

A newsletter of activities, travel and tours, events, and valuable information for Peninsula Seniors



PENINSULA SENIORS

# Connections

*make life fun!*

## Make Peninsula Seniors Your New Year's Resolution

**As 2025 begins**, why not make coming to Peninsula Seniors a priority and part of your routine? It's easy to stay active, connected, and engaged. And bring a friend or neighbor with you to participate in the fun.

Once a senior of any age steps into the Scriba Family Center and sees all the activities—fitness, mahjong, bingo, movies, ping-pong, bridge, crafting, lectures, and more—and hears the laughter, the conversation, the music, the fun, they'll know what they're missing and see the opportunities. This sense

of community energizes and inspires, prevents loneliness, and fosters friendship and purpose.

*Dreams of the future are better than the history of the past.*

**2025 is a good year** to resolve to get out of the house, try a new activity, or volunteer some time. Ask around. Peninsula Seniors is making life fun. Start today, embrace this new year, and see how much brighter life can be when we're part of a community.

Let's create wonderful memories for 2025. It's never too late. Our 90+ Club is having a wonderful time on Monday afternoons, sharing and socializing.

To each member and future ones, too, we say "Happy New Year!" See you soon at the beautiful Scriba Family Center as you make this New Year's resolution come true.

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*The joy and fun of being part of Peninsula Seniors' community at every age was on full display at our 2024 Holiday Open House.*

## PENINSULA SENIORS MISSION AND VISION

Our mission is to offer activities and services that enhance and enrich the lives of senior adults on the Palos Verdes Peninsula and in the surrounding community.

Our vision is to provide opportunities for Peninsula Seniors to be the most active, educated, and healthy in California.

## BOARD OF DIRECTORS

### Officers

President: Becky Clark  
Secretary: Tom Hyatt  
Treasurer: Anil Aggarwal

### Members

Laurie Glover  
Julia Parton  
Greg Sparkman  
Andrew Werts

## HONORARY LIFE MEMBERS

Anil & Madhvi Aggarwal  
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Mike<sup>+</sup> & Virginia Cicoria  
Russ Harrington<sup>+</sup>  
Gene Hollander<sup>+</sup>  
Elaine Jerome  
Marylyn & Chuck Klaus  
Allen<sup>+</sup> & Dottie Lay  
Richard & Melanie Lundquist  
Edith Mayerson<sup>+</sup>  
Ralph<sup>+</sup> & Loraine<sup>+</sup> Scriba  
Ann Shaw  
Elly<sup>+</sup> & Robert<sup>+</sup> Visser  
<sup>+</sup> = deceased member

## EXECUTIVE DIRECTOR

Margie Beierschmitt




## OFFICE STAFF AND VOLUNTEERS

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## CONNECTIONS NEWSLETTER

Editor: Christine Barnicki  
Published monthly by Peninsula Seniors, a  
501(c)(3) Tax-Exempt, Non-Profit Corporation.  
Tax ID: 95-3723540  
Monthly circulation: 1,400  
602 Deep Valley Drive, Suite 310  
Rolling Hills Estates CA 90274  
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## STAY CONNECTED

 [facebook.com/pvseniors](https://facebook.com/pvseniors)  
 [X.com/PenSeniors](https://x.com/PenSeniors) (formerly Twitter)  
 [instagram.com/peninsulaseniors/](https://instagram.com/peninsulaseniors/)

## DISCLAIMER

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# Minute With Margie

## 2025: Bring it ON!

Current Membership: 1,062

We at Peninsula Seniors thank everyone who responded to our year-end appeal for donations. Your response was heart-warming. You are amazing and very much appreciated!

At our heart, Peninsula Seniors is a volunteer organization. Our volunteers are beyond amazing. They showed up to support our Holiday Open House. Oh, wait. Did I say support? I meant to say decorate the beautiful Scriba Family Center, check in our 130 guests, serve fruit cake, cookies, egg nog, and hot cider, and clean up after all the festivities were over. And all with good cheer and joy! Thank you, wonderful volunteers. Again, we could not have done it without you!

