

A newsletter
of activities,
travel and
tours, events,
and valuable
information
for Peninsula
Seniors



PENINSULA SENIORS
Connections
make life fun!

Share Peninsula Seniors Love On Valentine's Day and Throughout the Year

How can you share Peninsula Seniors love with others in February? Invite them to our:

**Pre-Super Bowl
Hot Dog Tailgate Party
and Football-Themed
Movie**

Friday, February 9, 12–3 pm
Details on page 7.

The results of our year-end appeal are in, and we thank all our members who answered our call and gave generously to further our programs and activities.

February is the month of love. What a wonderful gift to give a Peninsula Seniors membership to someone you love, a family member, friend, or neighbor, or someone you know who needs to get out of the house and socialize

more. They could be inspired to be more active and sociable by making new friends at the Scriba Family Center.

Show the love. Invite a family member or friend to a Peninsula Seniors fun event or a day trip.

Spread the love. Share Peninsula Seniors with others. Magic happens here when we *make life more fun* by increasing membership numbers and participation.

Photo above: Stencil created during a Craft 'n' Chat session in February 2023.

PENINSULA SENIORS MISSION AND VISION

Our mission is to offer activities and services that enhance and enrich the lives of senior adults on the Palos Verdes Peninsula and in the surrounding community.

Our vision is to provide opportunities for Peninsula Seniors to be the most active, educated, and healthy in California.

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Secretary: Cindy Miller

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Andrew Werts

Julia Parton

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Mike+ & Virginia Cicoria

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Gene Hollander+

Elaine Jerome

Marylyn & Chuck Klaus

Allen & Dottie Lay

Richard & Melanie Lundquist

Edith Mayerson+

Ralph+ & Loraine Scriba

Ann Shaw

Elly & Robert+ Visser

+ = deceased member

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STAY CONNECTED

 facebook.com/pvseniors

 [X.com/PenSeniors](https://x.com/PenSeniors) (formerly Twitter)

 instagram.com/peninsulaseniors/

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The "Peninsula Seniors Corporation" does not assume responsibility for errors, omissions, or misinformation nor do we recommend, endorse, or guarantee products, professional services, or personal opinions expressed. Activities and services may be added, deleted, or rescheduled.



A Minute With Margie

A great big THANK YOU to everyone who stepped up and showed your love to Peninsula Seniors and responded with a contribution to our 2023 year-end appeal. We have such a wonderful, supportive community!

More than dues money is needed to keep the doors open. We depend on your generosity throughout the year. It's costly to run the beautiful Scriba Family Center and offer new activities and programs to meet our members' needs.

Thank you to everyone who has upgraded their membership. We'll host special private receptions for members who have upgraded their memberships to the Silver, Gold, Platinum, or Diamond (Lifetime) levels.

And Membership March is right around the corner! We hope you value your Peninsula Seniors membership and will share it with a friend. When you encourage others to join, you might become more active yourself. Please let me know what's on your mind and how we can help you *make life fun!*

With gratitude,



Margie Beierschmitt
Executive Director

Day Coach Trips and Multi-Day Tours

make life fun!



Savannah, Georgia

DAY TRIPS

We await final information for these two day trips:

• SATURDAY, MARCH 16

Luncheon-theater featuring Irish music and dance on St. Patrick's Day.

• THURSDAY, APRIL 4

Senior Dress Rehearsal of "La Traviata."

MULTI-DAY TRIPS

YOSEMITE ADVENTURE Wed March 6–Fri March 8

\$899pp dbl / \$1,199 single
\$200 deposit.

Final payment due March 22.

Tour Yosemite Valley to view amazing granite cliffs and waterfalls. Two nights at Chukchansi Hotel and Casino. Amtrack train ride.

SOUTHERN CHARM

Mon April 1–Sun April 7

\$2,899pp dbl / \$3,999 single
Roundtrip airfare from \$799 pp.

Full payment due when signing up.

Tour Charleston, Jekyll Island, and Savannah. Visit the local historical districts and plantations.

BEST OF FLORIDA

Tues May 14–Tues May 21

\$3,999pp double / \$4,599 single
\$200 deposit.

Final payment due March 15.

Visit the Sunshine State and tour Key West, Miami, and Orlando. Airboat in the Everglades, Brightline High-Speed Train, plus Disney World or Universal Park.

