

July 2024

A newsletter
of activities,
travel and
tours, events,
and valuable
information
for Peninsula
Seniors



PENINSULA SENIORS
Connections
make life fun!

Olde-Fashioned Ice Cream Social

Save the date: Sunday, July 21, from 2–4pm

Call
(310) 377-3003
today to make
your reservations!

Peninsula Seniors' next big social event is just around the corner. Have some summertime fun at the Scriba Family Center on Sunday, July 21,

2–4pm, for our annual Olde Fashioned Ice Cream Social. Invite your families, grandkids, friends, neighbors, and acquaintances to see our beautiful Center and have a delicious cup of Handel's ice cream. Who doesn't crave Handel's ice cream in the summer? It's only \$5 a cup for your favorite flavor.

Grab that Panama hat and your sunglasses and meet fellow members and guests for a cool time at

Peninsula Seniors. Here at Peninsula Seniors, it's all about meeting new friends, chatting with fellow members, and showing your families where you go to *make life fun*. Once prospective members see our beautiful, welcoming clubhouse and all the interesting social and educational activities we offer, they will thank you for bringing them in.

So spread the word, bring newcomers in the door, and show them how fun and active life can be. Buy them a \$5 ice cream.

Peninsula Seniors is the coolest, air-conditioned place to be for summertime fun. Make your reservations today! Space is limited!

PENINSULA SENIORS MISSION AND VISION

Our mission is to offer activities and services that enhance and enrich the lives of senior adults on the Palos Verdes Peninsula and in the surrounding community.

Our vision is to provide opportunities for Peninsula Seniors to be the most active, educated, and healthy in California.

BOARD OF DIRECTORS

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Vice President: Vidya Kaushik

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Greg Sparkman

HONORARY LIFE MEMBERS

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Ann Shaw

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⁺ = deceased member

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Editor: Christine Barnicki

Published monthly by Peninsula Seniors, a 501(c)(3) Tax-Exempt, Non-Profit Corporation.

Tax ID: 95-3723540

Monthly circulation: 1,400

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STAY CONNECTED

 facebook.com/pvseniors

 X.com/PenSeniors (formerly Twitter)

 instagram.com/peninsulaseniors/

DISCLAIMER

The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



photo by Meredith Whitney

Minute With Margie

Current Membership: 1,026

Please join us for our upcoming signature event, our Olde-Fashioned Ice Cream Social. We'll again be serving delicious Handel's ice cream for just \$5 per scoop. Take advantage of this opportunity to bring your family and friends to see what the beautiful Scriba Family Center is all about. Reservations are a must.

Thank you to Providence Little Company of Mary for sponsoring our booth at the PVP Chamber of Commerce Street Fair. Fifteen volunteers staffed the booth on both days.

Make Life Fun is what we did at the Street Fair. We had a blast meeting folks and telling them about Peninsula Seniors. They were open to learning more about us, and almost 100 of them were interested enough to enter our raffle for a complimentary one-year membership.

We are grateful, also, to Supervisor Janice Hahn, who provided tickets to the Los Angeles County Museum of Art and the Hollywood Bowl for the Tchaikovsky Spectacular with Fireworks.

As we enter the second half of the year, will you please consider the benefits of upgrading your membership level? Together, we can make an even bigger difference for even more seniors in our community!

With Gratitude,

Margie Beierschmitt
Executive Director

Membership News

for Peninsula Seniors

Peninsula Seniors Leave a Lasting Legacy

New and Returning Members

WE WELCOME THESE NEW MEMBERS who joined us in May.

Rhoda Amundson	Gloria Haigh	Rowland & Victoria
Sally Brown	Gary Hearn	Ndubaku
Irv & Rena Eisenstein	Louise Hicks	Michael Oshry
Franklin Fong	Vida Khajehkarameddin	Tania Peterson
Cathy Gillman	Kathy Lee	Cathy Salerno
Polly Goodman	Lynn McLeod	Monica Vargas & John Saia

THANK YOU to those who renewed their membership in May.