Thank you also to our sponsors, A Peaceful Way Home Care, Belmont Village Senior Living, and South Bay Hearing, for another successful Peninsula Seniors Signature Event.

And speaking of volunteers: We're always in need of a variety of skills. Do you have some special or mundane skills you'd like to share with us? Some of our needs involve the Front Desk, Travel, Hot Deals, Bookkeeping, Office Manuals, and One-Time Events. Please let us know about your skills and availability!

A new year means a new chapter. Let's make 2025 an incredible chapter in our story!

With Gratitude,

Margie Beierschmitt  
Executive Director

# Membership News

## for Peninsula Seniors

Peninsula Seniors  
**Leave a  
Lasting Legacy**

## New and Returning Members

**WE WELCOME THESE NEW MEMBERS** who joined us in November.

David & Stephanie Barker	Bernard & Janice Kenner	Fahimeh Rezatay Harry Schmeichel
Joshua Berg	John Kolin	Adrienne Short & Carla Emmett
Bobbi Brown	Steven & Debra Lewis	Sandra Tuchscher
Rosely Erdle	Shirley Nagai	John & Leila Williams
Jerry & Marcia Haber	John & Sandra O'Neal	

**THANK YOU** to those who renewed their membership in November.

Yossef Aelony	Dorothy Laird	Elaine Rahn
Nancy Black	Donna Lee	Diana Yu Rewinski
Sally Blood	Cheng Leong	Puddin' Ritchie
Kathy Brannon	Marion Levander	Ken Servis
Ralph Browning	Nancy Mahr	Fran Smith
Jay DeMiranda & Jackie Ellis	Barbara McKee	Gloria Smith
Margareta Ericksen	Alan Melgaard & Lynda Kennedy	Susan Spellacy
Traude Gitter	Naomi Mizushima	Michael Stull
Rae Grieco	Gary Moir	Joani Thompson
Terrye Holcomb	Lois Olsen	Charles & Karen Tucker
Loyd Kenworthy	Tom Pawlak & Laura Lamping	Peggy Woiod
H. Florence Kubota		

## Above & Beyond

Thanks to those who made gifts of \$100 or more to Peninsula Seniors' operations in November.

Anonymous (x 2)  
John L. Exline  
Donna Lee  
Nancy Mahr  
Vernon & Mary Olson  
Bob & Linda Ralls  
Eric & Diane Schott  
Tom Shephard  
Jo Anne Weber

## Membership Honor Roll

### **GOLD** (\$400/yr)

David & Stephanie Barker

### **SILVER** (\$250/yr)

Tom Booth  
Rosely Erdle  
John L. Exline  
John & Sandra O'Neal  
Duro & Marija Valentekovich

## Bequests Are For Everyone

### BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

### SAMPLE LANGUAGE

I give/bequeath the sum of (\$\_\_\_\_\_) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

**FOR MORE INFORMATION CALL**  
Margie Beierschmitt  
Executive Director, (310) 377-3003



# HOT DEALS

## for Peninsula Seniors

Show your personalized Peninsula Seniors membership card to receive a Hot Deal. For details about these offers, pick up a flyer at the Scriba Family Center, visit [pvseniors.org](http://pvseniors.org), or call the merchants.

### Alltech of Lomita, Inc.

(310) 539-2260 10% off notebook and computer repair.

### Belle Epoque (310) 316-4302

Redondo Beach. Cup of French onion soup or plantain chips and dip w/lunch or dinner.

### Big Island Eats & Shave Ice

(310) 265-8194 Free tea w/\$10 purchase or more.

### Café Bonaparte in Redondo Beach.

(424) 247-9456 10% discount.

