

October 2026

A newsletter
of activities,
travel and
tours, events,
and valuable
information
for Peninsula
Seniors



PENINSULA SENIORS Connections

make life fun!

More Ways to Thrive and Enjoy Your Peninsula Seniors Membership

Do you have a favorite class or program you attend weekly or whenever your schedule allows? Peninsula Seniors offers even more opportunities to enrich your daily life, stay active, keep learning, and make new friends!

Have fun with others through our health and wellness programs. Get moving with PS: Flex & Stretch, PS: Walkers, Fitness Fun with Rachel, Ping-Pong, or Bowling. These lively group activities help you stretch, strengthen, and feel your best while enjoying time together.

Keep your curiosity shining with our educational offerings! Practice French, Spanish, Italian, or Japanese in conversation classes. Enjoy an inspiring lecture, book club, or music presentation in a welcoming setting.

Our culture and travel programs will help you discover something new through day trips, travel adventures, cultural outings, movies, crafts, and more. Each experience opens the door to fresh ideas and memorable moments.

Friendship is at the heart of Peninsula Seniors, and we offer plenty of opportunities for socializing. Join Meet & Greet, the 90+ Club, Bingo, Trivia, Social Bridge, Mahjong, lunches, brunches, and signature events that brighten your calendar.

The more you participate, the more rewarding your Peninsula Seniors experience will be! Explore Connections to find the activities that are just right for you and ***make your life more fun!***

Pictured above: Play chess with us on Tuesday afternoons!

PENINSULA SENIORS MISSION AND VISION

Our mission is to provide a wide range of activities and services to seniors of all ages living on the Palos Verdes Peninsula and surrounding areas. Peninsula Seniors fosters a sense of community and belonging and encourages continuing engagements that promote physical and mental well-being while combating loneliness and isolation.

Our vision is to sustainably expand opportunities for Peninsula Seniors to enhance its ability to improve the overall quality of life and sense of purpose for local seniors while promoting independence and social connection to a growing member base.

BOARD OF DIRECTORS

Officers

President: Becky Clark

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MD, PhD

HONORARY LIFE MEMBERS

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Linda Ralls*

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Scriba

Ann Shaw

Elly* & Robert* Visser

+ = deceased member

INTERIM EXECUTIVE DIRECTOR

Beth MacAller

OFFICE STAFF AND VOLUNTEERS

Programs/Contributing *Connections* Author:

Renée Reymond

Travel: Jo Anne Weber

Webmaster: Tim Farmer

Hot Deals: Susan Reymond

OFFICE HOURS:

M-F, 10-4

BASIC MEMBERSHIP DUES:

Individual: \$100 Couple: \$150

CONNECTIONS NEWSLETTER

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STAY CONNECTED

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 instagram.com/peninsulaseniors/

DISCLAIMER

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Minute With Margie

Well, here we are, at the end of an era.

After 11 incredible years, I am retiring as Peninsula Seniors' executive director.

When I arrived at Peninsula Seniors in 2015, our offices and activities were housed in two double-wides on Hawthorne Blvd., across the driveway from Rancho Palos Verdes City Hall.

Flash forward to today. Thanks to all of YOU, we successfully completed a \$2.5M capital campaign to purchase and build out the beautiful Scriba Family Center and to establish an endowment to support future operations.

I am tremendously proud of how far Peninsula Seniors has come. I believe we are well-positioned to move forward, serving both our current members and the next generation of seniors.

I appreciate your trust, encouragement, and support. It has been my honor, privilege, and pleasure to serve you.

With enduring gratitude,

Margie Beierschmitt, Executive Director, Retired

**"When you love life,
life loves you back."**

— MB

Membership News

for Peninsula Seniors



**Scan the QR code to discover
six compelling reasons** to join or renew
your Peninsula Seniors' membership.

Current Membership: 1,231

New and Returning Members

WE WELCOME THESE NEW MEMBERS who joined us in August.

