

August 2023

A newsletter  
of activities,  
travel and  
tours, events,  
and valuable  
information  
for Peninsula  
Seniors



# PENINSULA SENIORS

# Connections

*make life fun!*

## Peninsula Seniors Makes Travel Possible!

**Enjoy travel opportunities the easy way** with one-day excursions or multi-day tours, thanks to Jo Anne Weber, Peninsula Seniors travel desk lead volunteer, pictured above. As we look to fall, the best travel season, she's crafted a variety of avenues for adventure, and the best part of our customized, small-group trips? "They're all planned out for you," she says. "No need to worry about the details. Just 'leave the driving to us.'"

Beautiful summer and fall weather brings endless travel opportunities for you to stay young in spirit, educate and

stimulate your mind, make friends, indulge in diverse cuisines, and experience faraway places, unique States of the Union, and cultures of the world.

**Who can forget the magical memories** of the "Christmas at Hearst Castle" trip? It's scheduled again this holiday season, December 17–19. Sign up with Jo Anne today for this enchanting, multi-day holiday fantasy.

For day-trippers, there's our ever-popular SoFi Stadium tour. It was such a hit last year that Jo Anne's planning to schedule it again in

early 2024. Members and guests can walk the stadium, see the VIP boxes, owner suites, and players locker rooms, and throw a pass and kick a field goal.

Nothing planned for New Years? Join Peninsula Seniors for the December 31 daytime excursion to Alhambra for the "Tribute to John Denver" performance and ring in 2024 on London time.

**Don't wait to create more unforgettable memories the easy way.** Tour and travel with Peninsula Seniors to *make life fun!*

## PENINSULA SENIORS MISSION AND VISION

Our mission is to offer activities and services that enhance and enrich the lives of senior adults on the Palos Verdes Peninsula and in the surrounding community.

Our vision is to provide opportunities for Peninsula Seniors to be the most active, educated, and healthy in California.

## BOARD OF DIRECTORS

### Officers

President: Linda Ralls  
Vice President: Vidya Kaushik  
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## STAY CONNECTED

 [facebook.com/pvseniors](https://facebook.com/pvseniors)

 [twitter.com/PenSeniors](https://twitter.com/PenSeniors)

 [instagram.com/](https://instagram.com/)

## DISCLAIMER

The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



photo by Meredith Whitney

# A Minute With Margie

## *Happy summer!*

Hopefully, you have been able to enjoy some of the wonderful opportunities that our incredible area has to offer us in the summertime. Not only are we surrounded by lovely natural beauty, but we also often get spectacular ocean views or views of the not-too-distant busy ports and city skylines. Soak in the magic of the wonderful South Bay and please, let me know your highlights.

Do you have some special skills you're willing to share with the Peninsula Seniors? We need some help with grant writing. How about being an activity leader? We need a volunteer to spearhead our pickleball activity. If you have these skills and some time to spare, please give me a call.

## DID YOU KNOW?

You can give an honorary tribute gift to celebrate a special occasion such as a birthday, wedding, anniversary, or retirement, or a gift in memory of someone special. It's easy. You can call us with your information, or you can donate on our website. We appreciate your generosity.

With Gratitude,

Margie Beierschmitt  
Executive Director

# Membership News

## *for Peninsula Seniors*

### New and Returning Members

**WE WELCOME THESE NEW MEMBERS** who joined us in June.

John Afinowicz	Margie Hait	Gloria Revolinski
Bob Albert	Kay Ho	Jacquie Starodub
Francine Bernard	Audrey Kraake-Suer	Ellie Susskind
Theresa Birch	Jim & Melody	Nadine Van Volkom
Amanda Broderick	McKenna	Jenny Vereck
Karen Cummings	Irene Mills	Virginia West
Abi & Janet Fattahi	Edmund & Connie	Parviz Yalzadeh
Judi Goldstone & Ray McKown	Paik Jackson Pharris	