WHEN YOU TRAVEL WITH PENINSULA SENIORS

- Sign up early for cruises and multi-day tours and trips. Group events are finalized 45 to 60 days before the trip.
- Tips are not included. \$3–\$5/day is the average tip for bus driver and tour director.
- Trip brochures and flyers are in the Peninsula Seniors office.
- Call (310) 377-3003 for trip details. Leave your name, phone, and the trip that interests you.

CANCELLATION POLICY

If you must cancel, Peninsula Seniors will try, but cannot guarantee, your space will be sold. If your space is filled, the trip cost will be refunded to you, less a \$5 processing fee. If the space cannot be filled no refund can be made, regardless of the reason for cancellation, including medical-related excuses and emergencies. Thank you for your understanding.

Peninsula Seniors
**Leave a
Lasting Legacy**

Membership News for Peninsula Seniors

Bequests Are For Everyone

BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

SAMPLE LANGUAGE

I give/bequeath the sum of (\$_____) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

FOR MORE INFORMATION CALL Margie Beierschmitt Executive Director, (310) 377-3003

New and Returning Members

WE WELCOME THESE NEW MEMBERS who joined us in December.

Maryam Al-Hammami	Rosemary Doll	Diane Nuzzolese
Mona Asorian	Joy Fujita	Maneesha Prakash
Shirley Bourke	John & Yuki Kuno	Jim & Flora Quibuyen
Bill & Lisa Cohn	Donna Mathwig	Jim Watson

THANK YOU to those who renewed their membership in December.

Maria Ashla	Terrye Holcomb	Joan Ortolano
Sally Blood	Jane Lau	Carlos & Teresa Rosales
Jo Boehm	Donna Lee	Sally Rouault
Pat Brown	Myrna Levy	Christy Rumbaugh
Betty Bucher	Jim MacLellan & Gwen Butterfield	Marty Russell
Mary Burns	Sachi Mayzel	Judy Shoemaker
Robert Chapkis	Kay Meng	Kathy Stinis
Claire Ealy	Jolaine Merrill	Regina Taylor
Virginia Fleener	Judy Moorhead	Evalee Weiss
Marilyn Garcia	Jim Olds	Urania Yuan
Sieglinde Hale		
Joan Hayes		

Membership Honor Roll

PLATINUM (\$600/yr)

Frank & Joan Sternat

SILVER (\$250/yr)

Robert & Sally Day
Lisa Jester
Vidya & Dhana Kaushik
Jim & Flora Quibuyen
Marylou Sweeney

Above & Beyond

Thanks to those who made gifts of \$100 or more to Peninsula Seniors' operations in December.

John L. Exline
Vidya & Dhana Kaushik
Chuck & Marylyn Klaus
Donna Lee
Marylou Sweeney

Legacy Endowment

Thank you to Vidya & Dhana Kaushik, who made a generous gift to Peninsula Seniors' endowment fund in December.



Thank You to Our Members and Friends Who Donated to Our Year-End Funding Campaign

Your support is a priceless gift to Peninsula Seniors.

Anonymous (6)
Bob Armstrong
Christine Barnicki
Arthur & Barbara Bartner
Ruth Baumann
Esther Beard
Jeanette Betts
Linda Bhatia
Ralph Black
Merrily Boardman
Jo Boehm
Tom Booth
Frances Boothe
Elizabeth Carroll
Linda Cavette
Daisy Cheng
Min-Wen & Vivian Chiang
Walter Christmas
Becky Clark
Jeanne Clarke
Nancy Cypert
Juanita Davis
Davis In-Home Care, Inc.
Robert & Sally Day
Ray & Anne Curry Destabelle
Malin Dollinger
Everett Emerson
Bob & Kathryn Ettinger
Penny Fooks
Inez Foye
Guido Frassinelli
Dennis & Catherine Gardner
Mary Graff
Ann Harrington
Mary Harris & Doug Kendle
Keith & Nancy Hauge

Sue Haushalter
Pat Headon
Paulette Hiebert
Horace Higgins
Terrye Holcomb
Hermann Huettemeyer
Aiko Imagawa
Leila Jennings
Howard & Mary Kay
Jim Kelly
Lloyd Kenworthy
Chuck & Marylyn Klaus
Joyce Kochanowski
Carole Kopecek
Charles Lafferty
Thomas & Patti LaGrelus
Allen & Dorothy Lay
Marilyn Litvak
Joe & Marian Locascio
Rita Lui
Andy & Nancy Mactavish
Nancy Mahr
Gloria Mangano
Diana Martin
David & Nancy Mateyka
Bernadette Maynard
Sachi Mayzel
Del McCulloch
Barbara McKee
Guri McKinnell
Carol Midford
John Miller & Edith Klaus
David & Susan Miller
Alan & Joann Miyamoto
Burckhard Mohr
Judy Moorhead