Zari Askari	Lynn Fernandez	Irene Smith
Carmel Bartlett	& Richard Mitchell	& Jane Zampol
Sheila Bethea	Helen Hong	Stuart Sokolin
Kenneth & Susan Boyd	Robert Hsu & Gina Hsu	Mary Strom
Louise Bretney	Robert Keller	Larry & Nancy
Enson Chang	Gayle Kucharski	Takahashi
& Susan Ito	Kaaren Lee & Dj Lee	Marianne Tipton
Kathryn Christie	Mary Lopes	Yen & Joanne Tsai
& John Spielman	Franklin Melton	Aura Von Kanel
Sondi Culler	Eva Muchnick	Wen-Yu
Linda Epstein	Sook Pak	& Moon-Lan Wu
Judith Ernst	Susan Rahmanian	

THANK YOU to those who renewed their membership in August.

Merrily Adams	Judy Frankel	Rosemary Osuna
Randall Arnwine	Malia Freund	Tom & Kim Park
Rick Baisz	Margaret Gietzen	Mickey & Ruthann
Patti Bannon	Curtis Goetze	Rodich
Susan Barber	Kirindi Goldman	Gerry Spooner
Marjorie Bohn	Doris Hughes	Patrick & Carolyn
Dennis Bosch	Janet Johnson	Stamper
Connie Burke	David Kwon	Craig & Kimberlee
Caring Angels Home	Jane Lenn	Stephens
Care LLC / Daniel	& Arlen Millman	Catherine Stevens
McMahon	Hilary Lord	Susan Swanson
Ibtissam Chang	Rita Lui	Marc & Frankee Victor
Walter Christmas	Nancy Mew	Connie Wall
Cindy Dahl	Alan & Joann Miyamoto	Florence Wong
Abi & Janet Fattahi	Mark Moser	CC Yu
	Gayl Ann Mostert	

Membership Honor Roll

PLATINUM (\$600/yr)

Leila Jennings
Del McCulloch
Coralie Wonder

SILVER (\$250/yr)

Hermann Huettmeyer
Arthur and Cheri McAllister
Steve Nash & Pat Padelford
Jack Potts
Ann Steiner & Mary Steiner
Don and Pat Tambini

Above & Beyond

**Thanks to those who made gifts
to our operations in August.**

\$1,000–\$1,499

Rosemary Boustany

\$100–\$249

Anonymous (x3)

HOT DEALS

for Peninsula Seniors



Call (310) 377-3003 to request your Peninsula Seniors' membership card. For offer details, pick up a flyer at the Scriba Family Center, visit pvseniors.org/hot-deals/, scan the adjacent QR code that will take you to our Hot Deals web page, or call the merchants.

(As of 9/24/2026. Offers subject to change without notice. More Hot Deals coming soon!)

Alltech of Lomita, Inc.

(310) 539-2260 10% off notebook and computer repair.

Caring Angels Home Care

609 Deep Valley Dr., RHE (310) 801-7370
First 4-hour shift free; 15% off services.

Chado Tea Room

(424) 757-5222
1303 El Prado Ave., Torrance 15% off.

CMS Design Portraiture

(310) 373-5450. Free sitting (\$150 value).
10% off orders.

Courtesy Cleaners

(310) 541-7081
10% off dry cleaning over \$10.

Digital Smiles Dentistry

(213) 786-5823 Free basic cleaning, exam, x-rays for new patients. 10% off any treatment.

Dragonfly Thai

(310) 265-8424
10% off all purchases.

Dr. Bianca, Root Canal Specialist

NEW! 827 Deep Valley Drive, RHE

(310) 810-2911 First consult: \$290.

Complimentary CBCT scan.

DropOut Cyclery

(424) 488-2099
10% off first bicycle purchase. 15% off repairs, parts, labor.

Duran Reed Realtors®

(310) 519-7670 ClaraDuranReed.com
Zero \$ escrow fee for buyers or sellers.

El Pollo Inka

(310) 377-3477
15% discount off any item. Free b'day meal w/purchase of another. Dine-in only.

Elegance Automotive Restoration

(626) 420-4442. Discount on detailing cars, SUVs, trucks.

Floral 101

in Lomita. (424) 251-2330
15% off arrangements; free delivery within 6-miles of shop on purchases of \$70+.

Fred Astaire Dance Studios

(310) 316-5800 15% off Beginners Pkg.

Fuego Cravings

(310) 377-0672
20% off any dine-in or carry-out order.

Game Chest

(310) 377-1193
15% off. Not valid w/other discounts.

gingi.com 15% off select items w/code PVSENIORS on gingi.com and events.