### Caring Angels Home Care **NEW!**

609 Deep Valley Dr., RHE (310) 801-7370  
First 4-hour shift free; 15% off all services.

### Chado Tea Room

1303 El Prado Ave., Torrance  
(424) 757-5222 15% off any purchase.

### Chamber Orchestra of the South Bay. Sunday, May 4, 4 pm Concert at the Norris Theater **NEW!**

Box Office: (310) 544-0304 x221

[PalosVerdesPerformingArts.com](http://PalosVerdesPerformingArts.com)

Buy-One-Get-One-Free tickets  
Use this code on line, in person, or by phone: C024BOG01.

### CMS Design Portraiture

(310) 373 5450 Free sitting (\$150 value).  
10% off orders.

### Contessa Home Care

(323) 247-6065 Discounts on packages.  
12 hrs/day min.

### Courtesy Cleaners

(310) 541-7081 10% off dry cleaning orders over \$10.

### Crème de la Crêpe (310) 541-0001

One dessert crepe with purchase.

### Daisy Buchanan's Pizza Bar **NEW!**

Promenade #141A. (310) 750-6225  
\$10 Pizza, \$5 Beer, \$10 Wine

### Dragonfly Thai (310) 265-8424

10% off all purchases.

### DropOut Cyclery

(424) 488-2099 10% off first bicycle purchase. 15% off repairs: parts + labor

### Duran Reed Realtors® **NEW!**

(310) 519-7670 [ClaraDuranReed.com](http://ClaraDuranReed.com)  
Zero escrow fee for buyers or sellers of real estate in Los Angeles County.

### Game Chest (310) 377-1193

15% off. Not valid w/other discounts, coupons, specials, or clearance items.

### El Pollo Inka (310) 377-3477

15% discount off any item. Not valid with other specials. Free b'day meal w/ purchase of another. Dine-in only.

### Elegance Automotive

**Restoration** (626) 420-4442  
Discount on detailing cars, SUVs, trucks.

### Floral 101 (424) 251-2330

15% off floral arrangements; delivery.

### Fred Astaire Dance Studios

(310) 316-5800 15% off Beginners Pkg.

### Fuego Cravings

(310) 377-0672 20% off any dine-in or carry-out order. Ground floor, Promenade.

**gingi.com** 15% off select items w/code PVSENIORS on [gingi.com](http://gingi.com) and at Gingi events.

**Giorgio's** (310) 541-2600. One tiramisu dessert per table at lunchtime.

### Golden Cove Pharmacy

(310) 750-6082 10%–15% off.

\*Restrictions may apply

### The Grand Emporium

(310) 514-8429 20% off any purchase.

### Hillside Auto Repair (310) 373-7676

10% off parts and labor on service up to \$250. Free car wash with any service.

### Kabab Curry of India

(310) 539-0171 Free drink or 20% off lunch buffet. \$5 corkage waived on wine.

### Kelly's Korner (310) 541-2234

Free cookie or chips with sandwich purchase.

### Kim's BBQ (310) 701-4138

10% off Monday through Thursday.

### Joey Komada, Licensed Acupuncturist & Herbalist

(310) 617-6354 15% off first treatment; 10% off subsequent treatments.

### The Little Oliva **NEW!**

700 Deep Valley Drive, RHE (310) 833-1313  
10% off Mon, Wed, and Thurs

### Lunada Market & Deli

(424) 206-2880 10% off on Tuesdays.

### Massage Smith LLC (562) 528-0558

20% off products and services.

### Mayer's Bakery (310) 377-7846

15% off purchases over \$10.

### Nantucket Crossing (310) 377-7201

10% off selected items on Tuesdays.

### Oil Stop (310) 373-6399

Drive-through oil change: \$15 off. Coupon code PS602.

### Oui Beach (310) 540-1200

Beach-chic gifts and home decor. 15% off.

### Outdoor Dog Photography

(310) 818-1764 10% discount on the Mini-Package, a \$265 value.

### Peninsula Physical Therapy

(310) 544-6264 \$75/hr for physical assessment. \$100/mo for wellness pgm.

### Power Rooter & Plumbing Inc.

[prpcustomerservice@gmail.com](mailto:prpcustomerservice@gmail.com)

(310) 618-9107 15% off labor.