Anne-Merelie Murrell
Jo Ann Muto
Oarsmen Foundation
Barb Quinlan
Bob & Linda Ralls
Robert & Helene Reid
Bunne Renhult
Susan Reymond
Carlos & Teresa Rosales
Alberta Samuelson
Meena Sawhney
Ginny Schmeichel
Eric & Diane Schott
Jane Sharp
Ann Shaw
Marie Starr
Edna Steel
Ann Steiner & Mary Steiner
Irene Steinman
Lee & Ann Strong
Shu Jen Su
Joani Thompson
Mireille Trevare
The Tuffli Family Foundation
Robert Urling & Mary Ann Morris
Helene Vaughn
Shenandoah & Agnes Wang
Laura Warren
Evalee Weiss
Marilyn White
Jody Wiggins
Coralie Wonder
Winston & Inge Wright

*Pictured above: Section of Valentine's Day
art created during a Craft 'n' Chat session,
February 2022.*

HOT DEALS

for Peninsula Seniors

Show your personalized Peninsula Seniors membership card to receive a Hot Deal. For current information about these merchants, including phone numbers and addresses, come in to the Scriba Family Center to pick up a detailed flyer, or visit our website: pvseniors.org.

Alltech of Lomita, Inc.

2018 W. Lomita Blvd #1, Lomita
(310) 539-2260 10% off notebook and computer repair in your home.

Big Island Eats & Shave Ice

Free tea w/\$10 purchase or more.

CMS Design Portraiture

Free session fee (\$150 value);
10% off orders, plus 10% off orders placed at first preview viewing.

Contessa Home Care Discounts on Basic-, Deluxe-, and Premium-packages. 12 hours/day minimum. (323) 247-6065.
noraferguson@contessahc.com

Courtesy Cleaners

10% off dry cleaning orders over \$10.

Crème de la Crêpe

One dessert crepe with purchase.

Dragonfly Thai

10% off all purchases.

El Pollo Inka With any purchase, 15% off lunch or dinner, complimentary lunch or dinner on your birthday.

Elegance Automotive

Restoration Auto detailing: \$65 2-dr sports car; \$75 4-dr car; \$85 SUV/truck.

Floral 101 5% off floral arrangement; free delivery up to 6 miles from shop on purchases of \$70 or more.

Fred Astaire Dance Studios

10% off Beginners Pkg of 4 private and 2 group lessons, 2 parties.

gingi.com 15% off Gingi jewelry, paintings, note-cards, beauty, and lifestyle products w/code PVSENIORS on gingi.com and at all Gingi art events.

Giorgio's

One tiramisu dessert/table at lunchtime.

Golden Cove Pharmacy 10% off medical supplies, over-the counter, and pro-grade supplements. 15% off pro-grade supplements on last day of the month. *Restrictions may apply.

The Grand Emporium

20% off any purchase.

Hillside Auto Repair

10% off parts and labor on any service up to \$250. Free 30-point vehicle inspection and free car wash with any service.

Kelly's Korner

Free cookie or chips w/sandwich purchase.

Kim's BBQ

10% off Monday through Thursday.

Joey Komada, Licensed Acupuncturist & Herbalist

15% off first treatment; 10% off subsequent treatments.

Lunada Market & Deli

10% off Tuesdays.

Massage Smith LLC

20% off products and services.

Mayer's Bakery

15% off purchases over \$10.

New Kabab Curry of India

NEW! 25332 Crenshaw Blvd., Torrance. Free drink or 20% off lunch buffet. \$5 corkage waived on wine.

Oil Stop Drive-through oil change: \$15 off. Coupon code PS602. 4100 Sepulveda Blvd (at Ocean), Torrance.

Outdoor Dog Photography

NEW! 10% discount on the Mini-Package, a \$265 value. (310) 818-1764

Peninsula Physical Therapy.

\$75/hr. (\$50 discount). \$100/mo. (\$25 discount) wellness program.

Power Rooter & Plumbing Inc.

15% off labor. prpcustomerservice@gmail.com.

Ruby's Diner PV

10% off entire bill! Restrictions apply.