**THANK YOU** to those who renewed their membership in June.

Yvonne Adams	Josephine Hrzina & Richard Crisa	Everett & Sandra Ruddick
Frances Boothe	Joyce Jessoe	Roderic & Susan Sanborn
Dale Bradfield	Piyush & Purnima Karia	Stella Schiewe
Helen Cannefax	Leonard & Mary Kenney	Gloria Smith
Thomas & Daisy Carr	Serena Lager	Sofia Sommer
Elizabeth Carroll	Gail Lauchner	Lorene Testa
Linda Cavette	Larry & Sheila Lawton	Beryl Tilley
Cindy Chew	Marilyn Litvak	Bruce & Dolly Weiner
Shirley Dunn	Adrienne Livoti	Lois Whitener
Yves Edmond	Jo Ann Michetti	Darryl & Susan Williams
Kathleen Fitzgerald	Vernon & Mary Olson	Harriet Woo
Judy Foster		
Marlyn Franklin		
Gigi Griffin		

### Above & Beyond

Thanks to those who made gifts of \$100 or more to Peninsula Seniors' operations in June.

Dale Bradfield	Elizabeth Carroll	Kathleen Fitzgerald	Beryl Tilley
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### Diamond Lifetime Members

**ONE-TIME GIFT OF \$5,000**

Anonymous  
Amy Ba  
Sandy Barnett  
Sandy Behrens  
Ralph Black  
Virginia Cicoria  
Clifford & Janice D'Autremont  
Edward Hancock  
Karl & Sandy Jackson  
Chuck & Marylyn Klaus  
Allen & Dorothy Lay  
Joe & Marian Locascio  
Anne-Merelie Murrell  
Marion Ruth  
Alberta Samuelson  
Ann Shaw  
Pinfun Tsai  
Elly Visser  
Jo Anne Weber

### Membership Honor Roll

**GOLD (\$400/yr)**

Laurie Schoellkopf &  
Stephen Anderson  
Brooks Vogt

**SILVER (\$250/yr)**

David & Ann Buxton  
Susan Fillichio &  
Michael Davisson  
Burckhard Mohr  
Benjamin & Shelley Pogorelsky  
Laura Warren



# HOT DEALS

## *for Peninsula Seniors*

**Show your personalized Peninsula Seniors membership card to receive a Hot Deal.** For current information about these merchants, including phone numbers and addresses, come in to the Scriba Family Center to pick up a detailed flyer, or visit our website: [pvseniors.org](http://pvseniors.org).

**Big Island Eats & Shave Ice**  
Free tea w/\$10 purchase or more.

**CMS Design Portraiture**  
Free session fee (\$150 value); 10% off orders, plus 10% off orders placed at first preview viewing.

**Cheebo Café NEW!**  
700 Deep Valley Dr., RHE  
[DeepValley@BytetoBite.com](mailto:DeepValley@BytetoBite.com)  
(424) 408-0262 10% off full check

**Courtesy Cleaners** 10% off dry cleaning orders over \$10.

**Crème de la Crêpe** One dessert crepe with purchase.

**Dragonfly Thai** 10% off purchases.

**El Pollo Inka** With any purchase, 15% off lunch or dinner, complimentary lunch or dinner on your birthday.

**Elegance Automotive Restoration**

(626) 420-4442. Automotive detailing: \$65 2-door sports car; \$75 4-door car; \$85 SUV/truck.

**Floral 101** (424) 251-2330.  
5% off floral arrangement; free

delivery up to 6 miles from shop on purchases of \$70 or more.

**Fred Astaire Dance Studios** 10% off Beginners Package of 4 private and 2 group lessons, 2 social parties.

**gingi.com** 15% off Gingi jewelry, paintings, note-cards, beauty, and lifestyle products w/ code PVSENIORS on [gingi.com](http://gingi.com) and at all Gingi art events.

**Giorgio's** One tiramisu dessert/table at lunchtime.

**Golden Cove Pharmacy NEW!** (310) 750-6082. 10% off medical supplies, over-the-counter, and professional-grade supplements. 15% off professional-grade supplements on last day of the month. \*Some restrictions may apply.

**The Grand Emporium**  
20% off any purchase.

**Hillside Auto Repair**  
10% off parts and labor on any service up to \$250. Free 30-point vehicle inspection and free car wash with any service.