Giorgio's (310) 541-2600. One tiramisu dessert per table at lunchtime.

Golden Cove Pharmacy

(310) 750-6082. 10%–15% off.

*Restrictions may apply.

Golden Scoop Gelato

(424) 327-2888.
10% off gelato (except quarts) on Tues.

The Grand Emporium

(310) 514-8429 25% off any purchase.

Hillside Auto Repair

(310) 373-7676
10% off parts and labor on service up to \$250. Free car wash with service.

Kabab Curry of India

(310) 539-0171 Free drink or 20% off lunch buffet. \$5 corkage waived.

Kelly's Korner (310) 541-2234 Free cookie or chips with sandwich purchase.

Kim's BBQ (310) 750-6161 10% off M–Th.

Joey Komada, Licensed Acupuncturist & Herbalist

(310) 617-6354 15% off first treatment; 10% off others.

Level Up Bowl + Bistro NEW!

(310) 377-7700. 550 Deep Valley Dr., #127, RHE. 20% off food and drinks, excl.

alcohol. 15% off games (incl. shoes, balls).

Lunada Market & Deli

(424) 206-2880 10% off on Tuesdays.

Massage Smith LLC

(562) 528-0558
20% off products and services.

MC Plumbing Services NEW!

(310) 953-0558. 20% off products and services.

Melissa's Jewelry & Repair

(424) 263-5874. 1958 PCH, Lomita. 15% off repairs & purchases Weds. and Thurs.

Nantucket Crossing

(310) 377-7201
10% off selected items on Tuesdays.

Oil Stop

(310) 373-6399 Drive-through oil change: \$15 off. Coupon code PS602.

Outdoor Dog Photography

(310) 818-1764 10% discount on the Mini-Package, a \$265 value.

Peace Training With Michael

Peace (310) 294-4679. First session free. 25% discount on any 4-pack of sessions (30–45 minutes).

Peninsula Physical Therapy

(310) 544-6264 \$75/hr for physical assessment. \$100/mo wellness pgm.

Power Rooter & Plumbing Inc.

prpcustomerservice@gmail.com
(310) 618-9107 15% off labor.

PV Coin Exchange

(310) 750-6951
Turn coins into cash/ No transaction fee.

Rosa's La Cabana Mexican

Restaurant 24403 Hawthorne Blvd., Torrance. (310) 375-9133. 15% off.

SAGA Made in Italy

(562) 336-0216
15% discount on SAGA Made in Italy; 10% discount on others.

HOT DEALS HOT TIP:

Keep your membership card
and Hot Deals list in your car.

Salon Vivace (310) 370-7007

20% off consultation, cut, shampoo, and style with select stylists.

Sepi Lackpour, Ph.D., L.Ac.

Acupuncture & Herbal Holistic

Care (310) 265-9588 15% off first treatment; 10% off subsequent treatments.

South Bay Hearing (310) 375-6161

Clean and check hearing aids: FREE. \$250 off new pair of AGX 5, 7, or 9 devices.

Still Got It Fitness (310) 294-1104

25% off first month any membership; 10% off all subsequent months.

Terra Mia Woodfire Pizza **NEW!**

(310) 377-3381 550 Deep Valley Dr. #141A, RHE. 20% off noon to 2pm daily.

Terranea Resort, Catalina Kitchen

(844) 242-0967 Buy one, get one free, or free entrée on your b'day. Excl. alcohol; free valet parking. Valid M–Th., excl. holidays.

The Little Oliva (310) 833-1313

10% off Mon, Wed, and Thurs.

The Sports Complex

(310) 377-3226 Golf Simulator: 50% off the first visit; 25% off thereafter.

Truelement Massage

(424) 235-8785. 20% off every visit.

Truxton's (310) 373-8790

15% off 3–5 pm; 10% off other times.

Vee Wesson Design Visions

(310) 213-4055 Free 2 hr initial home design consult. 5% off one room design.

Village Shoe Repair (310) 541-9410

898 Silver Spur, RHE 10% off repairs.

What's Cookin' Cookware

& Gifts (310) 704-6667 15% off.

