499

Jackson Pharris

HOT DEALS

for Peninsula Seniors



Show your personalized Peninsula Seniors membership card to receive a Hot Deal. For offer details, pick up a flyer at the Scriba Family Center, visit pvseniors.org/hot-deals/, scan the adjacent QR code that will take you to our Hot Deals web page, or call the merchants. (As of 2/17/26. Offers subject to change without notice. More Hot Deals coming soon!)

Alltech of Lomita, Inc.

(310) 539-2260 10% off notebook and computer repair.

Caring Angels Home Care

609 Deep Valley Dr., RHE (310) 801-7370
First 4-hour shift free; 15% off services.

Chado Tea Room (424) 757-5222

1303 El Prado Ave., Torrance 15% off.

CMS Design Portraiture

(310) 373-5450. Free sitting (\$150 value).
10% off orders.

Courtesy Cleaners (310) 541-7081

10% off dry cleaning over \$10.

Crème de la Crêpe (310) 541-0001

10% discount.

Digital Smiles Dentistry **NEW!**

(213) 786-5823. 550 Deep Valley Dr. #347, RHE. Free basic cleaning, exam, and x-rays for new patients. 10% off on any treatment.

Dragonfly Thai (310) 265-8424

10% off all purchases.

DropOut Cyclery (424) 488-2099

10% off first bicycle purchase. 15% off repairs, parts, labor.

Duran Reed Realtors®

(310) 519-7670 ClaraDuranReed.com
Zero \$ escrow fee for buyers or sellers.

El Pollo Inka (310) 377-3477

15% discount off any item. Free b'day meal w/purchase of another. Dine-in only.

Elegance Automotive Restoration

(626) 420-4442. Discount on detailing cars, SUVs, trucks.

Floral 101 in Lomita. (424) 251-2330

15% off arrangements; free delivery within 6-miles of shop on purchases of \$70+.

Fred Astaire Dance Studios

(310) 316-5800 15% off Beginners Pkg.

Fuego Cravings (310) 377-0672

20% off any dine-in or carry-out order.

Game Chest (310) 377-1193

15% off. Not valid w/other discounts.

gingi.com 15% off select items w/code

PVSENIORS on gingi.com and events.

Giorgio's (310) 541-2600. One tiramisu

dessert per table at lunchtime.

Golden Cove Pharmacy

(310) 750-6082. 10%–15% off.

*Restrictions may apply.

Golden Scoop Gelato (424) 327-2888.

10% off gelato (except quarts) on Tues.

The Grand Emporium

(310) 514-8429 25% off any purchase.

Hillside Auto Repair (310) 373-7676

10% off parts and labor on service up to \$250. Free car wash with service.

Kabab Curry of India

(310) 539-0171 Free drink or 20% off lunch buffet. \$5 corkage waived.

Kelly's Korner (310) 541-2234 Free

cookie or chips with sandwich purchase.

Kim's BBQ (310) 750-6161

10% off Mon–Thurs.

Joey Komada, Licensed

Acupuncturist & Herbalist

(310) 617-6354 15% off first treatment; 10% off others.

Lunada Market & Deli

(424) 206-2880 10% off on Tuesdays.

Massage Smith LLC (562) 528-0558

20% off products and services.

Melissa's Jewelry & Repair **NEW!**

(424) 263-5874. 1958 PCH, Lomita. 15% off repairs & purchases Weds. and Thurs.

Nantucket Crossing (310) 377-7201

10% off selected items on Tuesdays.

Oil Stop (310) 373-6399 Drive-through

oil change: \$15 off. Coupon code PS602.

Outdoor Dog Photography

(310) 818-1764 10% discount on the Mini-Package, a \$265 value.

Peace Training With Michael

Peace, Medical Exercise Specialist

NEW! 3525 Lomita Blvd., #101

Torrance. (310) 294-4679. First session complimentary. 25% discount on any 4-pack of sessions (30–45 minutes).

Peninsula Physical Therapy

(310) 544-6264 \$75/hr for physical assessment. \$100/mo wellness pgm.

Power Rooter & Plumbing Inc.

prpcustomerservice@gmail.com

(310) 618-9107 15% off labor.

PV Coin Exchange (310) 750-6951

Turn coins into cash/ No transaction fee.