SAGA Made in Italy

15% discount on SAGA Made in Italy clothing line; 10% discount on all else.

Salon Vivace 20% off hair cut, includes hair consultation, shampoo, cut, and style with select stylists.

Sepi Lackpour, Ph.D., L.Ac.
Acupuncture & Herbal

Holistic Care 15% off first treatment; 10% off subsequent treatments.

South Bay Hearing

3734 Sepulveda Blvd., Torrance
(310) 803-9468 FREE clean and check

**HOT DEALS
HOT TIP:**

Keep your membership card
and Hot Deals list in your car.

of your hearing aids; \$250 off new pair
of AGX 9,7, or five hearing devices. Comp
hearing aid consultations available.

Still Got It Fitness

25% off first month any membership;
10% off all succeeding months.

The DropOut Cyclery **NEW!**

1272 Sartori Ave., Torrance. 10% off first
bicycle purchase. 15% off repairs: parts +
labor.

The Game Chest **NEW!**

550 Deep Valley Drive #137, RHE
15% off purchases. Not valid w/other
discounts, coupons, specials, or clearance
items.

Truelement Massage

23706 Crenshaw Blvd., #101B, Torrance,
1truelement.com, (424) 235-8785.
Offer: 20% off every visit.

Truxton's

15% off 3-5 pm; 10% off other times.

Vee Wesson Design Visions

(310) 213-4055 Remodeling? Free 1-2
hours initial home design consultation. 5%
off computer-generated design for one
room or subject.

Village Shoe Repair

10% off repairs.

What's Cookin' Cookware

& Gifts Del Amo Mall, #328-A, Torrance.
15% off purchases.

*As of 1/17/24. Offers subject to change
without notice. More Hot Deals coming soon!*

Join us for a
**Pre-Super Bowl
Hot Dog Tailgate Party!**

**Friday, February 9
12-3 pm, SFC**

We'll be grilling hot dogs and tailgating
on the plaza with chips, beer, sodas,
and more, to celebrate the Super Bowl
before the Super Bowl game on Sunday,
February 11.

Grab a hot dog and drink on the plaza,
then come into the Scriba Family Center
to see a famous, classic football movie at
1 pm. \$20/pp.

Reservations
are a must.
Call to RSVP:
(310) 377-3003

See you there!





Peninsula Seniors

Calendar For February 2024

MON

TUE

WED

THUR

FRI

ABBREVIATIONS:

