

September 2024

A newsletter  
of activities,  
travel and  
tours, events,  
and valuable  
information  
for Peninsula  
Seniors



# PENINSULA SENIORS

# Connections

*make life fun!*

## Thanks and Cheers to Linda Ralls!

*By Margie Beierschmitt,  
Executive Director*

**Board President Linda Ralls** became involved with Peninsula Seniors after her husband, Bob, stopped by our former location: two double-wide bungalows by Rancho Palos Verdes City Hall on Hawthorne Blvd.

During our nice visit I mentioned that Peninsula Seniors needed help with its ongoing capital campaign, which was lacking momentum. In turn, he shared that his wife, Linda, had retired from a long and illustrious career in non-profit and organizational

management, fund-raising, and development.

Next, I met with Linda, who thought she'd answer a few questions and give us a little guidance. Happily, we are still together eight years later.

**Linda launched a successful \$2.5M capital campaign,** which included establishing our endowment. She stepped up to board president after our building purchase in 2020.

Thanks to Linda's stewardship, we have the beautiful Scriba Family Center, and we've broadened our program base, established annual

signature events, and increased our membership.

Speaking for myself and all our members, I thank you, Linda, for your service and tireless efforts to make Peninsula Seniors the premier organization it is today. Your calm, steady demeanor and style have been an inspiration. Your years of encouragement, guidance, and enthusiasm for our mission cannot be understated. We truly could not have done it without you! ***Cheers to you, Linda Ralls!***

*Pictured above: Linda Ralls, who is retiring from her leadership position at Peninsula Seniors.*



## PENINSULA SENIORS MISSION AND VISION

Our mission is to offer activities and services that enhance and enrich the lives of senior adults on the Palos Verdes Peninsula and in the surrounding community.

Our vision is to provide opportunities for Peninsula Seniors to be the most active, educated, and healthy in California.

## BOARD OF DIRECTORS

### Officers

President: Linda Ralls

Vice President: Vidya Kaushik

Secretary: Tom Hyatt

Treasurer: Anil Aggarwal

### Members

Becky Clark

Greg Sparkman

Laurie Glover

Jackie Suiter

Julia Parton

Andrew Werts

## HONORARY LIFE MEMBERS

Anil & Madhvi Aggarwal

John<sup>+</sup> & Dorothy<sup>+</sup> Bohannon

Mike<sup>+</sup> & Virginia Cicoria

Russ Harrington<sup>+</sup>

Gene Hollander<sup>+</sup>

Elaine Jerome

Marylyn & Chuck Klaus

Allen & Dottie Lay

Richard & Melanie Lundquist

Edith Mayerson<sup>+</sup>

Ralph<sup>+</sup> & Loraine Scriba

Ann Shaw

Elly<sup>+</sup> & Robert<sup>+</sup> Visser

<sup>+</sup> = deceased member

## EXECUTIVE DIRECTOR

Margie Beierschmitt

## OFFICE STAFF AND VOLUNTEERS

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## CONNECTIONS NEWSLETTER

Editor: Christine Barnicki

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## STAY CONNECTED

 [facebook.com/pvseniors](https://facebook.com/pvseniors)

 [X.com/PenSeniors](https://X.com/PenSeniors) (formerly Twitter)

 [instagram.com/peninsulaseniors/](https://instagram.com/peninsulaseniors/)

## DISCLAIMER

The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



# Minute With Margie

## Current Membership: 1,043

Have you ever considered the lasting impact of a single act of kindness?

At Peninsula Seniors we've witnessed the profound and enduring effects that your generosity can bring about through our endowment. Endowment isn't about funding for today; it's about creating a better tomorrow. It's like planting a tree whose shade you may never personally enjoy, but countless others will. Think of it as an investment in perpetuity, a legacy that echoes with compassion and empowerment. Your belief in our mission and goals resonates through time, inspiring others.

Today, we invite you to be a part of our journey. Your involvement isn't just financial; it's a commitment to shaping our future.