Yvonne Adams	Laurie Glover	Frances Noday
Myra Bearman	Susan Grimshaw	Nobuko Okada
David Behr	Sue Haushalter	Ellen Ong
Lesley Boullianne	Pat Headon	Robert & Amerina Ortiz
Dale Bradfield	Jan Hearn	Gerri Oshry
David Camp	Paulette Hiebert	Huibrie Pieters
Christine Campisi	Rick & Eve Higgins	Sydelle Rennick
Elizabeth Carroll	Neville & Karen Howarth	William & Catharine Roberts
Amy Chen	Sandra Jacobsen	Linda Rodrick
Jenny Chen	June Kagdis	Nadine Roisman
Min-Wen & Vivian Chiang	Leonard & Mary Kenney	Eric Samuelson
Harlan & Thelma Chin	Elyse Kukonu	Roderic & Susan Sanborn
Annette Cincotta	Serena Lager	Stella Schiewe
Camile Cozier	Julie Lee	Craig & Kimberlee Stephens
Mira Cvitanovich	Yvonne Levallant	Lee & Ann Strong
Aya Dinning	Jackie Madoni	Jenny Vereck
Julie Disney	Maria Martinez	Bobbie White
Ghamar Doorandish	David & Nancy Mateyka	Jody Wiggins
Bob & Kathryn Ettinger	Bernadette Maynard	Harriet Woo
Kathleen Fitzgerald	Kenneth McKivett	Winston & Inge Wright
Beverly Gervais	Irene Mills	Cecil & Marilyn Wyman
Lynn & Sheri Gill	Emily Mitsanas	Parviz Yalzadeh
Pamela Glavas	Randi Newbill	Ying Zi

Bequests Are For Everyone

BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

SAMPLE LANGUAGE

I give/bequeath the sum of (\$ _____) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

FOR MORE INFORMATION CALL
Margie Beierschmitt
Executive Director, (310) 377-3003

Membership Honor Roll

PLATINUM (\$600/yr)

Anonymous
Keiko Griswold
Bob & Linda Ralls

GOLD (\$400/yr)

Susan Fillichio & Michael Davisson

SILVER (\$250/yr)

Peter Barrett
Melinda Gann
James & Diane Staes
John Williams

Above & Beyond

Thanks to those who made gifts of \$100 or more to Peninsula Seniors' operations in May.

Anonymous (x 2)
Dale Bradfield
Elizabeth Carroll
Julie Disney

Pat Headon
David & Nancy Mateyka
Nobuko Okada
Rose Sherwood

HOT DEALS

for Peninsula Seniors

Show your personalized Peninsula Seniors membership card to receive a Hot Deal. For current and complete information about these merchants and their offers, come to the Scriba Family Center to pick up a detailed flyer, visit our website at pvseniors.org, or call the merchants.

Alltech of Lomita, Inc.

(310) 539-2260 10% off notebook and computer repair.

Big Island Eats & Shave Ice

(310) 265-8194 Free tea w/\$10 purchase or more.

Café Bonaparte, Redondo Beach

(424) 247-9456 10% discount.

CMS Design Portraiture

(310) 373 5450 Free sitting (\$150 value). 10% off orders.

Contessa Home Care

(323) 247-6065 Discounts on packages. 12 hrs/day min.

Courtesy Cleaners

(310) 541-7081 10% off dry cleaning orders over \$10.

Crème de la Crêpe

(310) 541-0001 One dessert crepe with purchase.

Dragonfly Thai

(310) 265-8424 10% off all purchases.

The DropOut Cyclery

(424) 488-2099 10% off first bicycle purchase. 15% off repairs: parts + labor

The Game Chest (310) 377-1193

15% off. Not valid w/other discounts, coupons, specials, or clearance items.

El Pollo Inka (310) 377-3477

15% discount. Free birthday meal with purchase of another entree. Dine in only.

Elegance Automotive

Restoration (626) 420-4442
Discount on detailing cars, SUVs, trucks.

Floral 101 (424) 251-2330

15% off floral arrangements; delivery.