**HOT DEALS  
HOT TIP:**

Keep your membership card and Hot Deals list in your car.

**PV Coin Exchange**

2762 Via Tejon, PVE (310) 750-6951. Turn your coins into cash, no transaction fee.

**SAGA Made in Italy** (562) 336-0216 15% discount on SAGA Made in Italy ladies wear; 10% discount on everything else.

**Salon Vivace** (310) 370-7007 20% off consultation, cut, shampoo, and style with select stylists.

**Sepi Lackpour, Ph.D., L.Ac. Acupuncture & Herbal Holistic Care** (310) 265-9588 15% off first treatment; 10% off subsequent treatments.

**South Bay Hearing** (310) 375-6161 Clean and check hearing aids: FREE. \$250 off new pair of AGX 5, 7, or 9 devices.

**Still Got It Fitness** (310) 293-1104 25% off first month any membership; 10% off all subsequent months.

**Terranea Resort** (844) 242-0967 Catalina Kitchen offers: #1: Buy one, get one free. #2: Complimentary entrée on your birthday. Valid M–Th excl. holidays; excl. alcohol. Free valet parking. Subject to change.

**Truelement Massage** (424) 235-8785. 20% off every visit.

**Truxton's** (310) 373-8790 15% off 3–5 pm; 10% off other times.

**Vee Wesson Design Visions** (310) 213-4055 Free 2 hr initial home design consult. 5% off one room design.

**Village Shoe Repair** (310) 541-9410 10% off repairs.

**What's Cookin' Cookware & Gifts** (310) 704-6667 15% off purchases.

As of 12/12/24. Offers subject to change without notice. More Hot Deals coming soon!

**Aid in Attendance Benefit Pension Program**

Supporting Veterans and Families with Care You Can Count On!



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**CONNECTING PEOPLE**  
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- Care Management
- Dementia & Alzheimer's Care
- Elderly Care
- End-of-Life Care
- In-Home Care
- Respite Care
- Transitional Care for All Ages

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Give us a call at 562-420-4695 or email us at [Admin@AngelConnectionServices.com](mailto:Admin@AngelConnectionServices.com)

**HCO#: 194700321**

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Please patronize and thank our "Connections" advertisers:

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- Tania Peterson, certified senior real estate specialist
- Caring Angels Home Care
- PV Coin Exchange
- Terranea
- A Peaceful Way Home Care
- Angel Connection Nursing Services

Additional advertisers are welcome. If you or someone you know is a potential advertiser, please contact Executive Director Margie Beierschmitt for details at (310) 377-3003.





*Celebrate the new year!*

# Day Coach Trips and Multi-Day Tours

*make life fun!*

## WHEN YOU TRAVEL WITH PENINSULA SENIORS

- Sign up early for cruises and multi-day tours and trips. Group events are finalized 45 to 60 days before the trip.
- Tips are not included. \$3–\$5/day is the average tip for bus driver and tour director.
- Trip brochures and flyers are in the Peninsula Seniors office.
- Call (310) 377-3003 for trip details. Leave your name, phone, and the trip that interests you.

### CANCELLATION POLICY

If you must cancel, Peninsula Seniors will try, but cannot guarantee, your space will be sold. If your space is filled, the trip cost will be refunded to you, less a \$5 processing fee. If the space cannot be filled no refund can be made, regardless of the reason for cancellation, including medical-related excuses and emergencies. Thank you for your understanding.

## DAY TRIPS

*Watch for details about these upcoming excursions.*

### LA OPERA

We're awaiting the Opera's approval for us to attend the senior dress rehearsal of Mozart's "Cosi Fan Tutti" on Sunday, March 6. On approval, details will be available in late January.

**INTUIT DOME TOUR** coming in late March. Visit the new home of the L.A. Clippers, a \$2 billion state-of-the-art facility with innovative technology and unique seating design.

**DEAD SEA SCROLLS AT THE REAGAN LIBRARY** in April. A world-class exhibition featuring eight authentic Dead Sea Scrolls and more than 200 artifacts from the Second Temple period. The premiere and only West Coast venue for this unforgettable journey through history.