With Gratitude,



Margie Beierschmitt  
Executive Director

# Membership News

## for Peninsula Seniors

*Peninsula Seniors*  
**Leave a  
Lasting Legacy**

## New and Returning Members

**WE WELCOME THESE NEW MEMBERS** who joined us in July.

Geri Barnett	Teddy Jones	Suzan Shukay
Sarah Bentley	Alexander & Yevgeniya	Gene & Faye Steiger
Pat Brewster	Kharkats	Carmen Thadepalli
James Campbell	Theresa Kraemer	Millie Vong
Judy Frankel	Deborah Kummer	Ada Williams
Mark & Carol Friedman	Sharon Logan	Wei & Leesa Yen
Linda Gray	Jason Montague	Jimmy Yu
Marissa Hauge	Brigit Muller	Marianne Ziegler
	Ray Randall	

**THANK YOU** to those who renewed their membership in July.

Beverly Beatty	Josephine Hrzina &	Shameem Rahimtoola
Merrily Boardman	Richard Crisa	Anna Randall
Frances Boothe	Richard Kamm &	Irene Robinson
William & Karen Burns	Leslie Low	Barbara Rock
Elizabeth Carfrae	Carole Kopecek	Gerlinde Ryan
Cindy Chew	Pat Kromka	Faye Schwartz
Marcia Christensen	Barbara Lange	Edna Steel
Wen Li Chu	James & Dita Lantz	Kathryn Tamer
Joy Ciniero	Kwang Tien &	Patricia Tierney
Richard &	Hong Wei Liao	Susan Udewitz
Judith Dezelan	Hazel Lord	Kay Weber
Judy Foster	Nahid Mazhin	Lois Whitener
Sue Fujinaga	David & Eunice	Coralie Wonder
Margaret Gietzen	McConaughy	Lem & Florence Wong
Keith & Nancy Hauge	Steve & Gabriella Morel	Fay Woodruff & Adelene
David & Yvonne Heath	Frank & Carolyn Pohlner	Thomas

## Bequests Are For Everyone

### BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

### SAMPLE LANGUAGE

I give/bequeath the sum of (\$ \_\_\_\_\_) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

**FOR MORE INFORMATION CALL**  
Margie Beierschmitt  
Executive Director, (310) 377-3003

## Membership Honor Roll

<b>PLATINUM (\$600/yr)</b>	<b>GOLD (\$400/yr)</b>	<b>SILVER (\$250/yr)</b>
Don & Margie Beierschmitt	Laurie Schoellkopf &	Juanita Davis
Don & Martha Tuffli	Stephen Anderson	Ann Fleming

## Above & Beyond

Thanks to those who made gifts of \$100 or more to Peninsula Seniors' operations in July.

Anonymous (x 2)   Barbara Lange   Marion Ruth   Edna Steel   Coralie Wonder



# HOT DEALS

## for Peninsula Seniors

**Show your personalized Peninsula Seniors membership card to receive a Hot Deal.** For current and complete information about these merchants and their offers, come to the Scriba Family Center to pick up a detailed flyer, visit our website at [pvseniors.org](http://pvseniors.org), or call the merchants.

**Alltech of Lomita, Inc.**

(310) 539-2260 10% off notebook and computer repair.

**Belle Epoque NEW!** (310) 316-4302  
265 Avenida Del Norte, RB. Cup of French onion soup or plantain chips and dip w/ lunch or dinner.

**Big Island Eats & Shave Ice**

(310) 265-8194 Free tea w/\$10 purchase or more.

**Café Bonaparte NEW!**

Redondo Beach (424) 247-9456  
10% discount.

**CMS Design Portraiture**

(310) 373 5450 Free sitting (\$150 value).  
10% off orders.

**Contessa Home Care**

(323) 247-6065 Discounts on packages.  
12 hrs/day min.

**Courtesy Cleaners**

(310) 541-7081 10% off dry cleaning  
orders over \$10.

**Crème de la Crêpe**

(310) 541-0001 One dessert crepe with  
purchase.

**Dragonfly Thai**

(310) 265-8424 10% off all purchases.

**DropOut Cyclery**

(424) 488-2099 10% off first bicycle  
purchase. 15% off repairs: parts + labor

**Game Chest** (310) 377-1193

15% off. Not valid w/other discounts,  
coupons, specials, or clearance items.

**El Pollo Inka** (310) 377-3477

15% discount. Free birthday meal with  
purchase of another entree. Dine-in only.

**Elegance Automotive**

**Restoration** (626) 420-4442  
Discount on detailing cars, SUVs, trucks.

**Floral 101** (424) 251-2330

15% off floral arrangements; delivery.

**Fred Astaire Dance Studios**

(310) 316-5800 15% off Beginners Pkg.