HP=Hesse Park

PP=Promenade on the Peninsula

SFC=Scriba Family Center

\$=cost to attend

1 Ping-Pong
9-11, SFC

Fitness Fun With Beverly (\$)
11, SFC

Craft & Chat, 1-3:30, SFC

Modern Line Dancing
3:30-4:30, SFC

Virtual Tech Clinic
5-6, Zoom only

2 Ping-Pong
9-12, SFC

American Mahjong
10-noon, SFC

Bingo (\$), 1-2:30, SFC

Bridge, 1:30-3:30, SFC

8 Ping-Pong
9-11, SFC

Fitness Fun With Beverly (\$)
11, SFC

Thursday Book Club
11:30-1:15, SFC

Craft & Chat, 1-3:30, SFC

Modern Line Dancing
3:30-4:30, SFC

Virtual Tech Clinic
5-6, Zoom only

9 Ping-Pong
9-12, SFC

American Mahjong
10-noon, SFC

**PRE-SUPER BOWL
HOT DOG TAILGATE PARTY**
Noon-3 pm, SFC
Football movie:
"Quarterback" at 1pm
Details on page 7.

15 Ping-Pong
9-11, SFC

Fitness Fun With Beverly (\$)
11, SFC

Craft & Chat, 1-3:30, SFC

Modern Line Dancing
3:30-4:30, SFC

Virtual Tech Clinic
5-6, Zoom only

16 Ping-Pong
9-12, SFC

American Mahjong
10-noon, SFC

Let's Do Lunch (\$) 11:30,
Szechuan Chinese Food,
Lomita

Bridge, 1:30-3:30, SFC

22 Ping-Pong
9-11, SFC

Fitness Fun With Beverly (\$)
11, SFC

Craft & Chat, 1-3:30, SFC

Modern Line Dancing
3:30-4:30, SFC

Virtual Tech Clinic
5-6, Zoom only

23 Ping-Pong
9-12, SFC

American Mahjong
10-noon, SFC

Bridge, 1:30-3:30, SFC

Trivia, 1-2:30, SFC

29 Ping-Pong
9-11, SFC

Fitness Fun With Beverly (\$)
11, SFC

Craft & Chat, 1-3:30, SFC

Modern Line Dancing
3:30-4:30, SFC

Virtual Tech Clinic
5-6, Zoom only

5 Meet & Greet
10-Noon, SFC

Mahjong, 10, SFC

Rummikub. 1:30-3:30, SFC

Conversational Spanish
1:45, SFC

90 & More Club, 3-4, SFC

Modern Line Dancing
3:30-4:30, SFC

6 Ping-Pong
9-11, SFC

Fitness Fun With Beverly (\$)
11, SFC

Conversational Japanese
1:30-3, SFC

Writers' Group
1:30-3, SFC

7 PV Walkers, 9, PP

Bohannon Lecture, SFC
10:15 coffee, 10:30 lecture

Pen Vets (\$), Noon, SFC

Mahjong, 1, HP

Music Appreciation
3-4, SFC

12 Meet & Greet
10-Noon, SFC

Mahjong, 10, SFC

Rummikub. 1:30-3:30, SFC

Conversational Spanish
1:45, SFC

Modern Line Dancing
3:30-4:30, SFC

13 Ping-Pong
9-11, SFC

Fitness Fun With Beverly (\$)
11, SFC

Conversational Japanese
1:30-3, SFC

Writers' Group
1:30-3, SFC

14 PV Walkers, 9, PP

Bohannon Lecture, SFC
10:15 coffee, 10:30 lecture

Mahjong, 1, HP

Music Appreciation
3-4, SFC

19 Meet & Greet
10-Noon, SFC

Mahjong, 10, SFC

Rummikub. 1:30-3:30, SFC

Conversational Spanish
1:45, SFC

90 & More Club, 3-4, SFC

Modern Line Dancing
3:30-4:30, SFC

20 Ping-Pong
9-11, SFC

Fitness Fun With Beverly (\$)
11, SFC

Conversational Japanese
1:30-3, SFC

Writers' Group
1:30-3, SFC

21 PV Walkers, 9, PP

Bohannon Lecture, SFC
10:15 coffee, 10:30 lecture

Mahjong, 1, HP

Music Appreciation
3-4, SFC

26 Meet & Greet
10-Noon, SFC

Mahjong, 10, SFC

Rummikub. 1:30-3:30, SFC

Conversational Spanish
1:45, SFC

Modern Line Dancing
3:30-4:30, SFC

27 Ping-Pong
9-11, SFC

Tuesday Book Club
10:30, SFC

Fitness Fun With Beverly (\$)
11, SFC

Conversational Japanese
1:30-3, SFC

Writers' Group
1:30-3, SFC

28 PV Walkers, 9, PP

Bohannon Lecture, SFC
10:15 coffee, 10:30 lecture

Music Appreciation
3-4, SFC

Activities for Peninsula Seniors

(\$) indicates there is an additional cost to participate in the program or event.

AVAILABLE TO THE COMMUNITY

BOHANNON LECTURE SERIES Wednesdays at Scriba Family Center 10:15 coffee / 10:30–11:30 am lectures

Bring your friends to enjoy a cup of coffee and thought-provoking lectures on a variety of topics, all presented by local personalities.

February 7: Let's Play Games! Maryam Al-Hammami, owner of the Game Chest at the Promenade and expert on the world of games for seniors and all ages, will show us the latest game trends for fun and better memory.

February 14: What's Happening Next Door? Palos Verdes Peninsula Library District Director Jennifer Addington will discuss details about managing libraries, acquiring books, and activities for seniors at the PV library next door.

February 21: The Golden Age of British Mysteries. Writer Ellen Mintz will delve into the 1920–30s period of British writers such as Agatha Christie, Roland Knox, Dorothy Sayers, and G. K. Chesterton and their detective/mystery fiction, whose influence continues today.

February 28: The Marsatta Chocolate Experience. Wonka? Chef Jeffray describes the chocolate experience at Marsatta from bean to bar. Join us for a look and perhaps a taste of this small-batch fine chocolate company celebrating two decades of chocolate decadence in Torrance.

MEET & GREET

Mondays, 10 am–noon, SFC

Have coffee, make new friends, chat, exchange ideas, and *make life fun!*

PV WALKERS Wednesdays, 9 am
Promenade on the Peninsula, south end, level one, across from the nail salon.

