

A newsletter  
of activities,  
travel and  
tours, events,  
and valuable  
information  
for Peninsula  
Seniors



# PENINSULA SENIORS

# Connections

*make life fun!*

## What's best about Peninsula Seniors?

Perhaps May's Dos de Mayo Taco Party Luncheon or July's Ice Cream Social? Maybe the tour and travel opportunities, the Hot Deals bargains, the many activities and classes, fellowship, Connections newsletter, regular email reminders?

Everything! Right?

Endowment gifts help ensure these opportunities will continue through the years.

## Looking to the Future

**Peninsula Seniors is the premier** senior social organization in the South Bay. There is nothing else like us. We are so proud of our growth and accomplishments and our beautiful Scriba Family Center home.

Our Peninsula Seniors Endowment Fund, created three years ago, provides an opportunity to ensure our organization's sustainability. This fund is invested to provide long-term support for the continuation of Peninsula Seniors' future social programs and activities that members count on and enjoy.

Imagine what tomorrow can hold if we grow a strong legacy for future generations of members.

We ask that you consider creating a lasting legacy by including Peninsula Seniors in your long-range plans. Together we can ensure that our unique mission to "***make life fun***" will live on for future generations.

Our executive director, Margie Beierschmitt, will be happy to discuss the creation of your Peninsula Seniors legacy.

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*Members and guests lined up early and deep at the Ice Cream Social check-in desk.*

## PENINSULA SENIORS MISSION AND VISION

Our mission is to offer activities and services that enhance and enrich the lives of senior adults on the Palos Verdes Peninsula and in the surrounding community.

Our vision is to provide opportunities for Peninsula Seniors to be the most active, educated, and healthy in California.

## BOARD OF DIRECTORS

### Officers

President: Linda Ralls  
Vice President: Vidya Kaushik  
Secretary: Cindy Miller  
Treasurer: Anil Aggarwal

### Members

Tom Hyatt	Greg Sparkman
Sue MacKenzie	Pinfun Tsai
Larry Moreau	Andrew Werts
Julia Parton	

## EXECUTIVE DIRECTOR

Margie Beierschmitt

## OFFICE STAFF AND VOLUNTEERS

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Webmaster: Tim Farmer  
Programs/Contributing Connections  
Author: Renée Raymond

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## STAY CONNECTED

 [facebook.com/pvseniors](https://facebook.com/pvseniors)

 [twitter.com/PenSeniors](https://twitter.com/PenSeniors)

 [instagram.com/  
peninsulaseniors/](https://instagram.com/peninsulaseniors/)

## DISCLAIMER

The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



photo by Meredith Whitney

# A Minute With Margie

## *Greetings to our incredible community of supporters!*

Have you ever considered the lasting impact of a single act of kindness? At Peninsula Seniors we've witnessed the profound and enduring effects that your generosity can bring about through our endowment. Endowment isn't about funding for today; it's about creating a better tomorrow. It's like planting a tree whose shade you may never personally enjoy, but countless others will.

Think of it as an investment in perpetuity, a legacy that echoes with compassion and empowerment. Your belief in our mission and goals resonate through time, inspiring others.

Today, we invite you to be a part of our journey. Your involvement isn't just financial; it's a commitment to shaping our future.

With Gratitude,

Margie Beierschmitt  
Executive Director

# Membership News

## for Peninsula Seniors

*Peninsula Seniors*  
**Leave a  
Lasting Legacy**

## New and Returning Members

**WE WELCOME THESE NEW MEMBERS** who joined us in July.

Beverly Beatty	Richard Kamm	Faye Schwartz
Al & Judy Berger	Nahid Mazhin	Tom Shephard
Merrily Boardman	Kathy McCarthy	Elizabeth Tibor
Robert Borodkin	Cathy McClernan	Frank and Lina Tung
Min Hur	Steve & Gabriella	Lem & Florence Wong
Pat Kromka	Morel	Andy Wu
Barbara Lange	Joan Nimptsch	Diana Wykes
Hazel Lord	Irene Robinson	Connie Yueh