## MULTI-DAY TRIPS

### COUNTDOWN TO MARDI GRAS

**Tu Feb 25–Wed Mar 5**

\$3,299/pp double, \$3,899 single  
Includes airfare. \$200/pp deposit

Three nights in the French Quarter with tours and grandstand seating at a Pre-Mardi Gras parade. Then glide through the bayou in an airboat, tour Nottoway Plantation, Baton Rouge, and Lafayette.

### YOSEMITE

**Tu May 6–Th May 8**

\$899/pp double \$1,199 single  
\$200 pp deposit

Spend two nights at Chukchansi Gold Resort Casino. Yosemite sightseeing includes a two-hour tram tour of the valley. Return home via Amtrak train from Fresno to Bakersfield and deluxe motorcoach.

### NEW ENGLAND FALL FOILIAGE AND PUMPKIN FESTIVAL

**Wed Oct 8– Tues Oct 14**

\$4,299/pp double, \$ 5,499 single  
Includes air fare. \$200pp deposit

Tour Boston, Montpelier, Vermont, and Coastal Portland, Maine. Visit Ben and Jerry's Factory, a cider mill and the Bar Hill Distillery. View the stunning array of colors in the New England fall foliage.



# Peninsula Seniors

## Calendar For January 2025

MON	TUE	WED	THUR	FRI
<p><b>ABBREVIATIONS</b></p> <p>\$=cost to attend    PVL=Pen Center PV Library            HP=Hesse Park    RHE=Rolling Hills Estates            PP=Promenade    SFC=Scriba Family Center            on the Peninsula</p> <p><b>Activities are in the Scriba Family Center (SFC) unless otherwise noted.</b></p>		<p><b>1</b></p>  <p><b>OFFICE CLOSED</b></p>	<p><b>2</b> Ping-Pong, 9–11            Craft &amp; Chat, 1–3:30            Intermediate Modern Line Dance, 3:30</p>	<p><b>3</b> Ping-Pong, 9–12            American Mahjong, 10–noon            Bingo, 1–2:30            Bridge, 1–3:30</p>
<p><b>6</b> Mahjong, 10–12            Meet &amp; Greet, 10–12            French Conversation, 12:30            Rummikub, 1–3            Spanish Conversation, 2            Intermediate Modern Line Dance, 3:30            90+ Club, 3–4</p>	<p><b>7</b> Ping-Pong, 9–11            Fitness Fun w/Beverly (\$) 11            Conversational Japanese 1:30–3            Writers' Group, 1:30–3</p>	<p><b>8</b> PV Walkers, 9, PP            Bohannon Lecture, 10:15 coffee, 10:30 lecture            Fitness Fun w/Beverly (\$) 1            Mahjong, 1, HP            Music Appreciation, 3–4</p>	<p><b>9</b> Ping-Pong, 9–11            Fitness Fun w/Beverly (\$) 11            Thursday Book Club 11:30–1:15, PVL            Craft &amp; Chat, 1–3:30            Intermediate Modern Line Dance, 3:30</p>	<p><b>10</b> Ping-Pong, 9–12            American Mahjong, 10–noon            Movie: "Maria" at 12:30            Bridge, 1–3:30</p>
<p><b>13</b> Mahjong, 10–12            Meet &amp; Greet, 10–12            French Conversation, 12:30            Rummikub, 1–3            Spanish Conversation, 2            Intermediate Modern Line Dance, 3:30            90+ Club, 3–4</p>	<p><b>14</b> Ping-Pong, 9–11            Fitness Fun w/Beverly (\$) 11            Conversational Japanese 1:30–3            Writers' Group, 1:30–3            Tech Talk, 4–5</p>	<p><b>15</b> PV Walkers, 9, PP            Bohannon Lecture, 10:15 coffee, 10:30 lecture            Mahjong, 1, HP            Music Appreciation, 3–4</p>	<p><b>16</b> Ping-Pong, 9–11            Fitness Fun w/Beverly (\$) 11            Craft &amp; Chat, 1–3:30            Intermediate Modern Line Dance, 3:30</p>	<p><b>17</b> Ping-Pong, 9–12            American Mahjong, 10–noon            Let's Do Lunch, 11:30 at Szechwan in Lomita            Bridge, 1–3:30            Trivia, 1–2:30</p>
<p><b>20</b> Mahjong, 10–12            Meet &amp; Greet, 10–12            French Conversation, 12:30            Rummikub, 1–3            Spanish Conversation, 2            Intermediate Modern Line Dance, 3:30            90+ Club, 3–4</p>	<p><b>21</b> Ping-Pong, 9–11            Fitness Fun w/Beverly (\$) 11            Conversational Japanese 1:30–3            Writers' Group, 1:30–3</p>	<p><b>22</b> PV Walkers, 9, PP            Bohannon Lecture, 10:15 coffee, 10:30 lecture            Mahjong, 1, HP            Music Appreciation, 3–4</p>	<p><b>23</b> Ping-Pong, 9–11            Fitness Fun w/Beverly (\$) 11            Craft &amp; Chat, 1–3:30            Intermediate Modern Line Dance, 3:30</p>	<p><b>24</b> Ping-Pong, 9–12            American Mahjong, 10–noon            Bridge, 1–3:30</p>
<p><b>27</b> Mahjong, 10–12            Meet &amp; Greet, 10–12            French Conversation, 12:30            Rummikub, 1–3            Spanish Conversation, 2            Intermediate Modern Line Dance, 3:30            90+ Club, 3–4</p>	<p><b>28</b> Ping-Pong, 9–11            Tuesday Book Club 10:30 PVL            Fitness Fun w/Beverly (\$) 11            Conversational Japanese 1:30–3            Writers' Group, 1:30–3</p>	<p><b>29</b> PV Walkers, 9, PP            Bohannon Lecture, 10:15 coffee, 10:30 lecture            Mahjong, 1, HP            Music Appreciation, 3–4</p>	<p><b>30</b> Ping-Pong, 9–11            Fitness Fun w/Beverly (\$) 11            Craft &amp; Chat, 1–3:30            Intermediate Modern Line Dance, 3:30</p>	<p><b>31</b> Ping-Pong, 9–12            American Mahjong, 10–noon            Bridge, 1–3:30</p>