Stretch, walk the mall at your own pace, and finish with coffee at the Peninsula Seniors Scriba Family Center. Details at Peninsula Seniors: (310) 377-3003.

PEN VETS LUNCH (\$)

Wednesday, February 7, SFC

Doors open at 11:45; lunch w/program at noon

Ms. Nicole Carcel, director of Community Relations at LAWA, will bring us up to date on the \$15 billion Capital Improvement Program to modernize LAX.

Everyone, not just vets, is welcome. The \$20 admission includes a sandwich lunch. Pay on arrival. No walk-ins. Must RSVP to audrey.goode@gmail.com.

LET'S DO LUNCH (\$)

Friday, February 16, 11:30 am

Szechuan Chinese Food

2107 E. Pacific Coast Hwy., Lomita

\$21/pp. Order from the lunch specials. Limited space, so RSVP today by calling (310) 377-3003.

FOR MEMBERS ONLY

MAHJONG

Mondays, 10 am, SFC

Wednesdays, 1 pm, Hesse Park

RUMMIKUB

Mondays, 1:30–3:30 pm, SFC

A tile-based game for two to four players with simple rules and free-flowing. RSVP to (310) 377-3003.

CONVERSATIONAL SPANISH CAFÉ Y CONVERSACIÓN

Mondays, 1:45 pm, SFC

Practice basic Spanish speaking skills in a friendly, social atmosphere. RSVP to (310) 377-3003.

—Activities continues on the following page

FOR MEMBERS ONLY, *continues*

PING-PONG

Tuesdays & Thursdays, 9–11 am, SFC

Fridays, 9–noon, SFC

Come play with us! All skill levels are welcome.

THE “90 & MORE” CLUB

Mondays, February 5 & 19 , 3–4 pm SFC

Members 90 years old and older are welcome. For more information and to RSVP, call (310) 377-3033.

CONVERSATIONAL JAPANESE

Tuesdays, 1:30–3 pm, SFC

Learn basic conversation skills in a social setting with instructor Ryoji. RSVP to (310) 377-3003.

TUESDAY BOOK CLUB

Tuesday, February 27, 10:30 am, SFC

(This book club is full. If you're interested in launching a new book club, let us know by calling (310) 377-3003.)

FITNESS FUN WITH BEVERLY (\$)

Tuesdays & Thursdays, 11 am, SFC

Gently sculpt and strengthen your body. For all fitness levels. Taught by Beverly Beatty, certified Advanced Health and Fitness Instructor. \$90 for 3 mos.

WRITERS' GROUP

Tuesdays, 1:30–3 pm, SFC

Budding and seasoned authors write poetry, document travels, or write chapters for their books.

MUSIC APPRECIATION

Wednesdays, 3–4 pm, SFC

Instructors Ann and Lee Strong will explore classical music of the Modern Era, from Impressionism of the late 1800s through the early and middle 1900s.

CRAFT AND CHAT

Thursdays, 1–3:30 pm, SFC

Work on your craft while socializing with friends. Call (310) 377-3003 to register.

VIRTUAL TECH CLINIC

Thursdays, 5–6 pm, Zoom only

Need help with your digital device? Then this is the clinic for you! Call (310) 377-3003 to register, or email seniors@pvseniors.org.

THURSDAY BOOK CLUB

Thursday, February 8, 11:30–1:15 pm, SFC

AMERICAN MAHJONG!

Fridays, 10–noon, SFC

Must have your own “Official Standard Hands and Rules.”

BRIDGE Fridays, 1:30–3:30 pm, SFC

Must RSVP: (310) 377-3003.

BINGO! (\$) Friday, February 2, 1–2:30 pm, SFC

\$2/card. Cash prizes! Must RSVP: (310) 377-3003. Ken Dyda returns to call!!

MOVIE TIME

Friday, February 9, 1–3 pm, SFC

Two episodes of “Quarterback” at our Pre-Super Bowl Hot Dog Tailgate Party. See page 7 for details.