**THANK YOU** to those who renewed their membership in July.

Nancy Borland	Sue Fujinaga	David & Eunice
Marie Buckley	Margaret Gietzen	McConaughy
William & Karen Burns	David & Yvonne Heath	Shameem Rahimtoola
Virginia Butler &	Vijay Kamdar	Bunne Renhult
Les Fishman	Joan Keluche	Leann Roque
Elizabeth Carfrae	Joanne Kim	Gerlinde Ryan
Wen Li Chu	Joey Komada	Mary Jane Schwebel
Joy Ciniero	Carole Kopecek	Gloria Swensson
Richard & Judith	H. Florence Kubota	Kathryn Tamer
Dezelan	James & Dita Lantz	David & Susan Udewitz
Martha Feakins	Leslie Low	Joyce Wallace
Marlyn Franklin	Rita Lui	Cal & Jo-Anne Waller

## Membership Honor Roll

<b>PLATINUM (\$600/yr)</b>	<b>GOLD (\$400/yr)</b>	<b>SILVER (\$250/yr)</b>
Don & Margie Beierschmitt	Edna Steel	Juanita Davis Ann Fleming

## Above & Beyond

Thanks to those who made gifts of \$100 or more to Peninsula Seniors' operations in July.

Anonymous	Leann Roque
Jacki Bacharach	Alberta Samuelson
Don & Margie Beierschmitt	Edna Steel
Bob & Linda Ralls	

## Bequests Are For Everyone

### BENEFITS OF BEQUESTS:

- You can change your mind if your circumstances change.
- Bequests require no donation during your lifetime.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

### SAMPLE LANGUAGE

I give/bequeath the sum of (\$ \_\_\_\_\_) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

### FOR MORE INFORMATION CALL

Margie Beierschmitt  
Executive Director, (310) 377-3003



# HOT DEALS

## *for Peninsula Seniors*

**Show your personalized Peninsula Seniors membership card to receive a Hot Deal.** For current information about these merchants, including phone numbers and addresses, come in to the Scriba Family Center to pick up a detailed flyer, or visit our website: [pvseniors.org](http://pvseniors.org).

### **Big Island Eats & Shave Ice**

Free tea w/\$10 purchase or more.

### **CMS Design Portraiture**

Free session fee (\$150 value); 10% off orders, plus 10% off orders placed at first preview viewing.

### **Cheebo Café **NEW!****

700 Deep Valley Dr., RHE

[DeepValley@BytetoBite.com](mailto:DeepValley@BytetoBite.com)

(424) 408-0262 10% off full check

**Courtesy Cleaners** 10% off dry cleaning orders over \$10.

**Crème de la Crêpe** One dessert crepe with purchase.

**Dragonfly Thai** 10% off purchases.

**El Pollo Inka** With any purchase, 15% off lunch or dinner, complimentary lunch or dinner on your birthday.

### **Elegance Automotive Restoration**

(626) 420-4442. Automotive detailing: \$65 2-door sports car; \$75 4-door car; \$85 SUV/truck.

**Floral 101** (424) 251-2330. 5% off floral arrangement; free delivery up to 6 miles from shop on purchases of \$70 or more.

### **Fred Astaire Dance**

**Studios** 10% off Beginners Package of 4 private and 2 group lessons, 2 social parties.

**gingi.com** 15% off Gingi jewelry, paintings, note-cards, beauty, and lifestyle products w/ code PVSENIORS on [gingi.com](http://gingi.com) and at all Gingi art events.

**Giorgio's** One tiramisu dessert/table at lunchtime.

**Golden Cove Pharmacy **NEW!**** (310) 750-6082. 10% off medical supplies, over-the-counter, and professional-grade supplements. 15% off professional-grade supplements on last day of the month. \*Some restrictions may apply.

### **The Grand Emporium**

20% off any purchase.

### **Hillside Auto Repair**

10% off parts and labor on any service up to \$250. Free 30-point vehicle inspection and free car wash with any service.

### **Kelly's Korner**

Free cookie or chips with sandwich purchase.

### **Kim's BBQ **NEW!****

871 Silver Spur Rd., RHE  
(310) 701-4138. 10% off Monday through Thursday.

### **Joey Komada, Licensed Acupuncturist & Herbalist**

15% off first treatment; 10% off subsequent treatments.

### **Lunada Market & Deli**

10% off on Tuesdays.

### **Massage Smith LLC**

(562) 528-0558. 20% off products and services.

**Mayer's Bakery** 15% off purchases over \$10.

**Oil Stop **NEW!**** Drive-through oil change: \$15 off. Coupon code PS602. 4100 Sepulveda Blvd (at Ocean), Torrance (310) 373-6399.