Woof Gang Bakery & Grooming

(310) 873-3120 1886½ S. PCH., RB. \$20 off 1st dog groom; 15% product discounts.



HARBOR TERRACE RETIREMENT COMMUNITY

Harbor Terrace is home to independent residents and those needing help with daily activities. Harbor Terrace Retirement offers the perfect blend of independence, community and comfort. You'll enjoy personalized services, engaging activities and the freedom to pursue your interest.

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(310) 547-0090

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Terrace!



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Contact us at:

Holly@HarborTerraceRetirement.com

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Christmas in New York City!

Day Coach Trips and Multi-Day Tours

make life fun!

FOR TRIP DETAILS, call (310) 377-3003. Leave your name, phone, and the trip that interests you.

CANCELLATION POLICY. If you cancel, we offer your space to those on our waiting list. When your space is sold, your cost will be refunded less a \$15 processing fee. Otherwise, no refund can be made.

DAY TRIPS (\$)

NEW YEAR'S EVE LUNCHEON & ENTERTAINMENT

Thurs, Dec 31, 10am–5pm

Members \$TBD

Non-Members \$TBD

Bus from Norris Theater to Alhambra. Waiter-served three-course luncheon with wine and entrée choice of chicken, veggie pasta, or vegan tartar. The entertainment concludes at 4pm as we ring in the New Year on London time.

MULTI-DAY TOURS (\$)

HISTORIC SAVANNAH AND CHARLESTON

Fri, Oct 23–Thurs, Oct 29

\$4,076/pp double, \$5,100 single

Full payment when signing

Enjoy the genteel charm of America's South while touring these amazing cities and exploring the area's beautiful preserved treasures. Visit St. Simons Island and have a farewell dinner in the Jekyll Island Club's Grand Dining Room.

NEW YORK CHRISTMAS

Mon, Dec 7–Fri, Dec 11

\$3,999 pp double, \$4,899 single

\$200 pp deposit

Includes round-trip airfare

Four nights at a Times Square hotel. See the Rockettes Christmas Show. Visit the Metropolitan Museum of Art, Rockefeller Center, and stroll along Times Square with its lavish holiday decorations.

HEARST CASTLE AT CHRISTMAS

Sun, Dec 13–Tues, Dec 15

\$799 pp double, \$999 single

\$200 pp deposit

Immerse yourself in the holidays with the enchanting Holiday Twilight Tour at Hearst Castle and the German-themed Cambria Christmas Market. Visit Santa Barbara and Solvang. Two nights at the Embassy Suites in San Luis Obispo.