**Fuego Cravings**

(310) 377-0672 20% off any dine-in or  
carry-out order. Ground floor, Promenade.

**gingi.com** 15% off select items w/code  
PVSENIORS on [gingi.com](http://gingi.com) and at Gingi events.

**Giorgio's** (310) 541-2600. One tiramisu  
dessert per table at lunchtime.

**Golden Cove Pharmacy**

(310) 750-6082 10%–15% off.

\*Restrictions may apply

**The Grand Emporium**

(310) 514-8429 20% off any purchase.

**Hillside Auto Repair** (310) 373-7676

10% off parts and labor on service up to  
\$250. Free car wash with any service.

**Kabab Curry of India**

(310) 539-0171 Free drink or 20% off  
lunch buffet. \$5 corkage waived on wine.

**Kelly's Korner** (310) 541-2234 Free  
cookie or chips with sandwich purchase.

**Kim's BBQ** (310) 701-4138

10% off Monday through Thursday.

**Joey Komada, Licensed  
Acupuncturist & Herbalist**

(310) 617-6354 15% off first treatment;  
10% off subsequent treatments.

**Lunada Market & Deli**

(424) 206-2880 10% off on Tuesdays.

**Massage Smith LLC**

(562) 528-0558 20% off products and  
services.

**Mayer's Bakery** (310) 377-7846

15% off purchases over \$10.

**Nantucket Crossing NEW!**

(310) 377-7201 10% off selected items  
on Tuesdays.

**Oil Stop** (310) 373-6399 Drive-through  
oil change: \$15 off. Coupon code PS602.

**Oui Beach NEW!** (310) 540-1200

1769 S. Elena Ave, RB. Beach-chic gifts  
and home decor. 15% off purchases.

**Outdoor Dog Photography**

(310) 818-1764 10% discount on the  
Mini-Package, a \$265 value.

**Peninsula Physical Therapy**

(310) 544-6264 \$75/hr. (\$50 discount).  
\$100/mo. (\$25 discount). Wellness prog.

**Power Rooter & Plumbing Inc.**

[prpcustomerservice@gmail.com](mailto:prpcustomerservice@gmail.com)  
(310) 618-9107 15% off labor.

**HOT DEALS  
HOT TIP:**

Keep your membership card  
and Hot Deals list in your car.

**SAGA Made in Italy** (562) 336-0216  
15% discount on SAGA Made in Italy ladies  
wear; 10% discount on everything else.

**Salon Vivace** (310) 370-7007  
20% off consultation, cut, shampoo, and  
style with select stylists.

**Sepi Lackpour, Ph.D., L.Ac.**  
**Acupuncture & Herbal Holistic  
Care** (310) 265-9588 15% off first  
treatment; 10% off subsequent treatments.

**South Bay Hearing** (310) 375-6161  
Clean and check hearing aids: FREE. \$250  
off new pair of AGX 5, 7, or 9 devices.

**Still Got It Fitness** (310) 293-1104  
25% off first month any membership; 10%  
off all subsequent months.

**Terranea Resort NEW!**  
(310) 844-242-0967 25% at Catalina  
Kitchen (excludes alcohol), plus FREE  
parking.

**Truelement Massage**  
(424) 235-8785. 20% off every visit.

**Truxton's** (310) 373-8790  
15% off 3–5 pm; 10% off other times.

**Vee Wesson Design Visions**  
(310) 213-4055 Free 2 hr initial home  
design consult. 5% off one room design.

**Village Shoe Repair**  
**NEW ADDRESS:** 893 Silver Spur, RHE.  
(310) 541-9410 10% off repairs.

**What's Cookin' Cookware  
& Gifts** (310) 704-6667 15% off

As of 8/23/24. Offers subject to change  
without notice. More Hot Deals coming soon!

# RARE COIN EXPERTS

## BUY | SELL | TRADE

*Contact us today!*



**OVER 25+ YEARS  
OF EXPERIENCE**

**WE BUY & SELL RARE  
COINS, GOLD & SILVER**

*For more information or  
to make an appointment:*

**310-750-6951**

**pvcoinexchange@gmail.com**  
**palosverdescoinexchange.com**

**PV COIN  
EXCHANGE**



## Thank You to Our “Connections” Sponsors

Please patronize and thank  
our September sponsor,  
PV Coin Exchange, and  
our recent sponsors:

- Merrill Gardens Senior Living
- Tania Peterson, certified senior real estate specialist
- Caring Angels, home care

**We welcome additional  
sponsors.** If you or  
someone you know is a  
potential sponsor, please  
contact Executive Director  
Margie Beierschmitt for  
details at (310) 377-3003.