# Activities

## for Peninsula Seniors

(\$ ) indicates an additional cost to participate

### AVAILABLE TO THE COMMUNITY

#### BOHANNON LECTURES

Wednesdays at Scriba Family Center

10:15 coffee / 10:30–11:30 lectures

*Bring your friends to enjoy a cup of coffee and thought-provoking lectures on a variety of topics, all presented by local personalities.*

**January 8: “Upping Your FQ (Fun Quotient) for 2025.”** Inspirational speaker Derek Gable gives us “food for thought” for the new year.

**January 15: To be announced.**

**January 22: “Understanding Modern Art”**

Members Ann and Lee Strong present a lecture on 20th-century Modern Art. Some of the most important works of the first half of the century will be examined along with the most prominent artists, e.g., Georgia O’Keeffe, Jackson Pollock, Richard Diebenkorn, and others.

**January 29: To be announced.**

For details, call Renée Reymond, program coordinator, at (310) 377-3003.

#### MEET & GREET

Mondays, 10 am–noon, SFC

Have coffee, make friends, chat, exchange ideas.  
*Make life fun!*

**PV WALKERS, Wednesdays, 9 am**

Promenade on the Peninsula, south end, level one, across from the nail salon. Stretch, walk the mall, and finish with coffee at the Scriba Family Center. Sponsored by Peninsula Seniors, Promenade on the Peninsula, and Providence Little

Company of Mary. For details, call Peninsula Seniors at (310) 377-3003.

#### PEN VETS LUNCH WITH PROGRAM (\$)

No meeting this month.