### **Peninsula Physical**

**Therapy.** (310) 544-6264. \$75/hr. (\$50 discount). \$100/mo. (\$25 discount) wellness program.

**Power Rooter & Plumbing Inc.** (310) 618-9107, 15% off labor. [prpcustomerservice@gmail.com](mailto:prpcustomerservice@gmail.com).

**Ruby's Diner PV** 10% off entire bill! Not valid with other discounts, coupons, specials, fundraisers.

### **SAGA Made in Italy**

(562) 336-0216. 15% discount on SAGA Made in Italy clothing line; 10% discount on everything else.

## HOT DEALS HOT TIP:

Keep your membership card  
and Hot Deals list in your car.

**Salon Vivace** (310) 370-7007.  
20% off hair cut, includes hair  
consultation, shampoo, cut, and  
style.

**Sepi Lackpour, Ph.D., L.Ac.**  
**Acupuncture & Herbal**  
**Holistic Care** 15% off first  
treatment; 10% off subsequent  
treatments.

**Still Got It Fitness**  
(310) 294-1104. 25% off first  
month any membership; 10% off  
all succeeding months.

**Truelement Massage**  
20% off \$100 60-minute session,  
or 20% off a \$145 90-minute  
session.

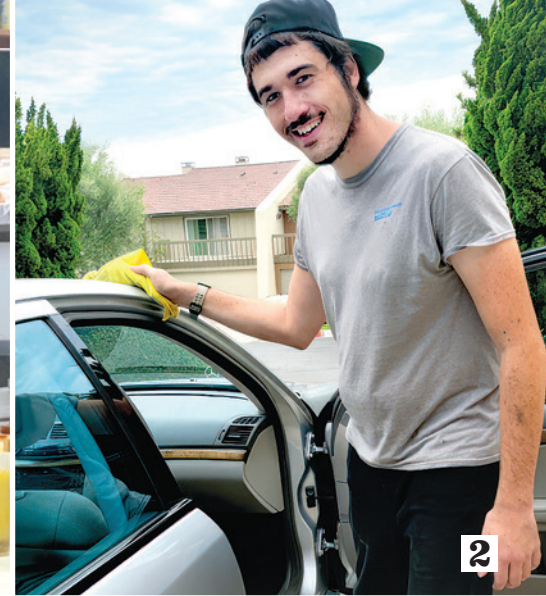
**Truxton's** 15% off 3–5 pm;  
10% off other times.

**Vee Wesson Design Visions**  
(310) 213-4055. Free 1–2 hour  
preliminary design consultation.  
5% off computer-generated  
design for one room or subject.

**Village Shoe Repair** 10% off  
repairs.

**What's Cookin' Cookware  
& Gifts** Del Amo Mall, #328-A,  
Torrance. 15% off purchases.

*As of August 10, 2023. Offers subject to  
change without notice. Watch for more  
Hot Deals coming soon!*



## Meet Three Hot Deals Merchants

**1. Kelly's Korner**, a long-time Peninsula treasure, features  
delicious sandwiches crafted by its delightful owner, Brian Kelly,  
pictured. Free cookie or chips with your sandwich purchase. The  
perfect place for a casual lunch. PV Drive North at Rolling Hills Rd.

**2. Elegance Automotive Restoration** will put the shine  
back on your vehicle! Services include premium detailing, paint  
correction, ceramic coating, and more. No need to leave your home.  
Owner Andrew Lane, pictured, will come to you! Call (626) 420-4442.

**3. SAGA** in Golden Cove features top-quality Italian clothing  
at affordable prices, all designed and manufactured in Italy.  
Handbags, jewelry, and footwear, too. 15% discount on SAGA  
Made in Italy clothing line; 10% discount on everything else.

**Now, go patronize these merchants  
and other Hot Deals participants!**





New Year's Eve  
San Francisco

# Day Coach Trips and Multi-Day Tours

*make life fun!*

## WHEN YOU TRAVEL WITH PENINSULA SENIORS

- Sign up early for cruises and multi-day tours and trips. Group events are finalized 45 to 60 days before the trip.
- Tips are not included. \$3–\$5/day is the average tip for bus driver and tour director.
- Trip brochures and flyers are in the Peninsula Seniors office.
- Call (310) 377-3003 for trip details. Leave your name, phone, and the trip that interests you.