**Tania Peterson**



**Vista Sotheby's  
INTERNATIONAL REALTY**





***Celebrate 2025!***

# Day Coach Trips and Multi-Day Tours

*make life fun!*

## WHEN YOU TRAVEL WITH PENINSULA SENIORS

- Sign up early for cruises and multi-day tours and trips. Group events are finalized 45 to 60 days before the trip.
- Tips are not included. \$3–\$5/day is the average tip for bus driver and tour director.
- Trip brochures and flyers are in the Peninsula Seniors office.
- Call (310) 377-3003 for trip details. Leave your name, phone, and the trip that interests you.

## CANCELLATION POLICY

If you must cancel, Peninsula Seniors will try, but cannot guarantee, your space will be sold. If your space is filled, the trip cost will be refunded to you, less a \$5 processing fee. If the space cannot be filled no refund can be made, regardless of the reason for cancellation, including medical-related excuses and emergencies. Thank you for your understanding.

## HOLLYWOOD BOWL SUMMER CONCERTS UNDER THE STARS

**CARMEN AND  
CARNIVAL  
with Dudamel**

**Thu, September 5**

Members \$69 / Non-Members \$84

**WAITLIST  
ONLY**

**LIMITED SPACE.** Cost includes express bus ticket from Torrance. Bring a picnic or purchase food at the Bowl. No refunds or cancellations. For tickets and more information, call Peninsula Seniors at (310) 377-3003.

## DAY TRIP

### CELEBRATE THE 2025 NEW YEAR!

**Tues Dec 31 (New Year's Eve)**

Don't miss our annual trip to Almansor Court in Alhambra. We'll be guests at their luncheon theater. The event concludes as they bring out the champagne to ring in the New Year with London at 4pm our time! Watch for details in future issues of "Connections."

## MULTI-DAY TRIPS

### HEARST CASTLE AT CHRISTMASTIME 2024

**Sun Dec 15–Tues Dec 17**

\$799pp double / \$999 single  
\$200pp deposit. Final payment due Oct 14.

Holiday twilight tour of Hearst Castle followed by a visit to the Cambria German-themed Christmas Market. Visit Solvang, Santa Barbara, and San Luis Obispo.

### PANAMA CANAL CRUISE Fri Jan 10–Thurs Jan 23, 2025

\$5,000–\$6,000pp based on cabin selected. \$400pp deposit. Final payment Oct 2, 2024. No refunds after Oct 1, 2024. Passport required.

Round trip from Ft Lauderdale aboard the *Emerald Princess*. 13 days visiting Columbia, Costa Rica, Aruba, Bonaire, and Grand Cayman. Partial transit of Panama Canal's new locks. Includes airfare and overnight in Florida.

### FALL FOLIAGE 2025

We're working on a trip to view next year's beautiful fall foliage. We'll also visit a Halloween festival featuring giant pumpkins with people inside, floating on water. Details soon!