Peninsula Seniors

Calendar For October 2026

MON	TUE	WED	THUR	FRI-SAT-SUN
Unless otherwise noted, activities and events are in the Scriba Family Center (SFC)	ABBREVIATIONS \$=Cost to attend activity HP=Hesse Park LUB+B=Level Up Bowl + Bistro, Promenade #127 PVIC=Pt. Vicente Interpretive Center PVL=Pen Center Library PVLPD=Pen Center Library top parking deck		1 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Inter. Mod. Line Dance, 3:30	2 Ping-Pong, 9–12 American Mahjong, 10–12 BINGO! (\$) 1–2:30 (12:45 check-in) Social Bridge, 1–3:30 3 PS: Walkers, 8–9:30, (Sat) PVIC NEW!
5 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Bowling (\$), 3–5, LUB+B Inter. Mod. Line Dance, 3:30	6 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1:15–2:45 Conversational Japanese, 1:15–2:45 Chess Club, 2–3 NEW! Ukulele, 3–4	7 PS: Flex & Stretch, 8:45, PVLPD Bohannon Lecture: "The History of Tea" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4	8 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Inter. Mod. Line Dance, 3:30	9 Ping-Pong, 9–12 American Mahjong, 10–12 Movie: "Ordinary Angels," 12:30 Trivia, 1–2:30 Social Bridge, 1–3:30 10 PS: Walkers, 8–9:30, (Sat) PVIC NEW!
12 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Bowling (\$), 3–5, LUB+B Inter. Mod. Line Dance, 3:30	13 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1:15–2:45 Conversational Japanese, 1:15–2:45 Chess Club, 2–3 NEW! Ukulele, 3–4	14 PS: Flex & Stretch, 8:45, PVLPD Bohannon Lecture: "A Caravan of Martyrs: The Hashemite Family Since the Mid-19th Century" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4	15 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Inter. Mod. Line Dance, 3:30	16 Ping-Pong, 9–12 American Mahjong, 10–12 Let's Do Lunch (\$): 11:30 Stonefire Grill, Torrance BINGO! (\$) 1–2:30 (12:45 check-in) Social Bridge, 1–3:30 SPECIAL! Flower Arrangement Wkshp, 3–4 17 PS: Walkers, 8–9:30, (Sat) PVIC NEW!
19 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Bowling (\$), 3–5, LUB+B Inter. Mod. Line Dance, 3:30	20 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1:15–2:45 Conversational Japanese, 1:15–2:45 Chess Club, 2–3 NEW! Ukulele, 3–4	21 PS: Flex & Stretch, 8:45, PVLPD Bohannon Lecture: "Los Angeles County Supervisor Update" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4	22 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Inter. Mod. Line Dance, 3:30	23 Ping-Pong, 9–12 American Mahjong, 10–12 Social Bridge, 1–3:30 New Member Orientation, 2–3 24 PS: Walkers, 8–9:30, (Sat) PVIC NEW! 25 Let's Do Brunch (\$), (Sun) 11:30 Pacific Standard Prime, Redondo Beach
26 Mahjong, 10–12 Meet & Greet, 10–12 Conversational French, 12:30–1:30 Rummikub, 1–3 Conversational Spanish, 2–3 90+ Club, 3–4 Bowling (\$), 3–5, LUB+B Inter. Mod. Line Dance, 3:30	27 Ping-Pong, 9–11 Tues. Book Club, 10:30, PVL Fitness Fun (\$), 11 Fitness Fun (\$), 12 Conversational Italian, 1:15–2:45 Conversational Japanese, 1:15–2:45 Chess Club, 2–3 NEW! Ukulele, 3–4	28 PS: Flex & Stretch, 8:45, PVLPD Bohannon Lecture: "Halloween Music Special" 10:15 coffee, 10:30 lecture Mahjong, 1, HP Music Appreciation, 3–4	29 Ping-Pong, 9–11 Fitness Fun (\$), 11 Fitness Fun (\$), 12 Craft & Chat, 1–3:30 Inter. Mod. Line Dance, 3:30	30 Ping-Pong, 9–12 American Mahjong, 10–12 Trivia, 1–2:30 Social Bridge, 1–3:30 31 PS: Walkers, 8–9:30, (Sat) PVIC NEW!

Peninsula Seniors
**Leave a
Lasting Legacy**

Activities for Peninsula Seniors

(\$) indicates an additional cost to participate

Bequests Are For Everyone

BENEFITS OF BEQUESTS:

- Bequests require no donation during your lifetime.
- You can change your mind if your circumstances change.
- Bequests are welcome in any amount.
- You can leave money to your loved ones and Peninsula Seniors by specifying percentages to go to each.

SAMPLE LANGUAGE

I give/bequeath the sum of (\$_____) to Peninsula Seniors, 501(c)(3) Tax-Exempt Non-Profit Corp., Tax ID: 95-3723540, residing at 602 Deep Valley Drive, Suite 310 Rolling Hills Estates CA 90274 for its general use and purposes.

FOR MORE INFORMATION CALL
Margie Beierschmitt
Executive Director
(310) 377-3003

AVAILABLE TO THE COMMUNITY

BOHANNON LECTURES

Wednesdays at Scriba Family Center

10:15 coffee / 10:30–11:30 lectures

Oct 7: The History of Tea. Caltech alumna and scientist Wen Chen explores the evolution of ancient Chinese tea culture, from its origins as an herbal medicine to its status as a now-popular drink worldwide.

Oct 14: A Caravan of Martyrs: The Hashemite Family Since the Mid-19th Century. Local historian and author Jim Shneer returns with the story of an important Middle Eastern family that has played a prominent role in the Islamic community for the last 800 years and has ruled four Middle Eastern countries.

Oct 21: Los Angeles County Supervisor Update. Janice Hahn, a member of the LA County Board of Supervisors for the 4th District, will discuss issues and legislative priorities she is promoting for the citizens of LA County, as well as upcoming community issues.