#### LET’S DO LUNCH (\$)

Friday, January 17

Szechwan Chinese Restaurant

2107 Pacific Coast Hwy, Lomita

\$22 cash and order from the lunch menu.

### FOR MEMBERS ONLY

#### MAHJONG

Mondays, 10 am, SFC

Wednesdays, 1 pm, Hesse Park

#### FRENCH CONVERSATION (NOT French lessons)

Mondays, 12:30–1:30 pm, SFC

Practice basic French speaking skills in a friendly, social atmosphere.

#### RUMMIKUB, Mondays, 1–3 pm, SFC

A tile-based game for two to four players with simple rules and free-flowing fun for everyone.

#### CONVERSATIONAL SPANISH (NOT lessons)

Mondays, 2 pm, SFC

Practice speaking Spanish in a friendly, social setting.

#### THE 90+ CLUB, Every Monday, 3–4 pm SFC

Members 90 years old + are welcome.

#### PING-PONG

Tuesdays & Thursdays, 9–11 am, SFC

Fridays, 9–noon, SFC

Come play with us! All skill levels are welcome.





Academy-award winner Angelina Jolie plays the title role in our January movie, "Maria," a biopic about famed opera soprano Maria Callas.

### **TUESDAY BOOK CLUB**

Tuesday, January 28, 10:30 am, PVL

This book club welcomes new members. Contact the front desk if you're interested in joining. (310) 377-3003.

### **FITNESS FUN WITH BEVERLY (\$)**

Tuesdays & Thursdays, 11 am, SFC

Gently sculpt and strengthen your body. For all fitness levels. Taught by Beverly Beatty, certified Advanced Health and Fitness Instructor. \$90 for 3 months.

### **CONVERSATIONAL JAPANESE**

Tuesdays, 1:30–3 pm, SFC

Practice basic conversation skills in a social setting, with occasional discussions about Japanese culture and traditions. RSVP to (310) 377-3003.

### **WRITERS' GROUP**

Tuesdays, 1:30–3 pm, SFC

Budding and seasoned authors write poetry, document travels, or write chapters for their books.

### **MUSIC APPRECIATION**

Wednesdays, 3–4 pm, SFC or Zoom

This month, we'll begin our nine-lecture series on the Golden Age of Broadway musicals by discussing the advent of American musicals from "Showboat" in 1927 to "The Sound of Music" in 1959.

### **THURSDAY BOOK CLUB**

Thursday, January 9, 11:30–1:15 pm, PVL

### **CRAFT AND CHAT**

Thursdays, 1–3:30 pm, SFC

Work on your craft while socializing with friends.



### **TECH TALKS**

Tuesday, January 14, 4–5 pm, SFC

Need help figuring out your iPhone? A team of savvy high school students will make this technology less intimidating and more accessible as they assist you one-on-one in 30-minute sessions.

They can help with:

- Basic phone setup
- Sending emails and texts
- Managing apps
- Using the calendar
- Taking photos

Call (310) 377-3003 to sign up for an individual appointment and to submit the questions and issues you'd like help with. **Deadline to register is Wednesday, January 6. Space is limited!**

*(Must bring your iPhone to your appointment!)*

### **AMERICAN MAHJONG**

Fridays, 10–noon, SFC

Must have your own "Official Standard Hands and Rules."

### **BINGO! (\$)**

Friday, January 3, 1–2:30 pm, SFC

\$2/card. Cash prizes! Must RSVP: (310) 377-3003.

—Activities continue on the following page

## FOR MEMBERS ONLY, *continues*

### MOVIE TIME

Friday, January 10, 12:30 pm, SFC

“Maria” Oscar winner Angelina Jolie delivers a stirring performance as opera star Maria Callas in this drama set in her final days. 2024 (2h 3m) R

**BRIDGE** Fridays, 1–3:30 pm, SFC

All skill levels.

### TRIVIA!

Friday, January 17, 1–2:30 pm, SFC

Tease your brain with fun and interesting questions.

BYOT: If you have a great question, bring it!

\****buongiorno!***

### Interested in learning Italian?

Let us know so we can get a class together.