# Peninsula Seniors

## Calendar For September 2024

MON	TUE	WED	THUR	FRI
<b>2</b> OFFICE CLOSED 	<b>3</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30–3 Writers' Group, 1:30–3	<b>4</b> PV Walkers, 9, PP Bohannon Lecture, 10:15 coffee, 10:30 lecture Pen Vets, 11:45 Mahjong, 1, HP Music Appreciation, 3–4	<b>5</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, NO CLASS TODAY	<b>6</b> Ping-Pong, 9–12 American Mahjong, 10–noon Bingo, 1–2:30 Bridge, 1–3:30
<b>9</b> Tai Chi & Chi Gong (\$) 9–10 Mahjong, 10–12 Meet & Greet, 10–12 French Conversation, 12:30 Rummikub, 1:30–3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, NO CLASS TODAY 90+ Club, 3–4	<b>10</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30–3 Writers' Group, 1:30–3	<b>11</b> PV Walkers, 9, PP Bohannon Lecture, 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4	<b>12</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Thursday Book Club 11:30–1:15, PVL Craft & Chat, 1–3:30 Intermediate Modern Line Dance, NO CLASS TODAY	<b>13</b> Ping-Pong, 9–12 American Mahjong, 10–noon Movie: "Jack Reacher: Never Go Back" at 12:30 Bridge, 1–3:30
<b>16</b> Tai Chi & Chi Gong (\$) 9–10 Mahjong, 10–12 Meet & Greet, 10–12 French Conversation, 12:30 Rummikub, 1:30–3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>17</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30–3 Writers' Group, 1:30–3	<b>18</b> PV Walkers, 9, PP Bohannon Lecture, 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4	<b>19</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>20</b> Ping-Pong, 9–12 American Mahjong, 10–noon Let's Do Lunch (\$) 11:30, Lunada Kitchen (Lunada Market), PVE Bridge, 1–3:30 Trivia, 1–2:30
<b>23</b> Tai Chi & Chi Gong (\$) 9–10 Mahjong, 10–12 Meet & Greet, 10–12 French Conversation, 12:30 Rummikub, 1:30–3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<b>24</b> Ping-Pong, 9–11 Tuesday Book Club 10:30, PVL <b>LUCILLE'S BBQ FUNDRAISER for PEN SENIORS</b> 11am–10pm See page 8. Fitness Fun w/Beverly (\$) 11 Conversational Japanese 1:30–3 Writers' Group, 1:30–3	<b>25</b> PV Walkers, 9, PP Bohannon Lecture, 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4	<b>26</b> Ping-Pong, 9–11 Fitness Fun w/Beverly (\$) 11 Craft & Chat, 1–3:30 Intermediate Modern Line Dance, 3:30	<b>27</b> Ping-Pong, 9–12 American Mahjong 10–noon Bridge, 1–3:30
<b>30</b> Tai Chi & Chi Gong (\$) 9–10 Mahjong, 10–12 Meet & Greet, 10–12 French Conversation, 12:30 Rummikub, 1:30–3:30 Spanish Conversation, 1:45 Intermediate Modern Line Dance, 3:30 90+ Club, 3–4	<p><b>Activities are in the Scriba Family Center (SFC) unless otherwise noted.</b></p> <div> <b>ABBREVIATIONS</b>            \$=cost to attend            HP=Hesse Park            PP=Promenade on the Peninsula            PVL=Palos Verdes Library, Pen Center            RHE=Rolling Hills Estates            SFC=Scriba Family Center         </div>			

*Eat to Support*



**Peninsula  
Seniors**



**Lucille's**

21540 Hawthorne Blvd., Torrance



**Tuesday, September 24  
11 am – 10 pm**

**Present this flyer to your server  
on September 24, and 20%  
generated\* from your order  
will be donated back  
to Peninsula Seniors!**

*\* Excludes alcohol and gift card purchases.  
Valid for dine-in and call-in take-out purchases.*

 @LUCILLES\_BBQ

 LUCILLESBBQ.COM

## **Activities** *for Peninsula Seniors*

(\$ ) indicates there is an additional cost to participate in the program or event.

### **AVAILABLE TO THE COMMUNITY**

#### **BOHANNON LECTURE SERIES**

**Wednesdays at Scriba Family Center**  
10:15 coffee / 10:30–11:30 am lectures

*Bring your friends to enjoy a cup of coffee and thought-provoking lectures on a variety of topics, all presented by local personalities.*

#### **September 4: “Palos Verdes Goes Hollywood”**

Palos Verdes Library District Archivist Tennessee Gardner delves into the rich history of film on the Palos Verdes Peninsula. She will discuss notable films, TV productions, and prominent directors and producers utilizing Palos Verdes’ backdrop for film classics and modern works.

#### **September 11: “Identifying Valuable Coins and Other Treasures”**

Coin experts from the Palos Verdes Coin Exchange will discuss the world of rare coin collecting from famous early shipwreck treasure to modern-day finds in the attic and what your jar of old coins could be worth.

#### **September 18: “Native Plants in Your ZIP Code”**

Cathy Zyetz, member of the South Coast California Native Plant Society, shares how California native plants could be part of your garden landscape design and the best places to find these natural beauties in our area.

*—Bohannon Lectures continue on the following page*



### September 25: “Revisiting Paddy Hirsch”

He was born in England; served as an officer in the Royal Marines; interned at the BBC; was an NPR news reporter; authored a book explaining how Wall Street works; is a fiction writer of thrilling novels; and now will discuss his latest endeavors in media and journalism.

For details, call Renée Reymond, program coordinator, at (310) 377-3003.