Fred Astaire Dance Studios

(310) 316-5800 15% off Beginners Pkg.

Fuego Cravings

(310) 377-0672 20% off any dine-in or carry-out order. Ground floor, Promenade.

gingi.com 15% off select items w/code PVSENIORS on gingi.com and at Gingi events.

Giorgio's (316) 553-5065. One tiramisu dessert per table at lunchtime.

Golden Cove Pharmacy

(310) 750-6082 10%–15% off.

*Restrictions may apply

The Grand Emporium

(310) 514-842 20% off any purchase.

Hillside Auto Repair (310) 373-7676

10% off parts and labor on service up to \$250. Free car wash with any service.

Kelly's Korner (310) 541-2234 Free cookie or chips with sandwich purchase.

Kim's BBQ (310) 750-6161

10% off Monday through Thursday.

Joey Komada, Licensed

Acupuncturist & Herbalist

(310) 617-6354 15% off first treatment; 10% off subsequent treatments.

Lunada Market & Deli

(424) 206-2880 10% off on Tuesdays.

Massage Smith LLC

(562) 528-0558 20% off products and services.

Mayer's Bakery (310) 377-7846

15% off purchases over \$10.

New Kabab Curry of India

(310) 539-0171 Free drink or 20% off lunch buffet. \$5 corkage waived on wine.

Oil Stop (310) 373-6399 Drive-through oil change: \$15 off. Coupon code PS602.

Outdoor Dog Photography

(310) 818-1764 10% discount on the Mini-Package, a \$265 value.

Peninsula Physical Therapy

(310) 544-6264 \$75/hr. (\$50 discount). \$100/mo. (\$25 discount). Wellness prog.

Power Rooter & Plumbing Inc.

prpcustomerservice@gmail.com
15% off labor.

Ruby's Diner PV (310) 544-7829

10% off entire bill! Exceptions apply.

SAGA Made in Italy (562) 336-0216

15% discount on SAGA Made in Italy ladies wear; 10% discount on everything else.

Salon Vivace (310) 370-7007

20% off consultation, cut, shampoo, and style with select stylists.

**HOT DEALS
HOT TIP:**

Keep your membership card
and Hot Deals list in your car.

Sepi Lackpour, Ph.D., L.Ac.
**Acupuncture & Herbal Holistic
Care** (310) 265-9588 15% off first
treatment; 10% off subsequent treatments.

South Bay Hearing (310) 375-6161
Clean and check hearing aids: FREE. \$250
off new pair of AGX 5, 7, or 9 devices.

Still Got It Fitness (310) 293-1104
25% off first month any membership; 10%
off all subsequent months.

Terranea Resort NEW!
(310) 494-7891 25% at Catalina Kitchen
(excludes alcohol), plus FREE parking.

Truelement Massage
(424) 235-8785. 20% off every visit.

Truxton's (310) 373-8790
15% off 3–5 pm; 10% off other times.

Vee Wesson Design Visions
(310) 213-4055 Free 2 hr initial home
design consult. 5% off one room design.

Village Shoe Repair
NEW ADDRESS: 893 Silver Spur, RHE.
(310) 541-9410 10% off repairs.

**What's Cookin' Cookware
& Gifts** (310) 704-6667 15% off
purchases.

As of 6/18/24. Offers subject to change
without notice. More Hot Deals coming soon!



SAVE THE DATE FOR AN OLDE-FASHIONED

Ice Cream Social

Mark your calendars
and plan to attend our

Third Annual Olde-Fashioned ICE CREAM SOCIAL

**Sunday, July 21, from 2–4 pm
at the Scriba Family Center**

Socialize with friends
and enjoy a favorite ice cream treat.

HANDEL'S
HOMEMADE ICE CREAM SINCE 1945

\$5/scoop for everyone

Call (310) 377-3003
to RSVP by Thursday, July 18.

PREMIUM
SPONSOR



SPONSORS



PENINSULA
POINTE
by COGIR





Cruise the Panama Canal

Day Coach Trips and Multi-Day Tours

make life fun!