Oct 28: Halloween Music Special. Members Ann and Lee Strong present a special holiday lecture celebrating scary stuff! They'll discuss and sample pieces of music written for or about Halloween, focusing on three themes: "All Hallows Eve," death, and witches and the devil, from the 17th through the 20th century.

For details, call Program Coordinator Renée Reymond at (310) 377-3003.

MEET & GREET, Mon, 10 am–noon, SFC

Have coffee, make friends, chat, exchange ideas.

PS: FLEX & STRETCH, Wed, 8:45 am

688 Deep Valley Drive, RHE, Top parking deck at the main library.

In collaboration with Providence Little Company of Mary Medical Center and the Palos Verdes Library District.

LET'S DO LUNCH (\$), Fri, October 16, 11:30am,

Stonefire Grill, 25252 Crenshaw Blvd, Torrance. Separate checks: MUST RSVP to (310) 377-3003.



Our ukulele players as they prepared for our entertaining Summer Sing-Along.

LET'S DO SUNDAY BRUNCH (\$)

Sun, October 25, 11:30, Pacific Standard Prime
1810 Pacific Coast Hwy., Redondo Beach.
NO SEPARATE CHECKS. Bring cash in small bills.
Call (310) 377-3003 for a reservation.

FOR MEMBERS ONLY

MAHJONG

Mon, 10 am, SFC / Wed, 1 pm, Hesse Park

RUMMIKUB, Mon, 1–3 pm, SFC

A tile-based game for two to four players with simple rules and free-flowing fun for everyone.

THE 90+ CLUB, Mon, 3–4 pm, SFC

Members 90+ years old are welcome.

BOWLING (\$), Mon, 3–5 pm

Level Up Bowl + Bistro

\$7.50 per person; includes shoes. Sign up at (310) 377-3003.

PING-PONG

Tu & Th, 9–11 am, SFC / Fri, 9–noon, SFC

Come play with us! All skill levels are welcome.

TUESDAY BOOK CLUB

Tues, Oct 27, 10:30 am, PVL

New members are welcome. Call (310) 377-3003.

FITNESS FUN WITH RACHEL (\$)

Tu & Th, 11 am, SFC / Tu & Th, Noon, SFC

Gently sculpt and strengthen your body. All fitness levels. \$105 for 3 months.

CHESS CLUB, Tu, 2–3 pm, SFC

Whether you're a beginner or at any level, we'll have chess boards, a little instruction, and learn together. Call (310) 377-3003 to RSVP.

NEW!!

UKULELE STRUM & SING, Tu, 3–4 pm, SFC

Just bring your ukulele, and we'll strum and sing together. All levels welcome. For info: (310) 377-3003.

MUSIC APPRECIATION

Wed, 3–4 pm, SFC or Zoom

This month instructors Ann and Lee Strong begin a series on The Golden Age of Broadway Musicals, sampling the development of American musicals from *Showboat* in 1927 to *The Sound of Music* in 1959.

CRAFT AND CHAT, Th, 1–3:30 pm, SFC

Work on your craft while socializing with friends. New members welcome!

SPECIAL!

Join us for a fun and free
Flower Arrangement Workshop
Friday, October 16, 3–4 pm, SFC

Learn to design a beautiful arrangement,
explore seasonal flowers,
enjoy socializing with members,
and take home something beautiful.

All skill levels.

Limited to 20 members.

Reservations required.

Call (310) 377-3003.

Presented by
 Alignment Healthcare

—Activities continues



NEW MEMBER ORIENTATION
Fri, Oct 23, 2–3 pm, SFC

Join Interim Executive Director Beth MacAller to learn about Peninsula Seniors, our activities, programs, and travel adventures, get connected to stay connected, and *make life fun!*

RSVP to (310) 377-3003.

AMERICAN MAHJONG, Fri, 10–12, SFC
Must have the “Official Standard Hands and Rules.”

BINGO! (\$) First and 3rd Fridays, SFC
Fri, Oct 2 and Fri, Oct 16
1–2:30 pm (12:45 check-in)
\$2/card. Cash prizes!