### CANCELLATION POLICY

If you must cancel, Peninsula Seniors will try, but cannot guarantee, your space will be sold. If your space is filled, the trip cost will be refunded to you, less a \$5 processing fee. If the space cannot be filled no refund can be made, regardless of the reason for cancellation, including medical-related excuses and emergencies. Thank you for your understanding.

## DAY TRIPS

### SKIRBALL CULTURAL CENTER

**Fri Nov 3**

Tour their amazing museum showcasing Jewish life throughout the ages around the world. More than 2,000 cultural and ritual items are on display. Lunch on your own at Zeidler's Café (Mediterranean-inspired) or Judy's Counter (salads and sandwiches).

## MULTI-DAY TRIPS

### ST. LOUIS, BRANSON, MEMPHIS, & NASHVILLE

**Sun Oct 1–Sun Oct 8**

\$3,699pp dbl / \$4,499 single  
Airfare included.

Visit Graceland, the Johnny Cash Museum, Country Music Hall of Fame, and the Clinton Presidential Library. Enjoy three shows in Branson and the Grand Ole Opry in Nashville.

### HEARST CASTLE AT CHRISTMAS

**Sun Dec 17–Tues Dec 19**

\$799pp dbl / \$999 single

\$200/pp deposit payable to Friendly Excursions

Hearst Castle tour showcases its extraordinary holiday decorations

with thousands of lights. Also, visit the marvelous German-themed market in Cambria, and Solvang, America's Danish Capital.

### NEW YEAR CELEBRATION IN SAN FRANCISCO

**Fri Dec 29–Tues Jan 2**

\$2,699pp dbl / \$3,999 single

\$200pp deposit. Make checks payable to Friendly Excursions

New Year's Eve dinner and party with midnight champagne countdown on New York time. Tour Carmel, Monterey, Sonoma, and San Francisco. Two wine tastings and visits to Cannery Row and Monterey Bay Aquarium.

### GREEK ISLES, ITALY, FRANCE, AND TURKEY

**Wed Oct 16–Thu Oct 31, 2024**

\$300/pp double holds your cabin until June 3, 2024.

\$6,000–\$6,200pp double. Airfare and cabin gratuities included.

Two nights in Athens and Rome with tours, plus a 10-day cruise aboard Viva, the new Norwegian Cruise Liner.

Valid passport required.

Jo Anne Weber at (310) 377-3003 will answer your questions and arrange your reservation.