WHEN YOU TRAVEL WITH PENINSULA SENIORS

- Sign up early for cruises and multi-day tours and trips. Group events are finalized 45 to 60 days before the trip.
- Tips are not included. \$3–\$5/day is the average tip for bus driver and tour director.
- Trip brochures and flyers are in the Peninsula Seniors office.
- Call (310) 377-3003 for trip details. Leave your name, phone, and the trip that interests you.

CANCELLATION POLICY

If you must cancel, Peninsula Seniors will try, but cannot guarantee, your space will be sold. If your space is filled, the trip cost will be refunded to you, less a \$5 processing fee. If the space cannot be filled no refund can be made, regardless of the reason for cancellation, including medical-related excuses and emergencies. Thank you for your understanding.

HOLLYWOOD BOWL SUMMER CONCERTS UNDER THE STARS

BIG BAND NIGHT
**Maria Schneider &
Count Basie Orchestras**
Wed, July 17

Members \$69 / Non-Members \$84

**TCHAIKOVSKY
SPECTACULAR**
Fri, August 2

Members \$55

Non-Members \$65

Pyrotechnics and all, the “1812 Overture” brings the *spectacular* to a booming finish with the help of the Trojan Marching Band.

**LATIN & SPANISH Dance-
Inspired Music Symphonic
Tango & Flamenco**
Thu, August 8

Members \$69 / Non-Members \$84

**CARMEN AND CARNIVAL
with Dudamel**
Thu, September 5

Members \$69 / Non-Members \$84

SPACE IS LIMITED. Cost includes an express bus ticket from Torrance. Bring a picnic or purchase food at the Bowl. No refunds or cancellations. For more information and to buy tickets, call Peninsula Seniors at (310) 377-3003.



MULTI-DAY TRIPS

GRAND SIERRAS

Sun Aug 18–Thurs Aug 22

\$1,499pp double / \$1,999 single
\$200 deposit. Final payment July 1.

Journey along Highway 395 for amazing views of the eastern Sierras. Visit Kings Canyon, Sequoia National Park, Tuolumne Meadows, Mammoth and Mono Lakes. Explore the ghost town in Bodie State Historical Park.

MUIR WOODS, MONTEREY, AND SAN LOUIS OBISPO

Tues Sept 24–Fri Sept 27

\$899pp double / \$1,499 single
\$200 deposit. Final payment Aug 1.

Explore coastal California from L.A. to Marin County. Visit Solvang, Cannery Row, Fisherman’s Wharf, Sausalito, and Muir Woods.


PANAMA CANAL CRUISE

Fri Jan 10–Thurs Jan 23, 2025

\$5,000–\$6,000pp based on cabin selected. \$400pp deposit. Final payment Oct 2, 2024. No refunds after Oct 1, 2024. Passport required.

Round trip from Ft Lauderdale aboard the *Emerald Princess*. 13 days visiting Columbia, Costa Rica, Aruba, Bonaire, and Grand Cayman. Partial transit of Panama Canal’s new locks. Includes airfare and overnight in Florida.