**Kelly's Korner** Free cookie or chips with sandwich purchase.

**Kim's BBQ NEW!**  
871 Silver Spur Rd., RHE  
(310) 701-4138. 10% off Monday through Thursday.

**Joey Komada, Licensed Acupuncturist & Herbalist**  
15% off first treatment; 10% off subsequent treatments.

**Lunada Market & Deli**  
10% off on Tuesdays.

**Massage Smith LLC**  
(562) 528-0558. 20% off products and services.

**Mayer's Bakery** 15% off purchases over \$10.

**Peninsula Physical Therapy.** (310) 544-6264.  
\$75/hr. (\$50 discount). \$100/mo. (\$25 discount) wellness program.

**Power Rooter & Plumbing Inc.** (310) 618-9107, 15% off labor.  
[prpcustomerservice@gmail.com](mailto:prpcustomerservice@gmail.com).

**Ruby's Diner PV** 10% off entire bill! Not valid with other discounts, coupons, specials, fundraisers.

**SAGA Made in Italy**  
(562) 336-0216. 15% discount on SAGA Made in Italy clothing line; 10% discount on everything else.

**HOT DEALS  
HOT TIP:**

Keep your membership card  
and Hot Deals list in your car.

**Salon Vivace** (310) 370-7007.  
20% off hair cut, includes hair  
consultation, shampoo, cut, and  
style.

**Sepi Lackpour, Ph.D., L.Ac.  
Acupuncture & Herbal  
Holistic Care** 15% off first  
treatment; 10% off subsequent  
treatments.

**Still Got It Fitness**  
(310) 294-1104. 25% off first  
month any membership; 10% off  
all succeeding months.

**Truelement Massage**  
20% off \$100 60-minute session,  
or 20% off a \$145 90-minute  
session.

**Truxton's** 15% off 3–5 pm;  
10% off other times.

**Vee Wesson Design Visions**  
(310) 213-4055. Free 1–2 hour  
preliminary design consultation.  
5% off computer-generated  
design for one room or subject.

**Village Shoe Repair** 10% off  
repairs.

**What's Cookin' Cookware  
& Gifts** Del Amo Mall, #328-A,  
Torrance. 15% off purchases.

*As of July 11, 2023. Offers subject to  
change without notice. Watch for more  
Hot Deals coming soon!*



## *Peninsula Seniors* **Leave a Lasting Legacy**

### BEQUESTS ARE FOR EVERYONE

When making a donation or bequest to Peninsula Seniors' Endowment Fund, you make a gift to future generations of seniors to be able to remain active, healthy and educated.

### BENEFITS OF BEQUESTS

- You can change your mind if your circumstances change.
- Bequests require no donation during your lifetime.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

### SAMPLE TEXT

I give/bequeath the sum of (\$ \_\_\_\_\_) to Peninsula Seniors, 501(c)(3) Tax-Exempt, Non-Profit Corp. Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates California 90274 for its general use and purposes.

### FOR MORE INFORMATION

Call Margie Beierschmitt, Executive Director, at (310) 377-3003.



# Day Coach Trips and Multi-Day Tours

*make life fun!*

## WHEN YOU TRAVEL WITH PENINSULA SENIORS

- Sign up early for cruises and multi-day tours and trips. Group events are finalized 45 to 60 days before the trip.
- Tips are not included. \$3–\$5/day is the average tip for bus driver and tour director.
- Trip brochures and flyers are in the Peninsula Seniors office.
- Call (310) 377-3003 for trip details. Leave your name, phone, and the trip that interests you.

## CANCELLATION POLICY

If you must cancel, Peninsula Seniors will try, but cannot guarantee, your space will be sold. If your space is filled, the trip cost will be refunded to you, less a \$5 processing fee. If the space cannot be filled no refund can be made, regardless of the reason for cancellation, including medical-related excuses and emergencies. Thank you for your understanding.

## DAY TRIPS

### HOLLYWOOD BOWL

MEMBERS ONLY:

\$58/concert and bus

5 pm bus check-in at Wilson Park on Crenshaw. Return about 11 pm.