# Peninsula Seniors

## Calendar For September 2023

MON	TUE	WED	THUR	FRI
<b>ABBREVIATIONS:</b> HP=Hesse Park RB=Redondo Beach PP=Promenade on the Peninsula PVE=Palos Verdes Estates SFC=Scriba Family Center				<b>1</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Bingo</b> , 1–2:30, SFC <b>Bridge</b> , 1:30–3:30, SFC
<b>4</b> Meet & Greet 10–Noon, SFC <b>Mahjong</b> , 10, SFC <b>Rummikub</b> , 1–3, SFC <b>Conversational Spanish</b> 1:45, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>5</b> Ping-Pong 9–11, SFC <b>Fitness Fun With Beverly</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC <b>Yoga for Better Sleep and Memory</b> 3–4:30, SFC	<b>6</b> PV Walkers 9, PP <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Pen Vets</b> , Noon Western Museum of Flight! <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC	<b>7</b> Ping-Pong 9–11, SFC <b>Fitness Fun With Beverly</b> 11, SFC <b>Book Club</b> 11:30–1:15, SFC <b>Craft &amp; Chat</b> 1–3:30, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>8</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Movie</b> : "Ticket to Paradise" 12:30, SFC <b>Bridge</b> , 1:30–3:30, SFC
<b>11</b> Meet & Greet 10–Noon, SFC <b>Mahjong</b> , 10, SFC <b>Rummikub</b> , 1–3, SFC <b>Conversational Spanish</b> 1:45, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>12</b> Ping-Pong 9–11, SFC <b>Book Club (NEW)</b> 9–11, SFC <b>Fitness Fun With Beverly</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC <b>Yoga for Better Sleep and Memory</b> 3–4:30, SFC	<b>13</b> PV Walkers 9, PP <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC	<b>14</b> Ping-Pong 9–11, SFC <b>Fitness Fun With Beverly</b> 11, SFC <b>Book Club (EXISTING)</b> 11:30–1:15, SFC <b>Craft &amp; Chat</b> 1–3:30, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>15</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Let's Do Lunch</b> 11:30–1:30 Giorgio's, 777 Deep Valley Drive, RHE <b>Bridge</b> , 1:30–3:30, SFC
<b>18</b> Meet & Greet 10–Noon, SFC <b>Mahjong</b> , 10, SFC <b>Rummikub</b> , 1–3, SFC <b>Conversational Spanish</b> 1:45, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>19</b> Ping-Pong 9–11, SFC <b>Fitness Fun With Beverly</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC <b>Yoga for Better Sleep and Memory</b> 3–4:30, SFC	<b>20</b> PV Walkers 9, PP <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC	<b>21</b> Ping-Pong 9–11, SFC <b>Fitness Fun With Beverly</b> 11, SFC <b>Craft &amp; Chat</b> 1–3:30, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>22</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Trivia</b> , 1–3, SFC <b>Bridge</b> , 1:30–3:30, SFC
<b>25</b> Meet & Greet 10–Noon, SFC <b>Mahjong</b> , 10, SFC <b>Rummikub</b> , 1–3, SFC <b>Conversational Spanish</b> 1:45, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>26</b> Ping-Pong 9–11, SFC <b>Fitness Fun With Beverly</b> 11, SFC <b>Writers' Group</b> 1:30–3, SFC <b>Yoga for Better Sleep and Memory</b> 3–4:30, SFC	<b>27</b> PV Walkers 9, PP <b>Bohannon Lecture</b> , SFC 10:15 coffee, 10:30 lecture <b>Mahjong</b> , 1, HP <b>Music Appreciation</b> 3–4, SFC	<b>28</b> Ping-Pong 9–11, SFC <b>Fitness Fun With Beverly</b> 11, SFC <b>Craft &amp; Chat</b> 1–3:30, SFC <b>Line Dancing</b> 3:30–4:30, SFC	<b>29</b> Ping-Pong 9–12, SFC <b>American Mahjong</b> 10–noon, SFC <b>Bridge</b> , 1:30–3:30, SFC <b>The Art of Charcuterie</b> 101 4–5:30, SFC



# Activities for Peninsula Seniors

**AVAILABLE AT NO COST TO THE COMMUNITY**

## **BOHANNON LECTURE SERIES at Scriba Family Center** Wednesdays, 10:15 coffee / 10:30–11:30 am lectures

*Bring your friends to enjoy a cup of coffee and thought-provoking lectures on a variety of topics, all presented by local personalities.*

**September 6: “Dreams Do Come True.”** Lt. Col. D’Ann Chester, NASA JPL Speakers Bureau, will discuss her dream of space flight that became a reality and her career as a 25-year space historian and educator.

**September 13: “A Honey of a Bee.”** Los Angeles Beekeepers Association member and master beekeeper Pamela Fraser will discuss the research and preservation of the honeybee and what beekeeping is all about.

**September 20: “The Banning Museum Today.”** Michael Sanborn, Banning Museum director, will present the life and times of Phineas Banning, the Father of the Los Angeles Port and transportation king of his era.

**September 27: “Louis Pasteur’s Lager.”** Peninsula Seniors member Dr. Peter Barrett, a specialist in geriatric medicine, presents another thought-provoking lecture on the renowned, life-saving discoveries of Dr. Louis Pasteur.

For more information, contact Renée Reymond at Peninsula Seniors, (310) 377-3003.

### **MEET & GREET. Mondays, 10 am–noon, SFC**

Have coffee, make new friends, chat, exchange ideas, and *make life fun!*

ON THE LEFT: Eric Baum shares his delicious, freshly made challah bread with Rita Lui, top. Stella Schiewe was hoping to yell “Bingo!”, bottom.



**PV WALKERS** Wednesdays, 9 am  
Promenade on the Peninsula, south end,  
level one, across from Clio's Spa & Nails.

PV Walkers is designed to get you moving! Join us for group stretches followed by walking in the mall at your own pace. Earn a raffle ticket each week you attend, and track your walking to win prizes! Post exercises, walkers are invited for coffee at the Peninsula Seniors Scriba Family Center.