Peninsula Seniors Calendar For July 2024

MON	TUE	WED	THUR	FRI
1 Tai Chi & Chi Gong (\$) 9-10 Mahjong, 10-12 Meet & Greet, 10-12 French Conversation, 12:30 Rummikub, 1:30-3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, 3:30	2 Ping-Pong, 9-11 Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30-3 Writers' Group, 1:30-3	3 PV Walkers, 9, PP Mahjong, 1, HP Music Appreciation, 3-4	4 OFFICE CLOSED 	5 OFFICE CLOSED
8 Tai Chi & Chi Gong (\$) 9-10 Mahjong, 10-12 Meet & Greet, 10-12 French Conversation, 12:30 Rummikub, 1:30-3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, 3:30 90 & More Club, 3-4	9 Ping-Pong, 9-11 Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30-3 Writers' Group, 1:30-3	10 PV Walkers, 9, PP Bohannon Lecture, 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3-4	11 Ping-Pong, 9-11, SFC Fitness Fun w/Beverly (\$) 11 Thursday Book Club 11:30-1:15, PVL Craft & Chat, 1-3:30 Intermediate Modern Line Dance, 3:30	12 Ping-Pong, 9-12 American Mahjong, 10-noon Movie: "Dr. No" at 12:30 Bridge, 1:30-3:30
15 Mahjong, 10-12 Meet & Greet, 10-12 French Conversation, 12:30 Rummikub, 1:30-3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, 3:30	16 Ping-Pong, 9-11 Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30-3 Writers' Group, 1:30-3	17 PV Walkers, 9, PP Bohannon Lecture, 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3-4	18 Ping-Pong, 9-11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1-3:30, SFC Intermediate Modern Line Dance, 3:30	19 Ping-Pong 9-12 American Mahjong 10-noon Let's Do Lunch (\$) 11:30, El Pollo Inka, RHE Bridge, 1:30-3:30 Trivia, 1-2:30
22 Tai Chi & Chi Gong (\$) 9-10 Mahjong, 10-12 Meet & Greet, 10-12 French Conversation, 12:30 Rummikub, 1:30-3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, 3:30 90 & More Club, 3-4	23 Ping-Pong, 9-11, SFC Tuesday Book Club 10:30, PVL Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30-3 Writers' Group, 1:30-3	24 PV Walkers, 9, PP Bohannon Lecture, 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3-4	25 Ping-Pong, 9-11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1-3:30 Intermediate Modern Line Dance, 3:30	26 Ping-Pong, 9-12 American Mahjong 10-noon Bridge, 1:30-3:30
29 Tai Chi & Chi Gong (\$) 9-10 Mahjong, 10-12 Meet & Greet, 10-12 French Conversation, 12:30 Rummikub, 1:30-3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, 3:30	30 Ping-Pong, 9-11, SFC Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30-3 Writers' Group, 1:30-3	31 PV Walkers, 9, PP Bohannon Lecture 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3-4	Activities are in the Scriba Family Center (SFC) unless otherwise noted. <div> ABBREVIATIONS: \$=cost to attend HP=Hesse Park PP=Promenade on the Peninsula PVL=Palos Verdes Library, Pen Center RHE=Rolling Hills Estates SFC=Scriba Family Center </div>	

Activities

for Peninsula Seniors

Thank You to Our “Connections” Sponsors



Please patronize and thank our recent “Connections” sponsors:

- Merrill Gardens Senior Living
- Tania Peterson, certified senior real estate specialist

We welcome additional sponsors. If you or someone you know is a potential sponsor, please contact Executive Director Margie Beierschmitt for details at (310) 377-3003.

(\$) indicates there is an additional cost to participate in the program or event.

AVAILABLE TO THE COMMUNITY

BOHANNON LECTURE SERIES

Wednesdays at Scriba Family Center

10:15 coffee / 10:30–11:30 am lectures

Bring your friends to enjoy a cup of coffee and thought-provoking lectures on a variety of topics, all presented by local personalities.

July 3: No lecture. Enjoy July 4th!

July 10: “Erik Jay’s Peninsula.” Meet famed local photographer Erik Jay, who will present his stunning photography of the Palos Verdes Peninsula. Erik has published two books, “The Great Peninsula” and “Coastal California, The Wild Life.”

July 17: “Successful Aging With Painting.” Former USC Marching Band Director Art Bartner discusses his secrets for successful aging through his artwork, and finding purpose after a 50-year career leading one of the most famous bands in America.

July 24: “The Golden Record.” Music appreciation instructors Ann and Lee Strong discuss the golden record. No, not the Golden Record like Elvis received for Don’t Be Cruel, but an actual gold-plated record sent into outer space 47 years ago aboard the two Voyager spacecraft.

July 31: “Exploring Hearing Health and Hearing Loss Through Advances in Technology.” Dr. Ian Gerszewski discusses advances in hearing health, hearing loss, current technologies, and how treating hearing loss can help reduce chances of developing dementia.