Rosas La Cabana Mexican

Restaurant 24403 Hawthorne Blvd., Torrance. (310) 375-9133. 15% off.

SAGA Made in Italy (562) 336-0216

15% discount on SAGA Made in Italy; 10% discount on others.

**HOT DEALS
HOT TIP:**

Keep your membership card and Hot Deals list in your car.

- Salon Vivace** (310) 370-7007
20% off consultation, cut, shampoo, and style with select stylists.
- Sepi Lackpour, Ph.D., L.Ac.**
Acupuncture & Herbal Holistic Care (310) 265-9588 15% off first treatment; 10% off subsequent treatments.
- South Bay Hearing** (310) 375-6161
Clean and check hearing aids: FREE. \$250 off new pair of AGX 5, 7, or 9 devices.
- Still Got It Fitness** (310) 294-1104
25% off first month any membership; 10% off all subsequent months.
- Terranea Resort, Catalina Kitchen** (844) 242-0967 Offer #1: Buy one, get one free. Offer #2: Complimentary entrée on your birthday. Excludes alcohol; includes free valet parking. Valid M–Th., excl. holidays. Offer subject to change.
- The Little Oliva** (310) 833-1313
10% off Mon, Wed, and Thurs.
- The Sports Complex** (310) 377-3226. Golf Simulator: 50% off the first visit; 25% off thereafter.
- Truelement Massage** (424) 235-8785. 20% off every visit.
- Truxton's** (310) 373-8790
15% off 3–5 pm; 10% off other times.
- Vee Wesson Design Visions** (310) 213-4055 Free 2 hr initial home design consult. 5% off one room design.
- Village Shoe Repair** (310) 541-9410
898 Silver Spur, RHE 10% off repairs.
- What's Cookin' Cookware & Gifts** (310) 704-6667 15% off.
- Woof Gang Bakery & Grooming** (310) 873-3120 1886½ S. PCH., RB. \$20 off 1st dog groom; 15% discount on products.

RETIREMENT PLANNING



Learn about retirement income planning by understanding how withdrawals and required distributions work, while exploring tax considerations, Medicare premiums (including IRMAA), and how income decisions may align with long-term goals and legacy planning.

Download our essential guide



Event is on
TAX DAY

Peninsula Seniors

Wednesday, April 15 • 10:15am–11:30am



Contact **Sachin Maheshwari**,
CFP®, B.Eng., MBA for more details:

310-961-2406
smaheshwari@epwealth.com



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CALL NOW!
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Day Coach Trips and Multi-Day Tours

make life fun!

DAY TRIPS (\$)

ST. PATRICK'S CELEBRATION

Mon, March 16

Members \$189

Non-Members \$199

Tamora School of Irish Dance brings everything from beautiful Celtic music to contemporary sing-alongs. The Irish singers, dancers, and instrumentalists are sure to delight. Waiter-served three-course meal with wine. Entrée choices: corned beef and cabbage, chicken, vegetarian pasta, or vegan tartare.

LA OPERA! Sun, May 10 Matinee

Giuseppe Verdi's "Falstaff."

Details in our April newsletter.



MULTI-DAY TRIPS (\$)

NEW MEXICO: SANTA FE, ALBUQUERQUE, TAOS

Sun, April 26–Th, April 30

\$2,699/pp double

\$3,299/pp single

\$200/pp deposit

Final payment due March 15

Visit Old Town Albuquerque, the Indian Pueblo Cultural Center, Taos Pueblo, the International Balloon Museum, Chimayo Village, and the Georgia O'Keeffe Museum. Become immersed in the amazing history and native traditions of New Mexico.

YOSEMITE NATIONAL PARK

Mon, May 11–Wed May 13

\$899/pp double \$1,199/pp single

\$200/pp deposit

Final payment due Mon, March 30

Enjoy the day in Yosemite, including a two-hour valley floor tour. Two nights at Chukchansi Gold resort Casino. View Central California on Amtrak from Fresno to Bakersfield.

MACKINAC ISLAND & NIAGARA FALLS

Wed, June 3–Wed, June 10

\$4,199pp double \$5,199 single

\$400pp deposit

Final payment due Fri., Feb 27

Valid U.S. passport required.