(310) 377-3003.

(\* = good day in English)

## ***Behind the Scenes*** ***at the Scriba Family Center!***

Have you met long-time member **Beverly Iwasaka**? As a great supporter of Peninsula Seniors, you might see her in the front row of a weekly Bohannon Lecture, a Music Appreciation program, crafting with Craft and Chat, or attending a Pen Vets luncheon and lecture. She’s also a valued volunteer, quietly moving tables and chairs to set up the conference room for the next activity. We thank Beverly for her Behind-the-Scenes dedication to Peninsula Seniors programs. We notice and appreciate her work!

*Save the date!*

## **Pre-Super Bowl LIX Hot Dog Tailgate Party!**

**Friday, February 7  
12–2 pm, SFC**

It’s our second annual Pre-Super Bowl Hot Dog Tailgate Party! We’ll be grillin’ hot dogs on the plaza with chips, beer, sodas, and desserts and eating indoors, watching a famous football movie at 1pm. Celebrate the Super Bowl early before the Big Game. \$25/pp.

Reservations  
are a must. Call  
(310) 377-3003.

See you there!



## **Peninsula Seniors Is Looking For Board Members**

Are you or someone you know interested in getting involved? If so, Peninsula Seniors is looking for a few new board members.

What’s involved: monthly board and committee meetings.

We need the following areas of expertise:

- ✓ Finance: Accounting, Investments
- ✓ Legal: Estate Planning
- ✓ Estate Planning: Endowments
- ✓ Development: Fundraising, Grants

To apply, please contact Margie Beierschmitt,  
(310) 377-3003, [seniors@pvseniors.org](mailto:seniors@pvseniors.org).





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# Peninsula Seniors Holiday Party *made life fun!*



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### Seen at our festive party were:

1. Joy Fujita, Vicky and Robert Landis, volunteers
2. Board President Becky Clark, Board Member Julia Parton, and Shelley Pogorelsky
3. Sherry Faust, volunteer
4. Franklin Fong and Del McCulloch
5. Madhvi Aggarwal; Payal Maheshwari; and Sachin Maheshwari
6. Led by Barry Waite, the Coastliner Quartet from the South Bay Coastline Barbershop Chorus provided entertainment



This issue of "Connections"  
is brought to you by



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## Jane Lau's Book of Life Features Chapters Filled With Laughter, Connection, and Simple Pleasures



Jane Lau

*Our delightful Jane Lau hails from Wisconsin. As an adult, she launched a new chapter in her life in Lake*

*Tahoe, where she reared her five now-adult sons and, for 22 years, owned a retail store marketing resort wear and souvenirs. In 2009, Jane earned her real estate license and moved to Palos Verdes, where she began another chapter in her life. Get to know her right here!*

### **How and why did you become involved with Peninsula Seniors?**

I joined nine years ago and initially volunteered to set up for special occasions. I graduated to arranging the monthly Let's Do

Lunch events about six years ago with co-volunteer Jackie Johnson. I also have fun being a birthday caller. I like the surprise I hear on the other end when I phone and the spark in their voices when I sing the "Happy Birthday Song."

### **What's the biggest challenge of arranging the monthly lunches?**

Initially, it was difficult to find restaurants that would issue separate checks or a set per-person dollar amount for meals. I've created a list of these venues over the years, so it's not as hard anymore.

### **How do you select the restaurants every month?**

We have favorites, of course. Giorgio's and Salsa Verdes quickly come to mind. I also ask those around

the table to suggest venues for the upcoming months, and new restaurants are always fun to try.

### **What do you get personally from volunteering with Peninsula Seniors?**

The smiles and happy faces of event participants are my greatest reward. Peninsula Seniors is a great social outlet. Those who join us for lunch can mingle and talk in a safe atmosphere. It's like "Cheers" without the bar!

My time spent volunteering with Peninsula Seniors is like adding a joyful page to the chapters of their lives and mine filled with laughter, connection, and the simple pleasures of shared activities.