For details, call Renée Reymond, program coordinator, at (310) 377-3003.



MEET & GREET

Mondays, 10 am–noon, SFC

Have coffee, make new friends, chat, exchange ideas, and *make life fun!*

PV WALKERS Wednesdays, 9 am

Promenade on the Peninsula, south end, level one, across from the nail salon.

Stretch, walk the mall at your own pace, and finish with coffee at the Peninsula Seniors Scriba Family Center. Sponsored by Peninsula Seniors, Promenade on the Peninsula, and Providence Little Company of Mary. For more information, call Peninsula Seniors at (310) 377-3003.

LET'S DO LUNCH (\$)

Friday, July 19, 11:30 am

El Pollo Inka, Promenade on the Peninsula, RHE

\$25 per person, includes tax and tip. Separate checks. RSVP today by calling (310) 377-3003 and indicating your choice of a vegetarian, chicken or fish entree.

FOR MEMBERS ONLY

TAI CHI and CHI GONG (\$)

Mondays, 9–10 am, SFC

No class July 14

Joey Komada, licensed acupuncturist and Tai Chi instructor, will lead a series of gentle movements of stretching the arms and legs that offers a moderate workout to release stress and improve energy, balance, and immunity. For all skill levels. Exercises may be performed in a chair in comfortable clothing. \$60 for four weeks.

RETURNS

Connections! Above left: Friday afternoon bridge stimulates competitive but friendly bidding and warm friendships. Right: Audience members always have questions and comments post-presentations for the Bohannon Lectures guest speakers.

MAHJONG

Mondays, 10 am, SFC

Wednesdays, 1 pm, Hesse Park

LUNDI APRÉS MIDI

Français Conversationnel

Mondays, 12:30–1:30 pm, SFC

Practice basic French speaking skills in a friendly, social atmosphere. RSVP to (310) 377-3003.

(Note: NOT French lessons.)

RUMMIKUB

Mondays, 1:30–3:30 pm, SFC

A tile-based game for two to four players with simple rules and free-flowing fun for everyone. RSVP to (310) 377-3003.

CONVERSATIONAL SPANISH CAFÉ Y CONVERSACIÓN

Mondays, 1:45 pm, SFC

Practice Spanish speaking skills in a friendly, social atmosphere. RSVP to (310) 377-3003.

(Note: NOT Spanish lessons.)

THE “90 & MORE” CLUB

Monday, July 8 and July 22, 3–4 pm SFC

Members 90 years old + are welcome. For more information and to RSVP, call (310) 377-3003.

PING-PONG

Tuesdays & Thursdays, 9–11 am, SFC

Fridays, 9–noon, SFC

Come play with us! All skill levels are welcome.

—Activities continue on the following page

FOR MEMBERS ONLY, *continues*

TUESDAY BOOK CLUB

Tuesday, July 23, 10:30 am, PVL

This book club is full. If you're interested in launching a new book club, let us know by calling (310) 377-3003.

FITNESS FUN WITH BEVERLY (\$)

Tuesdays & Thursdays, 11 am, SFC

Gently sculpt and strengthen your body. For all fitness levels. Taught by Beverly Beatty, certified Advanced Health and Fitness Instructor. \$90 for 3 months.

CONVERSATIONAL JAPANESE

Tuesdays, 1:30–3 pm, SFC

Practice basic conversation skills in a social setting. RSVP to (310) 377-3003.



Behind the Scenes at the Scriba Family Center!

New members **Marie and Dave Chura** came to our rescue recently when we needed a substitute program for our Music Appreciation class. Dave, a 40-year guitar aficionado who plays in a local band, stepped in on short notice to give an impromptu mini guitar concert. His performance, pictured above, was interspersed with guitar-playing facts and styles, '80s guitar music history, and famous songs. Our Music Appreciation class loved the live performance! Thanks, Dave, for stepping in at the last minute.

WRITERS' GROUP

Tuesdays, 1:30–3 pm, SFC

Budding and seasoned authors write poetry, document travels, or write chapters for their books.