Three nights at the Grand Hotel on Mackinac Island. Enjoy an elegant dinner at the hotel and a carriage ride tour of the island. Tour the Bavarian-style town of Frankenmuth, and visit the Ford Factory and Village, plus the Henry Ford Museum. Your day at Niagara Falls includes a tour behind the Falls, a visit to Niagara-on-the-Lake, the legendary boat tour, and a whitewater walk.

FOR TRIP DETAILS, call (310) 377-3003. Leave your name, phone, and the trip that interests you.

CANCELLATION POLICY.

If you cancel, we offer your space to those on our waiting list. When your space is sold, your cost will be refunded less a \$15 processing fee. Otherwise, no refund can be made.



Peninsula Seniors

Calendar For March 2026

MON	TUE	WED	THUR	FRI
<p>2 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Intermediate Modern Line Dance, 3:30</p>	<p>3 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1 Conversational Japanese, 1:15–2:45 Writers' Group, 1:30 Ukulele, 3–4</p>	<p>4 PV Walkers, 8:45, PVLDP Bohannon Lecture: "Flying Through History" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4</p>	<p>5 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30</p>	<p>6 Ping-Pong, 9–12 American Mahjong, 10–noon BINGO! (\$) 1–2:30 (12:45 check-in) Bridge, 1–3:30</p>
<p>9 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Intermediate Modern Line Dance, 3:30</p>	<p>10 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1 Conversational Japanese, 1:15–2:45 Writers' Group, 1:30 Ukulele, 3–4 Tech Talks, 4–5</p>	<p>11 PV Walkers, 8:45, PVLDP Bohannon Lecture: "Friends of the Point Vicente Lighthouse" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4</p>	<p>12 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30</p>	<p>13 Ping-Pong, 9–12 American Mahjong, 10–noon Movie Time: "Night at the Museum," 12:30 Trivia, 1–2:30 Bridge, 1–3:30</p>
<p>16 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Intermediate Modern Line Dance, 3:30</p>	<p>17 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1 Conversational Japanese, 1:15–2:45 Writers' Group, 1:30 Ukulele, 3–4</p>	<p>18 PV Walkers, 8:45, PVLDP Bohannon Lecture: "The International Printing Museum" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4</p>	<p>19 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30</p>	<p>20 Ping-Pong, 9–12 American Mahjong, 10–12 Let's Do Lunch (\$) 11:30 Giorgio's, RHE BINGO! (\$) 1–2:30 (12:45 check-in) Bridge, 1–3:30</p> <hr/> <p>22 Let's Do Brunch (\$), 11:30, Gaetanos, 2731 PCH, Torrance</p>
<p>23 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Intermediate Modern Line Dance, 3:30</p>	<p>24 Ping-Pong, 9–11 Tuesday Book Club, 10:30, PVL Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1 Conversational Japanese, 1:15–2:45 Writers' Group, 1:30 Ukulele, 3–4</p>	<p>25 PV Walkers, 8:45, PVLDP Bohannon Lecture: "Bob Dylan and the Nobel Prize" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4</p>	<p>26 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30</p>	<p>27 Ping-Pong, 9–12 American Mahjong, 10–noon New Member Orientation, 2–3 Bridge, 1–3:30</p>
<p>30 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Intermediate Modern Line Dance, 3:30</p>	<p>31 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1 Conversational Japanese, 1:15–2:45 Writers' Group, 1:30 Ukulele, 3–4</p>	<p>Activities and events are in the Scriba Family Center (SFC) unless otherwise noted.</p>	<p>ABBREVIATIONS</p> <p>\$=Cost to attend an activity HP=Hesse Park PVL=Pen Center Library</p> <p>PVLDP=Pen Center Library top parking deck SFC=Scriba Family Center</p>	

Peninsula Seniors
**Leave a
Lasting Legacy**

Activities for Peninsula Seniors

(\$) indicates an additional cost to participate

Bequests Are For Everyone

BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

SAMPLE LANGUAGE

I give/bequeath the sum of (\$ _____) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

FOR MORE INFORMATION CALL

Margie Beierschmitt
Executive Director
(310) 377-3003

AVAILABLE TO THE COMMUNITY

BOHANNON LECTURES

Wednesdays at Scriba Family Center

10:15 coffee / 10:30–11:30 lectures

March 4: “Flying Through History.” Marva Thomas, a Long Beach volunteer and Airport Advisory Commissioner, will explore the rich history of Long Beach Airport, from the early days of aviation when the beach served as the airstrip, through its role in war years, to its current preparations for the 2028 Olympics.