### MEET & GREET

**Mondays, 10 am–noon, SFC**

Have coffee, make new friends, chat, exchange ideas, and *make life fun!*

**PV WALKERS Wednesdays, 9 am**

Promenade on the Peninsula, south end, level one, across from the nail salon.

Stretch, walk the mall, and finish with coffee at the Peninsula Seniors’ Scriba Family Center. Sponsored by Peninsula Seniors, Promenade on the Peninsula, and Providence Little Company of Mary. For more information, call Peninsula Seniors at (310) 377-3003.

### PEN VETS LUNCH WITH PROGRAM (\$)

**Wednesday, Sept 4, SFC**

**Doors open at 11:45; lunch w/program at noon**

“Survival in an Artificial Intelligence Environment” is the topic this month. Speaking will be Tony Self, a local REALTOR®, and an early adopter to integrating technology into both his business and personal lives.

*Everyone, not just vets, is welcome.* The \$20 admission includes a sandwich lunch. Pay on arrival. No walk-ins. Must RSVP to [audrey.goode@gmail.com](mailto:audrey.goode@gmail.com).

### LET’S DO LUNCH (\$)

**Friday, September 20, 11:30 am**

**Lunada Kitchen (Lunada Market)**

**2201 Palos Verdes Drive West, PVE**

Lunch on the patio. Order individually; pay individually; and everyone gets a 10% discount! RSVP today by calling (310) 377-3003.

## FOR MEMBERS ONLY

### TAI CHI and CHI GONG (\$)

**Mondays, 9–10 am, SFC**

Joey Komada, licensed acupuncturist and Tai Chi instructor, will lead a series of gentle movements of stretching the arms and legs that offers a moderate workout to release stress and improve energy, balance, and immunity. For all skill levels. Exercises may be performed in a chair in comfortable clothing. \$60 for four weeks. RSVP by calling (310) 377-3003.

### MAHJONG

**Mondays, 10 am, SFC**

**Wednesdays, 1 pm, Hesse Park**

### FRENCH CONVERSATION (NOT French lessons)

**Mondays, 12:30–1:30 pm, SFC**

Practice basic French speaking skills in a friendly, social atmosphere.

### RUMMIKUB

**Mondays, 1:30–3:30 pm, SFC**

A tile-based game for two to four players with simple rules and free-flowing fun for everyone.

### CONVERSATIONAL SPANISH (NOT lessons)

**Mondays, 1:45 pm, SFC**

Practice Spanish speaking skills in a friendly, social atmosphere.

### THE 90+ CLUB

**Every Monday, 3–4 pm SFC**

Members 90 years old + are welcome.

### PING-PONG

**Tuesdays & Thursdays, 9–11 am, SFC**

**Fridays, 9–noon, SFC**

Come play with us! All skill levels are welcome.

### TUESDAY BOOK CLUB

**Tuesday, Sept 24, 10:30 am, PVL**

This book club is full. If you’re interested in launching a new book club, let us know by calling (310) 377-3003.

—Activities continue on the following page

## FOR MEMBERS ONLY, *continues*

### FITNESS FUN WITH BEVERLY (\$)

Tuesdays & Thursdays, 11 am, SFC

Gently sculpt and strengthen your body. For all fitness levels. Taught by Beverly Beatty, certified Advanced Health and Fitness Instructor. \$90 for 3 months.

### CONVERSATIONAL JAPANESE

Tuesdays, 1:30–3 pm, SFC

Practice basic conversation skills in a social setting, with occasional discussions about Japanese culture and traditions. RSVP to (310) 377-3003.

### WRITERS' GROUP

Tuesdays, 1:30–3 pm, SFC

Budding and seasoned authors write poetry, document travels, or write chapters for their books.

### MUSIC APPRECIATION

Wednesdays, 3–4 pm, SFC or Zoom

This month we'll finish our series on the history of rock 'n' roll, then begin our study of classical opera. We'll discuss the origin of opera in the late 1500s in Italy and its development in Western Europe. Ann and Lee Strong, instructors.

A poster for a 'Paint & Sip Party' on Tuesday, October 22, 3–5pm. The poster features a paintbrush and a glass of red wine. A pink starburst graphic says 'MARK YOUR CALENDAR!'. The text on the poster includes: 'Paint & Sip Party', 'Tuesday, October 22 3–5pm', 'Supplies, wine, cheese and a real good time will be provided. All levels welcome. \$65pp.', 'Space is limited. Reservations required. Call (310) 377-3003 to RSVP.'