MUSIC APPRECIATION

Wednesdays, 3–4 pm, SFC

This month we'll finish our study of late '60s Rock and Roll and begin our study of Traditional American Music, examining the music of America from 1776 through the middle of the 20th century. We'll learn about the origin and development of folk and patriotic tunes that helped shape our country, such as "Yankee Doodle," "The Old Oaken Bucket," "Red River Valley," "Rock Island Line," "Kisses Sweeter Than Wine," "My Old Kentucky Home," and others.

Join instructors Ann and Lee Strong in person at the Scriba Family Center and simultaneously on Zoom.

THURSDAY BOOK CLUB

Thursday, July 11, 11:30–1:15 pm, PVL

CRAFT AND CHAT

Thursdays, 1–3:30 pm, SFC

Work on your craft while socializing with friends. Call (310) 377-3003 to register.

AMERICAN MAHJONG!

Fridays, 10–noon, SFC

Must have your own "Official Standard Hands and Rules."

MOVIE TIME

Friday, July 12, 12:30 pm, SFC

"Dr. No." In the film that launched the James Bond saga, Agent 007 (Sean Connery) battles scientific genius Dr. No, bent on destroying the U.S. space system. 1962 (1hr 50min) PG

BRIDGE Fridays, 1:30–3:30 pm, SFC

Must RSVP: (310) 377-3003.

TRIVIA! Friday, July 19, 1–2:30 pm, SFC

Tease your brain with fun and interesting questions. BYOT: If you have a great question, bring it!



Street Fair Participation *made life fun!*



Peninsula Seniors' volunteers helped at our booth at the recent Street Fair. Pictured are:

1. Board of Directors member Greg Sparkman, left, and volunteer Charlie Abbott;
2. Jackie Suiter, Board of Directors member, left, and Peninsula Seniors' Program Coordinator Renée Reymond;
3. Peninsula Seniors' volunteer Rita Lui with member Hermann Huetttemeyer; and
4. Peninsula Seniors' volunteer Margaret Benson with Tom Hyatt, secretary, Peninsula Seniors Board of Directors.

Special thanks to Board of Directors member Andrew Werts and Providence Little Company of Mary for sponsoring our booth at the Street Fair.



Peninsula Seniors

602 Deep Valley Drive, Suite #310 Rolling Hills Estates CA 90274

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**DATED MATERIAL.
PLEASE DELIVER BEFORE JULY 1**

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Your editor, left, with Eileen Hupp at the Fair.

the PVP Chamber of Commerce. So she called her good friend Eileen Hupp, the Chamber's CEO since 2011, to inquire about the organization's importance to the Peninsula and to Peninsula Seniors. Here's our Q&A.

In general, what is the Chamber of Commerce? The Chamber is an independent, non-profit organization. Our mission is to help build a robust local economy by promoting our member businesses and non-profits. When these entities

PV Street Fair More Than Just Fun

After fun at the annual Street Fair, your editor was curious about its sponsor,

thrive, the entire community reaps the benefits, making our members' involvement all the more impactful.

Why is the Chamber important to Peninsula Seniors? Your membership and participation can provide a wealth of opportunities to spread the word about Peninsula Seniors to the business community. You can connect with new people and age groups, creating possibilities to grow membership. Your presence and contributions are not just appreciated, they are integral to the community as others become acquainted with Peninsula Seniors and all it offers.

When your representatives attend our events, they talk to others about what the Seniors are doing. They pass out flyers and brochures at breakfasts, lunches, community events, and more. They make

connections, network, and expose others to the perks and rewards Peninsula Seniors provides the community.

What are the benefits of Peninsula Seniors' participation in the Street Fair? This is the largest annual Chamber event. It brings together the entire community, drawing more people by far than any other Peninsula happening. Having a booth at the Fair exposes Peninsula Seniors and its activities to a large number of people. Seniors talk to potential members, make connections, and generate awareness. It's a great way to showcase programs, activities, travel, and special-interest groups, demonstrating that Peninsula Seniors is a valuable community resource and a great way to *make life fun!*