MOVIE TIME, Fri, Oct 9, 12:30 pm, SFC
“Ordinary Angels.” An endearing true story of a fierce but directionless hairdresser who discovers a renewed sense of purpose when she meets a widower working hard to make ends meet for his two little girls. Stars Alan Ritchson and Hilary Swank. 2024 (1hr 58min) PG

TRIVIA! Fri, Oct 9, 1–2:30 pm, SFC

Do you like interesting discussions in a fun, friendly atmosphere, while testing your general knowledge at the same time? Then join our trivia group!

SOCIAL BRIDGE, Fri, 1–3:30 pm, SFC
All skill levels are welcome.

PS: WALKERS, Sat, 8–9:30 am
Pt. Vicente Interpretive Center (museum entry)
31501 PV Dr W, Rancho PV
Join them every Saturday morning from 8–9:30 for a relaxed, 4-mile walk along the ocean trails, led by one of our members. Leashed, friendly dogs are welcome. Call (310) 377-3003 to sign up.

CONVERSATIONAL FOREIGN LANGUAGES

Practice speaking a foreign language in a friendly, social setting.

CONVERSATIONAL FRENCH (BASIC)
Mon, 12:30–1:30 pm, SFC

CONVERSATIONAL SPANISH
Mon, 2–3 pm, SFC

CONVERSATIONAL ITALIAN
Tu, 1:15–2:45, SFC
Talk about Italian food, music, movies, and more.

CONVERSATIONAL JAPANESE
Tu, 1:15–2:45 pm, SFC
Occasional discussions about Japanese culture.



Annamarie Ellington

Behind the Scenes at the Scriba Family Center!

Annamarie Ellington shares her love of all things Italian with Peninsula Seniors as the lead volunteer for the Conversational Italian group that meets on Tuesdays. A new member in 2025, Annamarie was referred as a teacher by a member who knew of her experiences living in Rome as a teenager and her love of Italian culture,

food, music, and customs. She jumped right in, volunteering to lead the Italian class, which is open to all levels. Each week, she prepares an engaging class featuring discussions of Italian cooking, famous singers, art, movies, YouTube videos, and cultural tidbits.

Thanks, Annamarie, for sharing the love.



PS: Walkers! Gettin' in Shape Makes Life Fun!



PV: Walkers. "Come stroll with us."

Emily Colville had a wonderful idea: Saturday-morning walks with fellow Peninsula Seniors! The idea was well received, and 17 enthusiastic walkers, plus one leashed, well-behaved dog, joined the first outing on September 8.

Be part of this new walking group. Meet at the Pt. Vicente Interpretive Center museum entrance every Saturday at 8 a.m. for an easygoing 4-mile trail walk. Soak up spectacular scenery, breathe fresh air, boost your fitness, and enjoy terrific company along the way. Lace up your shoes, bring your smile, and come stroll with us as we *make life fun!* Be sure to RSVP to (310) 377-3003.



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Meet Beth MacAller: Passion, Purpose, and Plenty of Horsepower!



Beth MacAller and Justice

Have you met our delightful and personable interim executive director, Beth MacAller? Often called “the fix-it lady” by the first CEO she worked with,

Beth brings energy, creativity, and a genuine passion for the mission and work of the nonprofit sector. We’re delighted to have her on board!

With 30 years of experience in financial development and operations, Beth has a talent for identifying organizational needs and creating real-time plans,

systems, and revenue-generating programs that help nonprofits thrive. She’s not afraid to adapt, rethink business models, or roll up her sleeves to tackle operational challenges. From building strong teams to streamlining processes and procedures, Beth is committed to making organizations stronger and more effective.

Beth also knows that people are at the heart of every successful nonprofit. She believes meaningful relationships with staff, volunteers, and donors are essential to creating a vibrant philanthropic culture.

Beth was attracted to Peninsula Seniors because of our engaging programs, welcoming community, and incredible spirit of service. “The programs, events, and most

of all the members and member-volunteers make this an exciting connection for me,” she says. “I look forward to meeting everyone, enhancing these already wonderful activities, and growing the Peninsula Seniors community.”

When she’s not working, this graduate of the State University of New York at Brockport enjoys time with her husband, also a longtime nonprofit professional, and their two grown daughters. She’s also an avid equestrian who loves riding, competing, and spending time with her horse.

Please join us in welcoming Beth, who plans to make our lives and Peninsula Seniors even more fun!