**Paint & Sip Party**  
**Tuesday, October 22 3–5pm**  
Supplies, wine, cheese and a real good time will be provided. All levels welcome. \$65pp.  
**Space is limited. Reservations required. Call (310) 377-3003 to RSVP.**

## *Behind the Scenes* *at the Scriba Family Center!*

**Helene Reid** is one of those members who always says “yes.” Whether it’s leading the volunteer team to make birthday calls to members, decorating the Scriba Family Center for events, moving chairs and tables, cleaning up after parties, and so much more—Helene is on the “job.” And she doesn’t just make birthday phone calls. She sings Happy Birthday and plays the piano to cheer members on their special day. Now that’s going the extra mile.

### THURSDAY BOOK CLUB

Thursday, Sept 12, 11:30–1:15 pm, PVL

### CRAFT AND CHAT

Thursdays, 1–3:30 pm, SFC

Work on your craft while socializing with friends.

### AMERICAN MAHJONG!

Fridays, 10–noon, SFC

Must have your own “Official Standard Hands and Rules.”

**BINGO! (\$)** Friday, Sept 6, 1–2:30 pm, SFC

\$2/card. Cash prizes! Must RSVP: (310) 377-3003.

### MOVIE TIME

Friday, Sept 13, 12:30 pm, SFC

“Jack Reacher: Never Go Back.” Tom Cruise as Jack Reacher embarks on a mission to prove an old military friend is innocent of treason and uncovers the truth behind a major government conspiracy involving the death of U.S. soldiers. 2016 (1hr 59min) PG13. RSVP to: (310) 377-3003.

**BRIDGE** Fridays, 1–3:30 pm, SFC

All skill levels.

**TRIVIA!** Friday, Sept 20, 1–2:30 pm, SFC

Tease your brain with fun and interesting questions. BYOT: If you have a great question, bring it!





## Linda Ralls helped *make life fun* at Peninsula Seniors!



### The many faces of Linda Ralls at Peninsula Seniors:

1. Linda, right, at an event honoring our interior designers, Donna Duperon, left, and Liz Sparkman, not pictured. January 2023.
2. At the dedication of the Scriba Family Center. From the left: Ralph Scriba, Linda, and Linda's daughter, Elise Rankin. May 2019.
3. Linda, right, and Ann Shaw at our Hard Hat party, where construction was well underway in the interior of our new home. February 2019.
4. Linda, left, with Bohannon lecturer Geraldine Knatz. July 2022.
5. Linda, right, with our travel specialist, JoAnne Weber, left, and Peninsula Seniors' member Rita Lui. June 2024.
6. Board of Directors member Greg Sparkman with Linda. March 2024.





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## All About Peninsula Seniors' Endowment Fund



Margie Beierschmitt

*Your editor interviewed Executive Director Margie Beierschmitt to get the real story about Peninsula Seniors' endowment fund. Here's how your intrepid editor's Q&A went.*

### When and why did Peninsula Seniors establish an endowment fund?

Our endowment was established at the same time we were raising money for our building, the beautiful Scriba Family Center. They go together. The building established our permanent home, and the endowment provides for the long-term sustainability of our organization's future. Having our own building and endowment

underscores our commitment to our mission and our community for the long run.

### How does the endowment fund work?

In an endowment fund, donations are pooled and invested. At the end of the year, a portion of the pooled money goes to the organization's operating budget, while the remaining assets are retained in the fund so it can continue to grow. Basically, the principal remains untouched. Our endowment will continue to grow as we receive additional donations.

### Why are gifts from our members and friends important today and tomorrow?

Our members and friends appreciate what we do today in the community, what we do for seniors. Today's gifts to our endowment will give donors

the satisfaction of knowing that they are helping provide tomorrow's seniors with programs that are important to them today. Donating to our endowment fund is, in a way, the ultimate gift to Peninsula Seniors.

### How can I, members, and friends of Peninsula Seniors help?

We need you, today and tomorrow, to make a commitment to our future. There are a variety of ways to give to Peninsula Seniors, and your gift to our endowment is your most significant investment in our future!

Please pledge your endowment gift and establish your legacy by calling me today: Margie Beierschmitt, Peninsula Seniors executive director, at (310) 377-3003.

Thank you in advance for your support to *make life fun!*