For more information, call Peninsula Seniors at (310) 377-3003.

**PEN VETS LUNCH**  
Wednesday, Sept 6  
Western Museum of Flight

**NEW LOCATION  
THIS MONTH**

Zamperini Field, 3315 Airport Drive, Torrance.  
The museum's executive director, Cindy Macha, will be our guide as we view the many objects of interest.

11:45 am. Lunch w/program at noon.

*Everyone, not just vets, is welcome.* The \$15 price includes a sandwich lunch, admission, and tour. Pay on arrival.

No walk-ins. Must RSVP to [audrey.goode@gmail.com](mailto:audrey.goode@gmail.com).

## LET'S DO LUNCH!

Friday, Sept 15, 11:30 am–1:30 pm  
Giorgio's, 777 Deep Valley Drive, RHE. Your choice of salmon, club sandwich, chicken parmesan, or spaghetti and meatballs. \$25/pp includes tax and tip. RSVP (310) 377-3003. Limited to 18 guests.

## FOR MEMBERS ONLY

### MAHJONG

Mondays, 10 am, SFC  
Wednesdays, 1 pm, Hesse Park.

### CONVERSATIONAL SPANISH CAFÉ Y CONVERSACIÓN

Mondays, 1:45 pm, SFC  
Improve your conversational Spanish skills. Practice basic speaking and listening skills in a friendly and social atmosphere. RSVP to (310) 377-3003.

### PING-PONG

Tuesdays & Thursdays, 9–11 am, SFC  
Fridays, 9–noon, SFC

Come play with us! All skill levels are welcome.

### FITNESS FUN WITH BEVERLY

Tuesdays & Thursdays, 11 am, SFC

Join this fun fitness class designed to provide gentle toning for all fitness levels. This session incorporates bands, balls, and weights to help you sculpt and strengthen your body with care. Taught by Beverly Beatty, certified Advanced Health and Fitness Instructor. \$90 for 3 months.

### WRITERS' GROUP

Tuesdays, 1:30–3 pm, SFC

Budding and seasoned authors write poetry, document travels, or write chapters for their books.

**SPECIAL!**



## The Art of Charcuterie 101

Friday, Sept 29, 4–5:30 pm, SFC

Chef Shirrell Edey, of Chefs for Seniors, will teach us how to arrange a gourmet charcuterie board with a variety of cheeses, meats, fruits, nuts, vegetables, and more. Make your board, sample your creation with a glass of wine, and take it home for another day. For details about and reservations for this interactive class, call (310) 377-3003. Limited class size. \$75 per person.

—Activities continues on the following page

## Coming in October!

SAVE  
THE  
DATES!

### **NEW! FLORAL 101:**

#### **FALL WREATH-MAKING WITH ALEX**

Tuesday, October 17, 3-4:30pm, SFC

Alex Perez returns with a new fall/Halloween wreath-making class. Be creative, and make a harvest wreath for your home. Call (310) 377-3003 for details and reservations. Limited class size. \$45 pp.

### **NEW! DANCE TO MUSIC, DANCE TO HEALTH. THE LATIN GROOVE**

Tuesdays, October 24–November 21  
3:30-4:30pm, SFC

Attention dance lovers! Peninsula Seniors member Luz Diaz will lead a five-week class in Latin rhythms and salsa, cha-cha, jazz, and slow dance. This is a fun basic class of easy dance moves for fun and health. No partner needed. Class size is limited. Must RSVP to (310) 377-3003. \$100 pp for 5 weeks.

## **FOR MEMBERS ONLY, *continues***

### **MUSIC APPRECIATION**

Wednesdays, 3–4 pm, SFC

This month's program surveys music of the Classical Period from about 1730 to 1820, when music transitioned from the highly decorative baroque style to a simpler style with an emphasis on tonal harmony and single-line melodies; orchestras became larger and string quartets and symphonies were developed.

Join Ann and Lee Strong as we discuss the lives of and sample music from such composers as Haydn, Mozart, Beethoven, and others.

Attendees: Call (310) 377-3003 to RSVP.

### **(EXISTING) BOOK CLUB**

Thursday, Sept 14, 11:30–1:15 pm, SFC

### **A SECOND BOOK CLUB IS FORMING!**

Tuesday, Sept 12, 9–11 am, SFC

Come to this organizational gathering to kick off a new group of readers meeting the second Tuesday monthly.