**Thu Aug 17:** Dvořák's passionate Cello Concerto and Shostakovich's thunderous Fifth Symphony.

## MULTI-DAY TRIPS

### HEARST CASTLE AT CHRISTMAS

**Sun Dec 17–Tues Dec 19**

\$799pp dbl / \$999 single

\$200/pp deposit payable to Friendly Excursions

Hearst Castle tour showcases its extraordinary holiday decorations with thousands of lights. Also, visit the marvelous German-themed market in Cambria, and Solvang, America's Danish Capital.

### WONDERS OF WISCONSIN

**Thu Sept 7–Wed Sept 13**

\$2,999pp dbl / \$3,499 single

Airfare \$495pp.

Full payment at time of booking.

Featuring Door County, Lambeau Field, Frank Lloyd Wright Trail, The House on the Rock, Racine, and Sheboygan. Includes a dinner cruise on Lake Mendota and

a tour of Taliesin Preservation, Frank Lloyd Wright's home, studio, school, and Monona Terrace, the community and convention center designed for his hometown.

### ST. LOUIS, BRANSON, MEMPHIS, & NASHVILLE

**Sun Oct 1–Sun Oct 8**

\$3,699pp dbl / \$4,499 single

Airfare included.

Visit Graceland, the Johnny Cash Museum, Country Music Hall of Fame, and the Clinton Presidential Library. Enjoy three shows in Branson and the Grand Ole Opry in Nashville.

### GREEK ISLES, ITALY, FRANCE, AND TURKEY

**Wed Oct 16–Thu Oct 31, 2024**

\$300/pp double holds your cabin until June 3, 2024.

\$6,000–\$6,200pp double. Airfare and cabin gratuities included.

Two nights in Athens and Rome with tours, plus a 10-day cruise aboard Viva, the new Norwegian Cruise Liner.

Valid passport required.

Jo Anne Weber at (310) 377-3003 will answer your questions and arrange your reservation.





# Peninsula Seniors

## Calendar For August 2023

MON	TUE	WED	THUR	FRI
	<b>1</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC	<b>2</b> PV Walkers 9, SFC <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Pen Vets</b> , 11:45, SFC <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC	<b>3</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Craft &amp; Chat</b> 1:30–3:30, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>4</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Bingo</b> , 1–2:30, SFC <b>Bridge</b> , 1:30–3:30, SFC
<b>7</b> Meet & Greet 10–Noon, SFC <b>Mahjong</b> , 10, SFC <b>Conversational Spanish</b> 1:45, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>8</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC	<b>9</b> PV Walkers 9, SFC <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC	<b>10</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Book Club</b> 11:30–1:15, SFC <b>Craft &amp; Chat</b> 1:30–3:30, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>11</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Movie</b> : "The Return of the Pink Panther" 12:30, SFC <b>Bridge</b> , 1:30–3:30, SFC
<b>14</b> Meet & Greet 10–Noon, SFC <b>Mahjong</b> , 10, SFC <b>Conversational Spanish</b> 1:45, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>15</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC	<b>16</b> PV Walkers 9, SFC <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC	<b>17</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Craft &amp; Chat</b> 1:30–3:30, SFC <b>Line Dancing</b> 3:30–4:30, SFC <b>Hollywood Bowl</b> 5–11 pm	<b>18</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Let's Do Lunch</b> 11:30–1:30 Tony's on the Pier, RB <b>Bridge</b> , 1:30–3:30, SFC
<b>21</b> Meet & Greet 10–Noon, SFC <b>Mahjong</b> , 10, SFC <b>Conversational Spanish</b> 1:45, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>22</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC <b>Yoga for Better Sleep and Memory</b> 3–4:30, SFC	<b>23</b> PV Walkers 9, SFC <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC	<b>24</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Craft &amp; Chat</b> 1:30–3:30, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>25</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Trivia</b> , 1–3, SFC <b>Bridge</b> , 1:30–3:30, SFC
<b>28</b> Meet & Greet 10–Noon, SFC <b>Mahjong</b> , 10, SFC <b>Conversational Spanish</b> 1:45, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>29</b> Ping-Pong 9–11, SFC <b>Muscle Strengthening</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC <b>Yoga for Better Sleep and Memory</b> 3–4:30, SFC	<b>30</b> PV Walkers 9, SFC <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC		<b>ABBREVIATIONS:</b> HP=Hesse Park RB=Redondo Beach PVE= Palos Verdes Ets. SFC= Scriba Family Center