March 11: “Friends of the Point Vicente Lighthouse.” Financial officer of the Friends of the Point Vicente Lighthouse, Catherine Sincich, details the lighthouse's history, noting that it is celebrating its 100th anniversary this year. She discusses efforts to work with the U.S. Coast Guard on the much-needed restoration of this coastal landmark.

March 18: “The International Printing Museum.” Mark Barbour, executive director and curator of the International Printing Museum in Carson, will discuss the museum's mission to teach the history of printing and books and how innovations in printing helped shape the modern world.

March 25: “Bob Dylan and the Nobel Prize.” Members Ann and Lee Strong tell the controversial story of how singer-songwriter Bob Dylan won a Pulitzer Prize (2008) and a Nobel Prize (2016) for literature, not music. Various officials will explain the reasoning behind the prestigious awards and sample some of the lyrics Dylan wrote.

For details, call Program Coordinator Renée Reymond, at (310) 377-3003.

MEET & GREET, Mon, 10 am–noon, SFC

Have coffee, make friends, chat, exchange ideas.

PV WALKERS, Wed, 8:45 am

688 Deep Valley Drive, RHE, Top parking deck at the main library.

In collaboration with Providence Little Company of Mary Medical Center and the Palos Verdes Library District.

LET'S DO LUNCH (\$), Fri, March 20, 11:30am
Giorgio's, in RHE. \$25/pp. Seating limited to the first
20 who RSVP. Select your entrée (chicken parmesan,
club sandwich, salmon, or spaghetti and meatballs)
when calling (310) 377-3003 to reserve your place.

LET'S DO SUNDAY BRUNCH (\$)

Sun, March 22, 11:30, Gaetanos. 2731 Pacific
Coast Highway, Torrance. *CASH in small bills, please.*
Call (310) 377-3003 to reserve.

FOR MEMBERS ONLY

MAHJONG

Mon, 10 am, SFC / Wed, 1 pm, Hesse Park

RUMMIKUB, Mon, 1–3 pm, SFC

A tile-based game for two to four players with simple
rules and free-flowing fun for everyone.

THE 90+ CLUB, Mon, 3–4 pm, SFC

Members 90 years old + are welcome.

PING-PONG

Tu & Th, 9–11 am, SFC / Fri, 9–noon, SFC

Come play with us! All skill levels are welcome.

TUESDAY BOOK CLUB

Tues, March 24 10:30 am, PVL

New members are welcome. Call (310) 377-3003.

FITNESS FUN (\$)

Tu & Th, 11 am, SFC / Tu & Th, Noon, SFC

Gently sculpt and strengthen your body. All fitness
levels. \$90 for 3 months.

WRITERS' GROUP, Tu, 1:30, SFC

Endless opportunities for self-expression. Join us,
and *let's write together!* RSVP to (310) 377-3003.

TECH TALKS, Tu, March 10, 4–5 pm, SFC

Two sessions: 4–4:30 and 4:30–5

Go one-on-one with high school students to get all
your phone and computer tech questions answered.
Bring your devices. RSVP to (310) 377-3003.

UKULELE STRUM & SING, Tues, SFC, 3–4 pm

Just bring your ukulele, and we'll strum and sing
together. All levels welcome. For information, call
(310) 377-3003.

MUSIC APPRECIATION

Wed, 3–4 pm, SFC or Zoom

This month, Ann and Lee Strong will present a series
on the Origin and History of Jazz, the quintessential
American music form. Discuss and sample music
from Ragtime at the turn of the 20th century, through
the Big Band era, to the "cool jazz" themes of
Henry Mancini in the late 1950s. Join for a fun and
interesting and sampling of this genre.

CRAFT AND CHAT, Th, 1–3:30 pm, SFC

Work on your craft while socializing with friends.

Let's Go Bowling!

Yes! Bowling is
making a **HUGE**
comeback, and we
have new lanes
right across the
street!



If interested in joining an afternoon league, call
the front desk at (310) 377-3003.

AMERICAN MAHJONG, Fri, 10–12, SFC

Must have the "Official Standard Hands and Rules."