### **CRAFT AND CHAT**

Thursdays, 1–3:30 pm, SFC

Bring your craft to work on while you socialize with friends. Call (310) 377-3003 to register, and tell us what your craft is.

### **AMERICAN MAHJONG!**

Fridays, 10–noon, SFC

Must have your own "Official Standard Hands and Rules." To purchase, go to [nationalmahjonggleague.org/store.aspx](http://nationalmahjonggleague.org/store.aspx)

**BRIDGE** Fridays, 1:30–3:30 pm, SFC

Must RSVP: (310) 377-3003.

**BINGO!** Friday, Sept 1, 1–2:30 pm, SFC

\$2/card. Cash prizes! Must RSVP: (310) 377-3003.

### **MOVIE TIME**

Friday, Sept 8, 12:30 pm, SFC

**"Ticket to Paradise" (PG-13)**

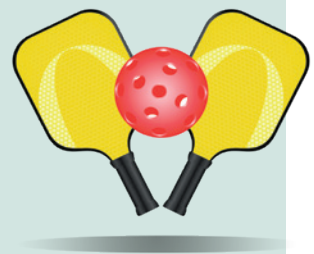
In this 2022 romantic comedy, Julia Roberts and George Clooney play a divorced couple racing to Bali to stop the marriage of their daughter to a local. The bickering duo soon find themselves rekindling old feelings that once made them a happy couple. (1hr 44m)

Attendees must RSVP: (310) 377-3003.

### **IS PICKLEBALL YOUR GAME?**

If you want to play, consider stepping up to lead this hugely requested activity.

For information or to volunteer, call the office at (310) 377-3003.



### **TRIVIA!**

Friday, Sept 22, 1–3 pm, SFC

General knowledge, fun, entertaining, and challenging questions. Bring your own team (max of four) or play independently. Must RSVP by calling (310) 377-3003.





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## A Summer Ice Cream Social *Makes Life Fun!*



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1. Former Board of Directors member Juanita Davis arrived early to help set up and check in members and guests.
2. Enjoying a chat and ice cream were, from the left, Jane Lau, Pam Barrett Hill, and Alberta Samuelson.
3. Yoga instructor Kelly Wagner and her mom, Diana Cahill, came for fellowship, fun, and ice cream, of course!
4. Yummy ice cream put smiles on the faces of Larry and Sheila Lawton.
5. "Which delicious flavor will it be?" asks Board of Directors member Tom Hyatt of former Board of Directors member Marion Ruth.

All enjoyed homemade ice cream from **HANDEL'S** HOMEMADE CREAM SINCE 1945



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# Peninsula Seniors

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## Be Part of Securing Peninsula Seniors's Future



*To discover the basic facts about Peninsula Seniors's endowment fund, your editor interviewed Linda Ralls, Board of*

*Directors president, pictured left. Here are the takeaways of that conversation.*

### **When and why did Peninsula Seniors establish an endowment fund?**

We are all remembered ultimately for our acts, for the lives we touch, and for the causes we advance. In that light, in 2020 Peninsula Seniors established an endowment fund as the vehicle for members and friends to support and enrich the organization's mission and vision financially for the future.

### **What exactly is an endowment?**

The word "endowment" means simply that your gifts to our organization will be professionally managed and invested long-term for Peninsula Seniors's benefit with oversight by the Peninsula Seniors Board of Directors. A percentage of the average fund balance from these investments is contributed annually to the organization's operating budget to fulfill its mission of offering activities and services that enhance and enrich the lives of senior adults on the Palos Verdes Peninsula and in the surrounding community.

**Why are gifts from our members and friends important today and tomorrow?** The future is hard to predict. But one thing we do

know is that Peninsula Seniors will need resources to continue realizing our mission in years to come. Gifts today and bequests tomorrow enable our endowment funds to grow, and those funds benefit from being part of a large portfolio.

We invite members and friends to play a part in securing Peninsula Seniors's future with gifts today and bequests via estate plans. There are a variety of ways to give that provide maximum tax and financial benefits. Please consult with your financial advisor for a plan that will best suit you, your family, and Peninsula Seniors.

For questions, please contact Margie Beierschmitt, Peninsula Seniors executive director, at (310) 377-3003.