# Activities for Peninsula Seniors

**AVAILABLE AT NO COST TO THE COMMUNITY**

## **BOHANNON LECTURE SERIES at Scriba Family Center** Wednesdays, 10:15 coffee / 10:30–11:30 am lectures

*Bring your friends to enjoy a cup of coffee and thought-provoking lectures on a variety of topics, all presented by local personalities.*

**August 2: “Rev Your Engines!”** Marisol Herrera, executive director of the Zimmerman Automotive Driving Museum in El Segundo, will discuss the museum’s upcoming automotive nostalgia activities featuring vintage and classic cars and the history and innovation in the auto world through the years.

**August 9: “Palos Verdes Estates Today.”** PVE Mayor Jim Roos will talk about the current economic state of the community, public safety, preservation of the City’s character, and what’s in store for the future.

**August 16: “Seven Steps to Earthquake Safety”** Mark Benthien, communications and outreach program director for the Southern California Earthquake Center, will discuss their community citizen awareness program on how to stay safe where the earth shakes.

**August 23: “Drum Barracks Civil War Museum”** Museum guide George Green will join us in reenactor garb to discuss Civil War camp life and the history of the Drum Barracks, the last remaining original American Civil War-era military facility in the Los Angeles area.

**August 30: “Jaws Revisited!”** Chris Lowe, professor of marine biology and director of the Shark Lab at California State University–Long Beach, will discuss the lab’s innovative research into the fierce and feared world of sharks in Southern California.

For more information, contact Renée Reymond at Peninsula Seniors, (310) 377-3003.

ON THE LEFT: Volunteer Walt Wey, top. Craft 'n Chat participant Harriet Elmajian, center. Our special Latin rhythms dance class was a fun and popular event, bottom.



## **MEET & GREET Mondays, 10 am–noon, SFC**

Have coffee, make new friends, chat, exchange ideas, and *make life fun!*

## **PV WALKERS Wednesdays, 9 am, SFC**

Meet at our Scriba Family Center for guided stretching, led by physical therapists from Providence Little Co. of Mary, San Pedro, followed by walking at your own pace at the Promenade on the Peninsula. Sponsored by Peninsula Seniors, Promenade on the Peninsula, and Providence Little Company of Mary. For more information, call Peninsula Seniors at (310) 377-3003.

## **PEN VETS LUNCH**

**Wednesday, Aug 2, SFC**

**Doors open at 11:45; lunch w/program at noon.**

We'll host Captain Bruce Heyman, executive director of the TopSail Youth Program.

*Everyone, not just vets, is welcome.* The \$20 admission includes a sandwich lunch. Pay on arrival. No walk-ins. Must RSVP to [audrey.goode@gmail.com](mailto:audrey.goode@gmail.com).

**Wednesday, Sept 6: Pen Vets** will take a field trip to the Western Museum of Flight at Zamperini Field, Torrance. Watch for details.

## **LET'S DO LUNCH!**

**Friday, Aug 18, 11:30 am–1:30 pm**

**Tony's on the Pier, 210 Fisherman's Wharf, Redondo Beach.** Separate checks. RSVP today. Call (310) 377-3003.

## **FOR MEMBERS ONLY**

## **MAHJONG**

**Mondays, 10 am, SFC**

**Wednesdays, 1 pm, Hesse Park.**

## **CONVERSATIONAL SPANISH CAFÉ Y CONVERSACIÓN**

**Mondays, 1:45 pm, SFC**

Improve your conversational Spanish skills. Practice basic speaking and listening skills in a friendly and social atmosphere. RSVP to (310) 377-3003.

## **PING-PONG**

**Tuesdays & Thursdays, 9–11 am, SFC**

**Fridays, 9–noon, SFC**

Come play with us! All skill levels are welcome.

## **MUSCLE STRENGTHENING with Beverly**

**Tuesdays & Thursdays, 11 am, SFC**

Improve muscle tone and build body strength. Mail check or call Peninsula Seniors at (310) 377-3003 to pay with a credit card.