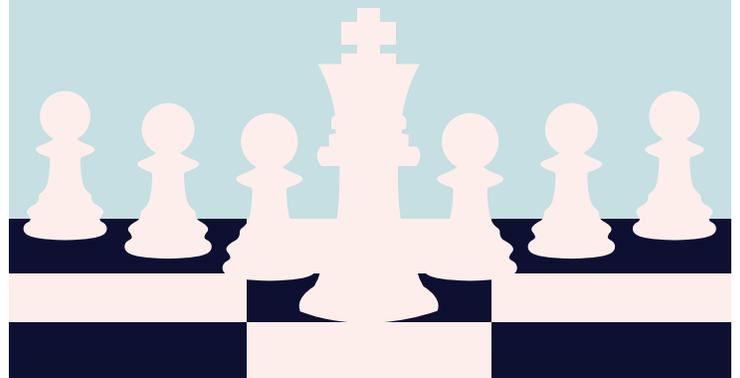
TRIVIA! Friday, February 23, 1–2:30 pm, SFC

Tease your brain with fun and interesting questions. BYOT: If you have a great question, bring it!

PLAY CHESS

AT THE SCRIBA FAMILY CENTER!

Call (310) 377-3003 to let us know you're interested and to register, and we'll share your contact information with other like-minded chess players so mutually convenient play times can be arranged.





Playing Games *Makes Life Fun!*



Join in a game or two or three to keep your mind sharp, social connections strong, and have some marvelous fun.

1. *Bingo, first Friday monthly.*
2. *Bridge, every Friday.*
3. *Rummikub, every Monday.*
4. *Mahjong, every Monday, Wednesday, and Friday.*
5. *Ping-Pong, every Tuesday, Thursday, and Friday.*



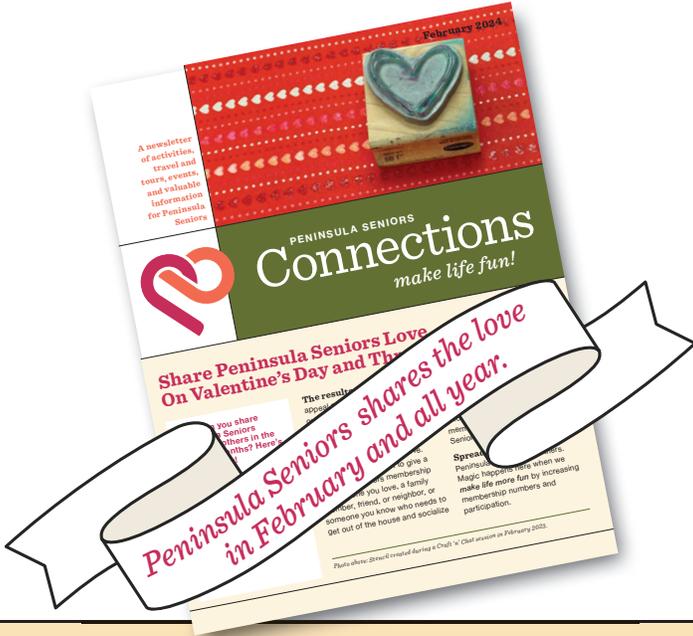


Peninsula Seniors

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**DATED MATERIAL.
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Say “Konnichiwa” to Conversational Japanese



Meet Ryoji Iguchi, the instructor for Peninsula Seniors Conversational Japanese class. Born in Tokyo, reared in Honolulu, and an L.A.-area resident since

2016, one of the first things he tells a new acquaintance is, “My name is pronounced ‘Row G,’ just like theater and stadium seating.”

Your editor had a brief and engaging conversation with Ryoji and shares it here with you.

How did you become associated with Peninsula Seniors? My friend Kimi Miwa introduced me when she suggested the class would be a good fit for Peninsula Seniors.

What’s the most significant difference between the Japanese and English languages? It’s the way words are pronounced. I’m focusing a lot on Japanese pronunciation as well as tonality.

The Japanese culture, manners, and gestures are also very different. I’m teaching about those variances, as well.

Are there some easy tricks to mastering Japanese in a brief amount of time? One trick is to watch a movie you’ve already seen but in Japanese. For instance, if you like the Harry Potter series, watch it in Japanese with English subtitles. You’ll get a better grasp of Japanese because you’re already aware of the events that happen in certain scenes.

Another method is simply by repetition. Start with one or two new words and repeat them throughout the day while showering, dressing, etc.

Why should Americans become familiar with the Japanese language? Because more Japanese culture is being shared here in the United States, including anime, food, and fashion. It’ll also come in handy when you visit Japan!

What’s the most unusual aspect of Ryoji Iguchi? I’m not just bilingual; I’m trilingual! I’m fluent in Japanese, English, and Hawaiian Pidgin, which was recognized as a language by the U.S. Census Bureau in 2015.

Arigatou, Ryoji!