BINGO! (\$) First and 3rd Fridays, SFC

Fri, March 6, 1–2:30 pm (12:45 check-in)

Fri, March 20, 1–2:30 pm (12:45 check-in)

\$2/card. Cash prizes!

MOVIE TIME

Fri, March 13, 12:30 pm, SFC

"Night at the Museum" Chaos reigns at the Museum
of Natural History when a security guard (Ben Stiller)
accidentally unleashes a legendary curse that brings
the exhibit to life. 2006 (1hr 48min) PG

—Activities continues

Thank you, Connections Advertisers



—Activities continue

TRIVIA! Fri, March 13, 1–2:30 pm, SFC

Do you like interesting discussions in a fun, friendly atmosphere, while testing your general knowledge at the same time? Then join our trivia group!

SOCIAL BRIDGE, Fri, 1–3:30 pm, SFC

All skill levels are welcome.

NEW MEMBER ORIENTATION

Fri, March 27, 2 pm, SFC

Join Margie for an informative session

to help you learn about Peninsula Seniors, our activities, programs, travel adventures, and get connected to stay connected! MUST RSVP to (310) 377-3003.

NEW IN 2026!

CONVERSATIONAL FOREIGN LANGUAGES

CONVERSATIONAL FRENCH, Mon, 12:30–1:30 pm, SFC

Practice basic French speaking skills in a friendly, social atmosphere.

CONVERSATIONAL SPANISH, Mon, 2–3 pm, SFC

Practice speaking Spanish in a friendly, social setting.

CONVERSATIONAL ITALIAN, Tu, 1–2 pm, SFC

Speak Italian in a fun, social setting. Talk about Italian food, music, movies, sightseeing, and more.

CONVERSATIONAL JAPANESE, Tu, 1:15–2:45 pm, SFC

Practice basic conversation in a social setting. Occasional discussions about Japanese culture.



Treva Forister

Behind the Scenes at the Scriba Family Center!

Meet another volunteer who's always willing to set up our rooms for activities throughout the week, Treva Forister. Not only is Treva a loyal volunteer, but she also takes full advantage of her membership in Peninsula Seniors by participating in a number of activities, including lectures, music appreciation, book club, and special events. Treva does a lot of work at the Scriba Family Center and makes her membership work for her, too.



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Programs and Events *make life fun!*



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Tailgate Hot Dog Party fun!

1. Patti Kitching and Dahlia Portnall
2. Ron and Linda Guilbert
3. Jerry and Nancy Rilling

Birthday girl.

4. We celebrated Harriet Elmajian's 90th birthday!

Rummikub. A popular weekly board game.

5. In front are Pat Kocsis, left, and Nancy Mactavish.

Spanish Conversation

6. Conversationalists from the left are, Mardi Tobias, Debra Lewis, and Teresa Lee.

Crafters create a Valentine tree.

6. From the left are Sheila Lawton, Margaret Benson, and Sieglinde Hale.

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Encourage Others to Join the Fun by Discovering Peninsula Seniors!



By Alice Lin

Since I became a member of Peninsula Seniors in October 2024, my experience has been nothing

short of enriching. Two of my favorite activities are the weekly ping-pong sessions at The Scriba Family Center and the engaging games of Mahjong at Hesse Park. These gatherings not only keep me active but also connect me with a wonderful group of people who share similar interests.

I often hear thanks from friends after introducing them to Peninsula Seniors. What drives me to share this place with

others is simple: I love sharing things that bring me joy. I genuinely believe that this vibrant community offers experiences that can greatly benefit anyone looking for connection and activity.

"By bringing along friends, we can foster an even greater sense of belonging and camaraderie within this remarkable organization."

When I invite potential new members, ping pong tends to be my go-to introduction. It's accessible and fun, making it easy for newcomers to dive right in.

When my friends first join me at Peninsula Seniors, they often

express surprise. They had no idea that such a fantastic organization existed! After experiencing the range of facilities and activities, they're usually impressed and curious to explore more.

I encourage fellow members to invite their friends to join Peninsula Seniors. This community is filled with opportunities for seniors to stay active, engaged, and connected. By bringing along friends, we can foster an even greater sense of belonging and camaraderie within this remarkable organization.

Join us, and discover the joy of being part of something special that can ***make life fun!***