The cost is \$90 for 3 months, due at the beginning of the quarter.

## **WRITERS' GROUP**

**Tuesdays, 1:30–3 pm, SFC**

Budding and seasoned authors write poetry, document travels, or write chapters for their books.

## **YOGA FOR BETTER SLEEP AND MEMORY**

**8-week session**

**Tuesdays, Aug 22–Oct 10**

**3–4:30 pm, SFC**

Registered and experienced Yoga teacher Kelly Wagner guides us through a series of yoga therapy classes focusing on peaceful sleep and enhanced memory. Learn gentle movements practiced in a chair, learn relaxing techniques, and discuss therapeutic yoga benefits.

Includes a half-hour phone session to discuss individual needs. Wear loose, comfortable clothing. **Cost: \$100 for 8 weeks.**

Space is limited. Call (310) 377-3003 to reserve your place.



Yoga instructor  
Kelly Wagner



## **MUSIC APPRECIATION**

**Wednesdays, 3–4 pm, SFC**

During the first two weeks of August, we'll finish our survey of the Baroque period. The first session will

*—Activities continues on the following page*

**SAVE THE  
DATE!**

## *The Art of Charcuterie Party!*



**Friday, Sept 29, 3–4:30 pm, SFC**

Sip a glass of wine while creating your own charcuterie masterpiece. Chef Shirrell Edey will show us how to craft individual charcuterie boards, which are platters of cheeses, fruit, vegetables, meats, nuts, and spreads artfully arranged on a board and served as an appetizer or snack. Enjoy your masterpiece here or take it home! Space is limited. Reservations are a must! Call (310) 377-3003. Cost: \$50.

### **FOR MEMBERS ONLY, *continues***

#### **MUSIC APPRECIATION, continues**

feature Johann Sebastian Bach and his music; in the second session we'll study George Frideric Handel, a German-born English composer of the early 18th century who worked for Kings George I and George II.

For the next two weeks of the month, we'll explore the social phenomenon called "The Summer of Love." It was the summer of 1967, when about 100,000 people, mostly young and sporting hippie fashions of dress and behavior, converged in San Francisco's Haight-Ashbury neighborhood. We'll study and sample the music that reflected and probably influenced the anti-establishment movement of the era.

On the last Wednesday of the month, we'll begin a series on the Classical period of music from the mid-1700s to the early 1800s.

Attendees: Call (310) 377-3003 to RSVP.

#### **BOOK CLUB**

**Thursday, Aug 10, 11:30–1:15 pm, SFC**

This book club is full! If you'd like to start another book club, call us at (310) 377-3003.

#### **CRAFT AND CHAT**

**Thursdays, 1:30–3:30 pm, SFC**

Bring your craft to work on while you socialize with friends. Call (310) 377-3003 to register, and tell us what your craft is.

#### **AMERICAN MAHJONG!**

**Fridays, 10–noon, SFC**

Must have your own "Official Standard Hands and Rules." To purchase, go to [nationalmahjonggleague.org/store.aspx](http://nationalmahjonggleague.org/store.aspx)

**BRIDGE Fridays, 1:30–3:30 pm, SFC**

Must RSVP: (310) 377-3003.

**BINGO! Friday, Aug 4, 1–2:30 pm, SFC**

Ken Dyda returns as our guest caller! \$2/card. Cash prizes! Must RSVP: (310) 377-3003.

#### **MOVIE TIME**

**Friday, Aug 11, 12:30 pm, SFC**

At the suggestion of member and volunteer Brooks Vogt, we'll be showing a favorite oldie from 1975.

#### **"The Return of the Pink Panther" (G)**

Hilarious Peter Sellers, as the ever-bumbling French Inspector Clouseau, guarantees non-stop laughter and wholesome fun when he is asked by the Shah to find the thief of the Pink Panther diamond. (1hr 54m)

Attendees must RSVP: (310) 377-3003.

#### **TRIVIA!**

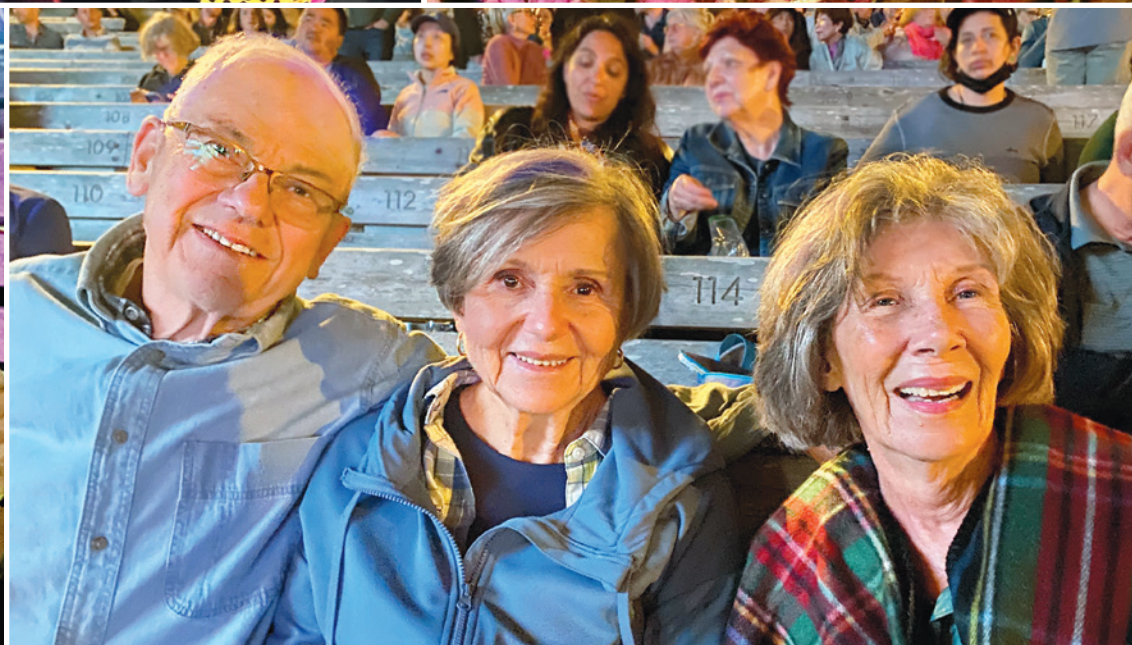
**Friday, Aug 25, 1–3 pm, SFC**

General knowledge, fun, entertaining, and challenging questions. Bring your own team (max of four) or play independently. Must RSVP by calling (310) 377-3003.





**A Night at the Hollywood Bowl**  
*Makes Life Fun!*







# Peninsula Seniors

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## Travel Coordinator Extraordinaire Jo Anne Weber is Someone to Know

**You've surely met Jo Anne Weber** if you've been to the Scriba Family Center (SFC). She's the friendly woman with a big smile and oversized, turquoise-framed glasses.

Many days each week (but not all!) you'll find her at the SFC chatting with staff and volunteers and welcoming members and guests as they arrive to participate in activities. Or you might see her at her desk, where for a decade this former social worker has been Peninsula Seniors *volunteer* travel coordinator. Her extensive responsibilities include selecting and booking venues and itineraries, publicity, financial arrangements, providing

a Peninsula Seniors escort for each event, ensuring travelers' satisfaction, and far more.

**Jo Anne's personal travel favorites** are Mexico and the Caribbean because, she says, "Their foods and cultures are delicious, fun, and colorful, and the people are warm and welcoming. If I had endless amounts of money and time, my dream trip would be a year or two in Mexico and Central America with a car and driver to get me from here to there with ease."

She adds that she recently went on a theater tour in New York City. "I felt absolutely safe, and I had a marvelous time." In September, she'll be visiting the Wonders

of Wisconsin with members of Peninsula Seniors. She hopes you'll join the tour, too.

**How fortunate for Peninsula Seniors** to have a volunteer such as Jo Anne, who came to us initially as a participant in our writers' group. "I even created a pretty good haiku!" she says.

When not volunteering for Peninsula Seniors, you'll find Jo Anne reading mystery novels or volunteering as a member of Las Vecinas, a local organization that supports charities and provides scholarships for young people.

Thanks, Jo Anne, for all you do for us to *make life fun!*